





THE CRITIC

Serving the student voice of Lyndon State College

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Lyndonville, VT.

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Josh Ainsworth is bringing energy and experience to the LSC Rugby team this fall. Page 5.



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Friday, September 12, 2008

Campus Activities Schedule

Friday Sept. 12

Open Mic Night - Comedy
Student Center 9 p.m.

Saturday Sept. 13

Bus Trip - Granby Zoo

Vail Parking lot 9 a.m.

Passport required, seats are limited

Friday Sept. 19

Dale K 9 p.m.

Saturday Sept. 20

Suprise Event TBA

ATT 9 p.m.

Thursday Sept. 25

Cup of Joe

ATT 9 a.m.

Friday Sept. 26

Casino Night-Stevens Dining Hall 9 p.m.

Saturday Sept. 27

Bus Trip: Quebec City-Vail Parking Lot 7 a.m.

Letter Policy

The Critic welcomes letters and opinions. All letters must include the author's phone number and address. The Critic will not publish letters until we have confirmed the authorship of the letter. The Critic reserves the right to edit comments. Please send your letters to:

critic@lyndonstate.edu

or

The Critic

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Got parking?

By Abbey Heimlich
Copy Editor

Commuter students, faculty and staff may have noticed a decrease in available parking spaces in the Vail parking lot recently due to construction.

"Give it an extra 10 to 15 minutes," George Hacking, director of public safety said. "Driving from one lot to another takes time."

"If you give yourself time you will find a space," Hacking said. Residential students are reminded to park only where their sticker designates, and not to park on the lawn or in visitors' spaces.

"It can be very difficult to find a spot to park depending on what time you show up," Joseph Pasquene, a sophomore Computer Science major said.

In total, the main Vail lot and the lower Vail lot have 214 parking spaces. Thirty-five of these spaces are currently blocked off by construction in Vail, and a construction trailer in the lower Vail lot also blocks

off spaces. There are four admissions parking spaces, and seven handicap spaces. The Stonehenge parking lot is also a commuter overflow lot.

So far Hacking says that 480 commuter stickers have been passed out this semester. An estimated 200 faculty and staff also use the commuter parking lots, he has no concern about having enough room.

"The first day was the worst, everyone was here, but we still had room," Hacking said.

Some commuters may not agree.

"I feel like there wasn't enough parking last semester and this semester is worse. I think they need to expand the commuter parking lot, or make a whole commuter lot," Gwen Goehring, a sophomore Business Administration major said.

Spaces were added in the main Vail lot this summer. Hacking said the lot was redone this summer, "to correct deficiencies in the underground infrastructure," such as pipes

and wiring.

The lot was repaved and repainted. The repainting added parking spaces at the end closest to the soccer field.

Hacking said there is no concern for winter parking either. While the snow tends to shorten the lots, the maintenance crew is efficient with plowing, sanding and salting.

Hacking hopes that the new yellow lines in the lots will stand out more against the salt, making it easier to see what is and what is not a parking space.

Public Safety got tougher on parking violators in the spring and that seems to have sent the message not to park illegally. Hacking also notes that there has not been an increase in illegal parking.

"We will be tolerant," Hacking said, "If for some reason we find no parking spaces available, we will understand why people will deviate."

The Vail lot is expected to reopen in Fall 2009, after the construction is complete.



Above: A large dumpster blocks off parking spaces in the Stonehenge lot. Commuters also have to park at the back of the lot due to the construction going on in the Vail parking lot.

Below: Construction workers continue blasting with cars parked only a short distance away. Due to the construction a large portion of the spaces have been eliminated making parking a problem for many commuters.



Photos by Ben Holbrook

What do you think ?

Is there something you would like the Critic to cover? Let us know by sending an e-mail to Benjamin Holbrook, Catherine Story or critic@lyndonstate.edu

Let us know how we're doing!

Moment of silence strikes a chord at LSC

LSC students gathered to share a moment of silence in memory of those who lost their lives on 9/11

By Eric Downing
Critic Staff

On Thursday, Lyndon State College held a moment of silence in memory of those who lost their lives in the tragedy of September 11, 2001, marking its seven-year anniversary. The event was conducted in the student center and was attended by roughly 60 faculty, staff, and students of LSC. Some people had to stand, as just about every seat was filled.

The event was preceded by some Jazz music performed by Chris Arsenault, Bill Moulton, Mike Olmstead, and Iain Brown. They performed a jam on the student center's stage, ushering in attendees to the event. Music filled the room as students took their seats.

Just before 12:30 p.m., President Carol Moore went up to the stage to speak. She recounted how she remembered watching the news footage of 9/11 seven years ago in the student center. She spoke of the impact the tragedy had on our nation, but ended on a lighter note. "Let's celebrate the hope for the future," she said.

Next, Dr. Moore called up George Hacking, Di-

rector of Public Safety. Hacking had some words to share about that fateful day as well. He spoke of the death of victims being counteracted by the births of heroes. Hacking also reminded the audi-

rattling of cooking utensils and workers' voices from the Snack Bar next door. After a few moments, the silence was broken by the deep, mystical intonation of LSC professor Beth Norris's handbell.

After a few moments, the room was filled again with music as LSC student Lindsay Johnson led the audience in singing "The Star Spangled Banner."

The LSC Jazz ensemble once again took the stage and played a piece put together by student Chris Arsenault. The song they played was a melodic merging of The Beatles' "Let it Be" and Sarah McLachlan's "I Will Remember You." Arsenault, who played the piano, had a special reason for arranging the piece for this event. "From my-

self, that was a personal dedication to a friend that died in the first plane," he said.

Vocals were performed by Iain Brown and Casey Bonilla with back-up by Matt Paul.



Photo by Eric Downing

"I don't believe anyone can tell you how to feel about this day."

-George Hacking

ence how firefighters rushing on to the scene became additional victims. "Personal loss happens to all of us," Hacking said. "9/11 was personal to many," he continued. He wrapped up by saying, "I don't believe anyone can tell you how to feel about this day."

Donna Dalton, Dean of Academic and Student Affairs stood up and said, "I ask you now to bow your heads in a moment of silence." The room dropped to dead silence, the only noise being the

Chris Arsenault plays a tribute to a friend who was on the first plane that crashed during Thursday's moment of silence

LSC faces \$100,000 debt

By Rachel Keller
Critic Staff

The start of the school year means a lot of new things: people, classes, and friends, to name a few.

For Lyndon State College this fall, it means a new deficit. Funding provided to LSC by the state has been cut two and half percent, meaning the school's budget is between \$100,000-\$200,000 less than last year. President Carol Moore is in collaboration with others in efforts to balance the school's budget by figuring out which programs can be cut.

"[Lyndon's] bottom line is based on the number of students who stay," Dean of admissions, Patricia Krahnke said. Krahnke is carefully reviewing the number of students enrolled. The budget will be balanced once the number of enrolled students is stable, and that should be by the end of the second week of

classes.

"Vermont has the highest number of colleges per capita in the United States and also the lowest population," said Krahnke. "Do the math."

Krahnke believes that the problem lies within the retention rate for Lyndon State students, which from Fall 2007 to Spring 2008 was at a high 72 percent. From Fall 2007 to Fall 2008 the retention rate was at 57 percent.

"72 percent, excellent. 57 percent, not excellent," states Krahnke, "That's just the tip of the iceberg, getting them here. It's after that, keeping them here, that is the issue."

Organizations like Project Compass, a grant from the Nellie Mae organization, are working to help make college affordable for students, and Lyndon is in the running for this grant. As a school with little private funding, scholarships and financial aid Lyn-

don can only do so much.

"We do what we can," Krahnke sympathizes, as she recognizes the fact that some students just cannot afford the ticket price. For what seems like a shortage of money due to a state funding decrease, the deficit that Lyndon is experiencing goes deeper into the realm of student enrollment.

"We do not have a luxurious amount of funds," said Moore, "making cuts are always difficult." While the budget is continually trying to be balanced, and admissions continues to work to solve the problem of retention, students at Lyndon State should not be concerned that the financial cuts to certain programs will have a negative effect on them. "We try to hold the students harmless when it comes to lack of revenue from tuition fees," Moore said.

LSC athletic fields undergo major renovations

By Jack Carney
Critic Staff

The torn dirt and ripped grass of the beat-up varsity field is hopefully going to be a thing of the past with the athletic department's new renovations to the varsity and practice fields.

Some of the renovations included elongating the varsity field, as well as getting the practice field up to varsity standards and possibly having two varsity fields. The decision to renovate the fields was made by the administration initially, said Assistant Athletic Director Bill Johnson.

"We're renovating our fields mainly to fit the needs of our athletes," Johnson said. "It gets used up a lot with both soccer teams as well the lacrosse team using it in the spring."

"So what we've come to is to renovate the varsity field and get the practice field to varsity standards," Johnson said. "If we can do that it will give the varsity field a little rest and we will be able to

keep up and maintain its condition."

Over the last few years, poor field conditions have been a source of frustration for many of the athletes. These new renovations could eliminate that frustration for LSC athletes. For LSC soccer and lacrosse player P.J. Danforth, the decision to make the renovations could not have come soon enough.

"I think it's a good thing because we all share that one field," Danforth said. "The camps they run in the preseason tear up the field, so when the soccer season starts our field is already torn up, and when the soccer season ends, they can't do anything with the field 'cause it's under snow and ice, so by the time lacrosse rolls around it's still in bad condition."

Over the summer LSC runs many athletic camps using the varsity field. These camps provide a key source of income to the school's athletics. Jim Davis, head coach of the woman's soccer program here at LSC, said having another

field to work with during the summer camps would take some of the wear and tear off the varsity field.

"The camps just make it hard to keep up and maintain in good condition," Davis said. "So if we can have that other field to work with and move our summer programs to the practice field, it would be an enhancement for our programs."

But renovating the varsity fields won't just help Lyndon State varsity athletics now but could be the gateway to luring in new recruits to LSC. Davis said the new renovations could be a key selling point for LSC athletics.

"What sells a student athlete is their game facilities," Davis said. "You look at the competition of LSC and a lot of other schools are putting money into their facilities. If you're LSC you have to compete, you have to show the student they can excel not only academically but on the field as well. The student athletes want to know that the school cares about their athletics."



Photo by Nicole Archer

A bulldozer smooths out the dirt on the rugby field at the top of Lower College Drive. Along with Vail Hall, Lyndon State's athletic fields are undergoing major construction in hopes of improving the school's facilities.



Photos by Nicole Archer

Above: A lacrosse net sits at the edge of the grass on the rugby field. The rugby field, along with the soccer field, are being expanded in the hopes that both might be used for games.

Below: The dirt on the outer edges of the rugby field will eventually be reseeded to grow more grass.



Photos by Nicole Archer

Above: The operator climbs back into the cockpit of the bulldozer. Below: A bulldozer tears up the grass on the rugby field in an effort to smooth out the bumps and make it suitable for varsity competition.



New coach hired for LSC rugby club

He's bringing a "hands on, get down and dirty" approach



Photo by Nicole Archer

Josh Ainsworth (far left, with tattoo), helps the women's rugby team practice a scrum formation. Ainsworth has been hired to coach the rugby teams this year.

By Kriston Hall
Special to The Critic

There's a new face on the rugby field this semester.

Josh Ainsworth, originally of Peacham, Vermont but a current resident of Westmore, has assumed the roll of head coach this year.

Rugby is (despite its appearance) a gentleman's game, a game where no matter where you go you can be greeted with a handshake and hospitality.

Rugby is a much more rigorous workout with fewer breaks than football, which it is frequently associated with, and Ainsworth says that the rugby players are better athletes because of this.

Ainsworth plans on having fun and says he wants to take the team all the way to the

championship this season.

Ainsworth attended Castleton State College, where he played on the rugby team. He will now coach a team opposing his alma mater. This is only his second year as a coach.

Another difference is the attire.

"Every jersey out there has a collar," Ainsworth said.

Though there are still scheduling issues and a flux of number from practice to practice both of the men's and women's teams consistently have enough players for a full team of fifteen and many are returning faces.

Ainsworth is confident that the team can do well and is taking more of a "hands on, get down and dirty" approach by practicing with his players rather than sitting off to the side all practice.

What's the Buzz? The latest news on Lyndon State College Athletics fall 2008

By Andrew R. Koch
Sports Editor

Junior striker Darren Roberge was named the Player of the Week in the North Atlantic Conference for the week ending Sep. 7.

Roberge was selected for the award after scoring all of the Hornet's goals in a 3-0 win over the UMaine-Presque Isle Owls in the consolation game at the UMPI Tournament. His scoring helped the Hornets win their first game of the year. For his play, he was named to the All-Tournament Team, along with senior midfielder Matt Scagnelli and senior goalie Jeff Giroux. Roberge led the Hornets in scoring with 11 points (four goals and three assists) last season.

Senior cross country captain Lyndsay Calkins is featured in the current issue of *New England Runner* magazine. Last year, Calkins won all but one of her races on her way to winning the USCAA national

championship. On top of that, she was also featured in a "Spotlight on Sports" segment on WCAX.

Speaking of Calkins, she finished second by seven seconds in the 5,000 meters at the Spartan Invitational in Castleton. Calkin's effort helped the women's cross country team to a fourth place finish in the event, while the men finished third in the 8,000 meters. The men's team placed three runners in the top ten.

The volleyball and soccer teams will all look to recover from rough starts with their home openers this weekend. As of press time, the volleyball team had lost four of their first five matches, while the women's soccer team is searching for their first win of the year. The men's soccer team is looking to carry the momentum of their first win in Maine into this weekend's game against Mitchell.

Athletics Schedule

Saturday Sept 13

Women's Soccer

@ Southern Maine Community College, 1 p.m., S. Portland, ME

Men's Soccer

@ Southern Maine Community College, 3 p.m., S. Portland, ME

Volleyball

Home vs. Southern Vermont College & Univ. Maine-Michoud & 4 p.m.

Women's Tennis

@ Castleton State College, 1 p.m., Castleton, VT*

Sunday Sept. 14

Men's Soccer

Home vs. Mitchell College, 2 p.m.

Women's Soccer

Home vs. Mitchell College, 12 Noon

Women's Tennis

@ Mitchell College, 2 p.m., New London, CT

Wednesday Sept. 17

Women's Soccer

Home vs. New Hampshire Technical Institute, 4 p.m.

Thursday Sept. 18

Volleyball

@ Castleton State College, 7 p.m. Castleton, VT

Note: Home soccer games are played on the field next to the STATE camp. Home volleyball games are played in the Stannard Gymnasium. Game times are subject to change. * denotes North Atlantic Conference competition.

Got a problem? Get an answer

Are you looking for advice about life, love and relationships?

Would you prefer a woman's perspective?

Then you want to: Ask Nicole!

I'm a non-traditional LSC student, mother of one, who was torn between a career in counseling or writing. I chose English and Post-Secondary Ed. Now, with this column I have a chance to use my life experience, talent, and knowledge to help others and I am looking forward to hearing from you.

This column is completely confidential. All names will be changed to a name of your choice or we will choose one for you.

Is life driving you crazy?

Need some advice? Let Cameron Marcoux, LSC's new advice columnist, help you out! Cameron Answers: Give a Problem Get a Solution

This is 100% confidential.

We promise to not use anyone's actual name. Just make up an alias you would like to go by, or let us do that for you.

Two of my passions are writing and giving advice, and I've been doing both for quite some time now. When I was given the opportunity to fuse both my passions into one, I jumped on it. So here I am now, an advice columnist, waiting for the first question to roll on in!

Mt. Moon makes an entrance



photo credit: www.myspace.com/mtmoontheband

By Jesse Meunier
Critic Staff

During the spring and summer of 2008, in the wilds outside of Portland, Maine, a band dubbed Mt. Moon was conceived, born, and lived a life full of gleeful frolicking.

Coupling beautiful harmonies and folky footstomping with the dreamy aesthetics of shoegaze and indie pop, the seven person group manages to create music that is absolutely haunting, and simultaneously full of joy and sorrow. Formed from the remnants of the noise band, 1800's Sea Monster, the group traded in the performance art, sonic sludge, and primal intensity of their last endeavor for sophisticated songwriting and folk instrumentation.

The band manages to couple diverse influences ranging from Leonard Cohen, to Neutral Milk Hotel's fuzz folk, to the melodic sonic haze of My Bloody Valentine and Slowdive, into a dense amalgam that is best described as "dream folk." Songwriter Jakob Battick likes to describe it more creatively: "Think of it as if some big old moths grabbed acoustic instruments, met in the big field out back, grew some keyboards on trees, waited until the stars came out and then started to decorate the whole forest in songs."

That, my friends, is the sound of Mt. Moon."

"Mt. Moon was built upon the work of myself and Patric as songwriters. We'd play the main guitar parts, sing lead vocals, and pick up random other various instrumental roles when needed; banjo and mandolin being two that come immediately to mind. Beyond that, the backing players were Ryan Higgins (bass, ukulele), Zach Brown (trumpet, xylophone, organ), Mike Wellington (viola), Michelle Dempsey (Violin), and Tim Cunningham (electric guitar)," says Battick.

Their latest work, *A Burial In Seven Births*, is easily their most polished and accessible to date, composed primarily of previous recordings that were re-written and reconstituted from lo-fi folk songs into more complex and carefully orchestrated affairs. "So many times before in the past we'd just recorded records sloppily, with hiss and mistakes and little attention paid to really developing every aspect of the sound, so this time we made a conscious decision to really be perfectionists. It's music for hazy summer days where the sun washes everything out, where insects are on the breeze, and the trees dance back and forth half-asleep," says Battick. *Burial* may never touch a pop chart or achieve

any mainstream success, but it is nonetheless a brilliant underground album that true music lovers will come to appreciate.

All things however, must come to an end, and Mt. Moon is no exception. Their death was as carefully orchestrated as their birth. "As far as future plans are concerned, Mt. Moon itself has self destructed exactly as planned. The whole thing was just a summer project, something to keep my mind off the absolutely dead art/music/fun scene in Bangor. ...There are no places for bands to play (here), and few honest people making legitimately interesting music for the right reasons. So, we decided to start our own thing to keep ourselves busy and creative and honest." Despite the end of one of his more successful projects, Battick looks optimistically to the future: "As of right now, this would appear to be my life goal; to become the best mouthpiece, the best illuminator, and the best illustrator of the great American folk wilderness that I could possibly become."

Mt. Moon's latest album, as well as their previous works can be downloaded for free through links on their Myspace page: www.myspace.com/mtmoontheband



Cooking with Cook

By Gwen Cook
Food Columnist

Moving into dorm rooms and meeting new people can get pretty stressful, not to mention uncomfortable.

Parties are the ideal place to loosen up and get to know people on an intimate basis. College students tend to focus more on "liquid refreshments" than actual food. That's a big shame because party snacks can really make or break a party. I wrote down some of the foods that I really enjoy making but you can always make variations of these if you can think of something better.

Chocolate mush

Ingredients-

1 small pan of brownies, broken up
1 container of cool whip
1 bowl of chocolate pudding
1-2 cups of walnuts, broken into small pieces

Procedure-

In a large serving bowl layer all the ingredients together. When serving mush, be sure to scoop down into all the layers.

Caramel apples

Ingredients-

6 whole apples
1 package of wrap around caramel sheets (including sticks)

Procedure-

Force sticks into the very top of the apples, leaving enough stick hanging out for a stem. Take caramel sheets and wrap them around the apples. You

can either let them harden in the fridge or you can eat them as they are.

Cookie sandwiches

Ingredients-

1 package of medium to large cookies (preferably chocolate chip)
2-3 containers of frosting (as many different kinds the better)
Toppings- sprinkles, chocolate chips, and/or candy bits
1 butter knife

Procedure-

Lay out half of the cookies so they are face down on the serving plate. Take the toppings and place them in individual bowl. Using the knife, add the frosting to the cookies on the plate (be generous). Top with remaining cookies. Roll the cookies in the toppings so that the frosting on the edge is covered.

Everything nacho dip

Ingredients-

1 package of sour cream
1 pound of browned hamburger meat
1 package of taco seasoning
1 can of kidney beans (drained)
1 jar of salsa
1 tomato, diced
1 cup of olives (optional)

Procedure-

Take hamburger meat and combine it with the taco seasoning. In a casserole type serving dish layer all ingredients. Typically the top of the dip has the sour cream on top but it can go any way. Serve with tortilla chips.

Dear Auntie Eshter,

I am a forty-year-old hippopotamus who no longer enjoys kicking scaly green crocodile butt. It used to be my favorite thing in the world to do, but now it leaves me feeling empty inside. What can I do to bring the magic back? Please answer soon—the Annual South African Hippo-Croc MegaRumble is coming up next week, and I’m just not feeling it. Down and Out in South Africa.

Dear Down and Out,

If I had a two-dollar bill for every time I’ve read a letter like this one, I’d have at least two dollars. Let me reassure that you have nothing to worry about. It’s not at all unusual for a hippo your age to be dissatisfied ith your crocodile wrestling life. There are many things you could do to try to spice it up. Have you ever considered wearing a funny hat? Maybe a big ol’ pirate captain hat with a big purple ostrich feather in it, or a sombrero with silver bells hanging from bright golden tassels. Not only will you look fabulous, but the crocodile will be so distracted by your ridiculously gi-normous hat that he won’t even know

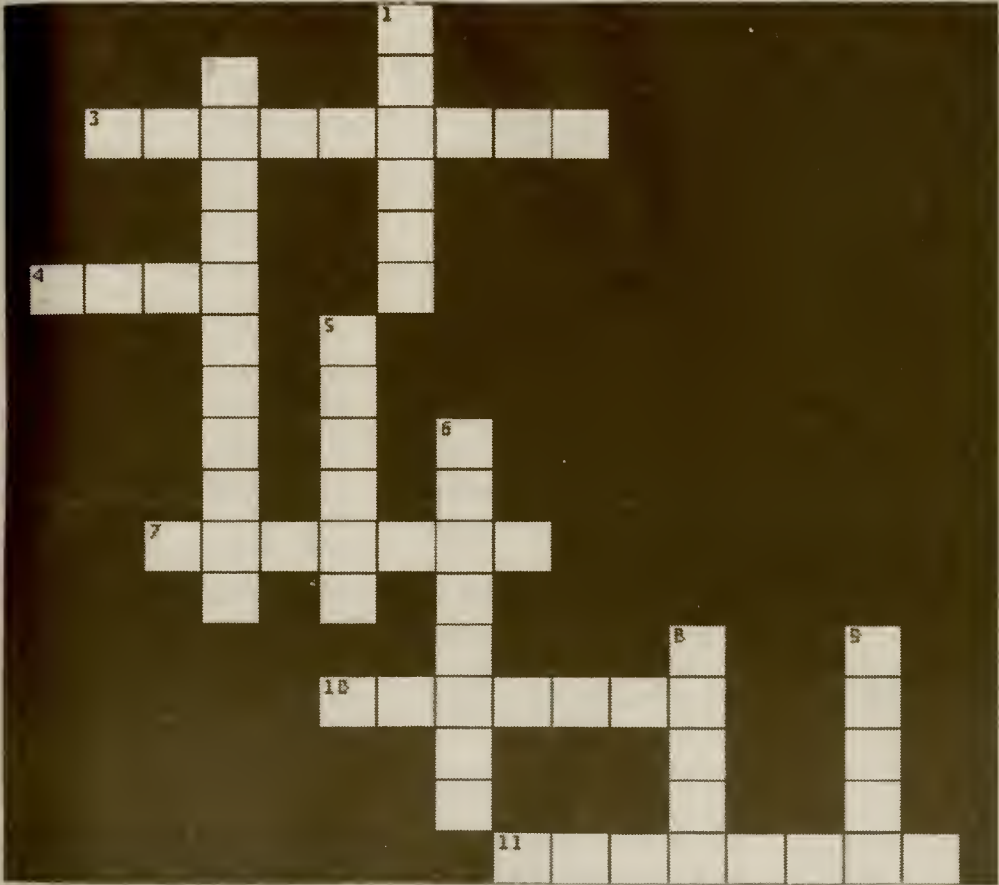
Ask Eshter!

what hit him. Or, if hats aren’t your thing, you could always try painting yourself bright yellow. Or you could just roll in elephant dung. The pungent reek alone could knock out any even the most stalwart crocodile. However, if it’s the crocodiles themselves that are boring to you now, you could always try imagining that they’re something else, like a pink poodle made out of balloons or a turkey vulture with Asian bird flu. That should do the trick. If not, well, I guess you’re on your own ‘cause I’m fresh out of ideas. I mean, what the hell do I know about wrestling crocodiles? I live in a renovated 19th century farmhouse in northern Vermont. I’ve never even seen a crocodile. I suppose if I lived in Florida, I might have seen an alligator or two, but I’d be damned if I’d be stupid enough to challenge them to a wrestling match. Why do you even ask me these questions? What is wrong with you people?!

Completely Without Affiliation Puzzle

B	B	J	D	Q	F	V	W	N	N	J	T	C	S	E	A	P	W	L	F	G	R	T	X	C
L	R	T	M	J	M	B	E	D	S	W	M	G	O	E	A	W	E	S	X	C	L	T	E	S
L	U	V	J	D	O	L	U	I	N	N	Q	R	X	Y	B	W	C	X	F	W	B	Y	Q	Z
E	U	N	L	P	M	E	E	C	F	L	I	P	F	L	O	P	O	T	Y	C	A	Q	G	O
T	B	L	J	Y	X	D	B	N	K	T	A	R	J	H	Z	K	R	H	H	R	R	S	H	F
R	M	Y	O	V	G	E	G	I	R	B	Q	K	N	L	W	O	M	A	S	E	A	E	M	Q
W	X	J	H	J	B	X	T	S	D	F	E	A	S	J	G	N	A	X	F	R	C	G	F	O
L	F	J	N	O	V	C	X	A	V	E	I	L	M	N	J	F	C	O	F	W	K	W	F	A
S	A	Y	M	N	E	I	O	R	N	R	N	W	I	S	T	S	M	P	D	A	O	O	P	B
L	L	N	C	S	B	T	I	A	B	Z	T	R	T	L	W	T	C	G	D	L	B	B	B	B
A	A	N	C	T	I	E	X	H	O	Z	O	K	C	U	E	I	C	E	H	D	A	S	X	C
O	E	S	A	E	Y	M	W	P	Q	B	P	Y	R	C	I	S	A	L	M	O	M	L	G	C
Y	U	X	I	W	B	E	R	A	P	G	K	G	O	A	L	D	R	Y	W	I	A	G	C	W
P	T	Y	N	A	N	N	A	L	W	L	Q	N	O	E	J	I	T	K	Z	T	Q	C	L	W
G	X	F	R	R	X	T	H	I	Y	N	Z	F	B	E	Z	U	H	C	W	E	H	P	R	Q
B	D	G	K	T	L	G	Y	N	E	M	Z	F	H	J	D	P	Y	N	J	M	F	W	G	X
Y	F	F	B	E	N	H	O	L	B	R	O	O	K	J	I	M	M	Y	H	O	F	F	A	Y

This Crossword Puzzle is Under Construction



WORD BANK... Have YOU found him?

Brian Howe Waldo Jimmy Hoffa Buck Beliles Ben Holbrook
Boring Item Excitement Cormac McCarthy Flip-Flop
John McCain Barack Obama Sarah Palin Joe Biden Jon Stewart

CROSSWORD CLUES

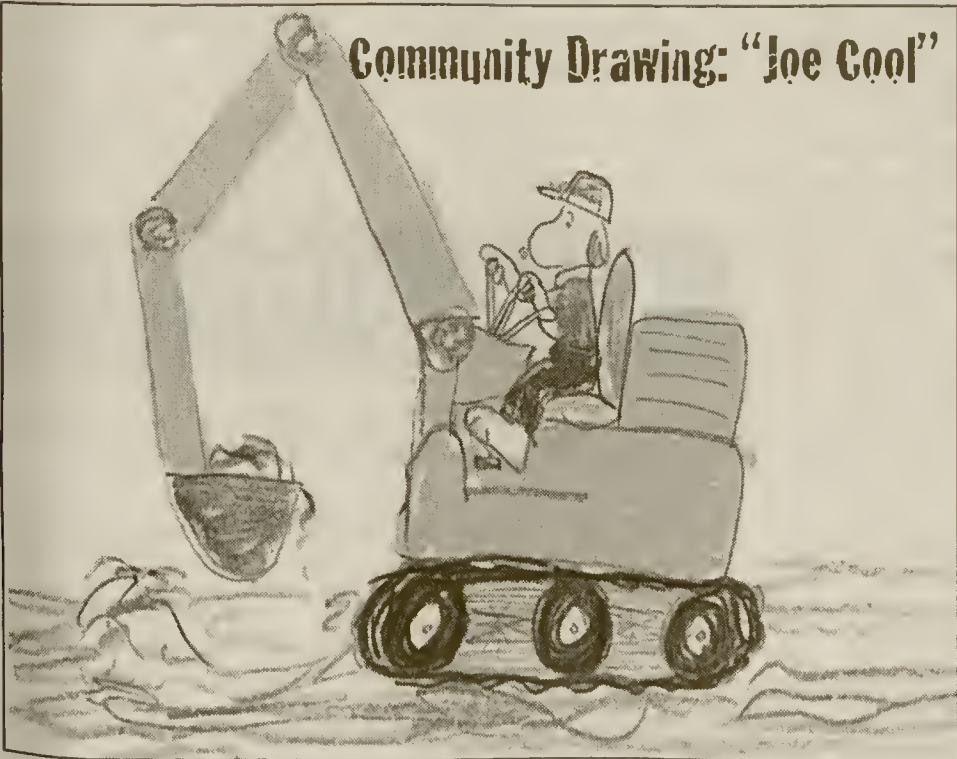
ACROSS

- 3. This piece of heavy machinery lead to certain tank designs.
- 4. Reflective tunic that makes workers visible even at night.
- 7. Headgear that you’d be “soft” to be without.
- 10. This loud noise comes before explosions as a warning.
- 11. Students across campus lost this when cables were cut.

DOWN

- 1. Protective wear that is “handy” for every worker.
- 2. Specialist in wiring. A real shocking job.
- 5. The workers used 37 _____ of explosives.
- 6. The process that removes rocks in your way quickly.
- 8. One of these surrounds the construction site.
- 9. The last name of the IT Department’s head man.

Community Drawing: “Joe Cool”



Drawing by Missy Martin

Starting Off Simple Sudoku

	1		8		4	6	9	
	5			1			4	3
	3	6						
	4	2	7	9	5			1
5				4	8	9		
		3				4	5	7
	2					3		4
3	9			7			8	
			4	2				

Ah, a new fresh box to fill with rantings and features to expect. The “Community Drawing” this week is in response to Lyndon State’s construction as students blast into the new academic year. Joe Reedy says “Thank you, Missy!” Readers: Send in YOUR drawings to critic@lyndonstate.edu. Who knows? We may print it! Overlord of Fun, Eric Downing wants you to know that his picture is not featured in this issue, just in case he resembles a well-known religious figure too much. I wouldn’t want to offend anybody, that’s for sure. Coming to the Fun Page: Comics! Also, wacky Vermont news! Expect random funnies to be heading your way! Look out for Crazy Holidays in future issues!

New Recreation professor: 'spiritual side to outdoors'



Assistant Professor, Jonathan Norling, says he enjoys the close-knit community at LSC and the mingling of students and faculty.

By Josiah Stewart
Critic Staff

Adventure is in the air for Recreation majors, and any students taking Recreation courses, with the recent addition of Jonathan "JC" Norling, who will be teaching in Lyndon State College's Adventure-based program management field.

"The focus on adventure was why I applied at LSC, for a field based experience," Norling said.

Norling is one of eight full time faculty members to join Lyndon State College this semester, and he is taking the time to get to know the students as well as the faculty.

As many students here at LSC are well aware, the campus has a fairly close knit community, co-mingling of Professors from different fields is not unheard of, and Norling can often be spotted chatting with Professors and students in the halls.

"I love it here at LSC, it's so different," Norling said. "I was in the Rec. Department at Utah State, and here everything is closer."

"The access for students and faculty is closer [at LSC], at Utah State, most people hung out in their own silos, and associating with professors from other fields was practically unheard of," Norling said.

LSC has a wide variety of Recreation activities and each

teacher in the rec. department offers something different to the students.

"I can bring research as well as a field based experience to the Rec. Program that I don't think has been here before, I can also adapt easily because I am used to my settings changing," Norling said.

Norling holds many certifications, and is a part of the W.E.A., Wilderness Education Association. Norling has studied Physical Education, and Wilderness Education. He is focused on bringing a field based perspective to the students at LSC.

"There is a spiritual side to being outdoors," Norling said. "Time takes on a different dimension when you spend weeks in the field."

"You get to know people better when you spend a lot of time with them," Norling said about recreation expeditions.

There are many scientific aspects to the Recreational Fields of study, and JC Norling has delved into many of them.

Norling has spent time teaching in the Department of Health as well as Physical Education at Utah State University.

"I've done research on exercise science and neuro-psychology, and I see Adventure Education as interconnected with these things," Norling said.

JC Norling moved here this summer with his wife and two children to join LSC's faculty.

New RHD's excited to be part of LSC community

By Avery Williams
Critic Staff

Lyndon State College has hired three new Resident Hall Directors for the Buildings of Wheelock, Arnold/Bayley and Whitelaw/Crevecour who are planning on making a few changes to the LSC campus.

Each is looking to build strong and healthy communities within each of their buildings and throughout the campus, but they each have unique ideas for the betterment of the Lyndon State campus.

"One of my goals is to help develop students into leaders and to help them feel ownership of campus activities," says Stephanie Tyler, RHD of Wheelock. Tyler wants to develop a student based Student Government Association and Campus Activity Board. She is also interested in bringing Service Learning, Community Service and more cultural events to campus. A native of Pennsylvania, Tyler has come to Lyndon State for

its small local feel and to work toward a graduate level degree in Education. She comes from Juniata College where she studied Latin American Studies, with minors in German and Education. "The small campus and small community means we can do big things together."

Hailing from Northern California, Laura McNaughton is RHD of Arnold/Bayley. McNaughton hopes to bring more opportunities for students to become engaged within the campus and to find more ways to empower the students into taking pride in their campus

"The small campus and small community means we can do big things together."

-Stephanie Tyler

and community. She wants them to stay in college until graduation. McNaughton went to Humboldt State University

in Northern California where she majored in communication. She hopes to earn a master's in Education at some point in the future.

Jillian McLaughlin, Whitelaw/Crevecour RHD, is a former RA. Previously a Meteorology and Applied Math major here at LSC. She loved it so much that when she heard that an RHD position had opened up she knew she wanted it.

"I want to help them make the most of their Lyndon Experience," McLaughlin said as one of her goals for the near future here at LSC.

McLaughlin said she wanted the Residence Halls to be a place to live, not just a place to sleep. Another of McLaughlin's goals is to help start the club ASSIST again, and promote giving back to the NEK with Community service. McLaughlin loves the area so much that she hopes to stay here and raise a family in the future.

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critic@lyndonstate.edu

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THE CRITIC

Serving the student voice of Lyndon State College

www.lyndonstate.edu/critic

Lyndonville, VT.

One copy free, extras 50 cents each

Volume 55, Number 2

Friday, September 19, 2008



Chris Ummer and John Kascenska dominated Kilimanjaro

The future of LSC

By Heather Poginy
Critic Staff

Construction of the new academic and student activities building is well on its way at Lyndon State College.

Started this summer after the Vail parking lot was repaved, the building is expected to be finished after one year. It will house the Exercise Science, Meteorology, and Business departments, which will allow other programs to expand

into the existing buildings. Also, according to President Carol Moore, there will be "a multi-purpose Student Activities room that can host presentations, poetry readings, and club activities; anything really."

With the start of the new school year came the very first stages of the building's construction. Within the first week of school, many students, faculty members and staff were asked to move, for safety precautions, from the

side of Vail closest to the parking lot while the construction workers blasted rock out of their way for digging.

Over the summer, there were many renovations put into effect in the residence halls in Stonehenge. These renovations included new floor tiles and new windows in Arnold & Bayley. According to Moore, the remaining windows in the Stonehenge residence halls will be changed this upcoming Winter Break.

Across from the Stonehenge parking lot, the rugby field was also improved over the summer. It was leveled and reseeded to meet regulation standards and official play. Another field was also added for intramural sports hosted by Lyndon State.

Many students across campus question the way the school is gaining the money for this building. Many students believe this added money is for the addition of the building. Pres-

ident Moore explains that the school's deficit has nothing to do with the building. "The money we have for the building we attained through bonds last year," Moore said.

Moore also commented about the improvements on Lyndon's horizon. "We've had a good start this year. The college is outlined to grow modestly and enhance academic programs as well as student activities."

Quiet please, class is in session

Students, faculty are finding it difficult to concentrate

By Josiah Stewart
Critic Staff

The sounds of blasting sirens and heavy machinery have become a part of every day life for students, faculty and staff here at Lyndon State College.

"I wish that they had started the whole process early enough so that a delay in permitting wouldn't have meant that they were starting this kind of construction just when classes begin, because it is very disruptive," Richard Moye, professor of Literature and Cultural Studies, said.

Construction would have been started earlier if not for delays in the acquiring of permits Wayne T. Hamilton, Dean of Administration, said. Construction is scheduled to continue up until August of 2009.

The construction zone is located directly in front of the Vail Hall building where quite a few classes are held

during the day. The noise from this construction occurs regularly from early in the morning up until late afternoon is when the bulk of classes in Vail are held.

"I teach a couple of courses in Vail 451, and the noise has seriously disturbed concentration for me and the students," Moye said. "I'm pretty sure that at least one class has been a complete waste."

Concentration when the noisiest parts of the construction are going on is a serious issue for students and professors alike. With the majority of the blasting complete, students can expect less noise, however, there is still drilling to be done and a little more blasting can be expected in the future.

"I hope it doesn't really affect my ability, but it does affect my effectiveness," Moye said. "The construction makes teaching and learning more difficult, but

there is really no alternative.

"We'll just have to do the best we can," Moye said. "I also have to say I'm less concerned about the impact on teaching than I am about the impact for student concentration and focus both in and out of the classroom."

With the noisiest parts of the construction soon to be over with, students can expect an easier time trying to concentrate, but there will undoubtedly be other forms of noisy construction going on before the project is completed.

"With a project like this, some disruption is unavoidable, but everyone involved is trying to minimize the impact on the campus," Hamilton said. "I hope that the end result of better facilities for our faculty and students will make the interruptions seem worthwhile."



Large mats are placed over the blast zone.

Photo by Catherine Story

What's inside?

New Sprinkler system: page 2

Faculty climb above Africa: page 4 and 5

Russia invades Georgia: page 6

Cross country running away: page 8

Campus Activities Schedule Family Weekend

Friday Sept. 19

First major activity day

Kung Fu Panda- 7:00 p.m. Student Center

Indiana Jones-9:00 p.m. Student Center

Dale K Hypnotist-9:00 p.m. ATT

Saturday Sept. 20

Kung Fu Panda-3:00 p.m. Student Center

Indiana Jones-7:30 p.m. Student Center

Kerri Louise and Paul Keenan-8:30 p.m.

ATT

Sunday Sept. 21

Kung Fu Panda-3:00 p.m. Student Center

Letter Policy

The Critic welcomes letters and opinions. All letters must include the author's phone number and address. The Critic will not publish letters until we have confirmed the authorship of the letter. The Critic reserves the right to edit comments. Please send your letters to:

critic@lyndonstate.edu

or

The Critic

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Lyndonville, Vt. 05851

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New sprinkler system makes waves



Photo by Brian Howe

The new sprinkler system in the Bayley dormitory snakes through the halls

By Sebastion C. Lury
Critic Staff

The Arnold and Bayley Residence Halls received new sprinkler systems over the summer.

The Sprinkler systems were set in place due to other construction in the buildings. Resident Hall Director for Arnold-Bayley Laura McNaughton says that when additional construction was done to the halls, the fire-proofing needed to be updated, hence the new sprinkler systems.

"It's going to save lives." McNaughton said. Due to time constraints, Arnold and Bayley were the only two dorms to receive the construction. However, that is likely to change over the course of time. McNaughton says that the goal is to even-

tually "put them in all the buildings in Stonehenge." This is a promising idea, as the sprinklers offer better protection.

"It's going to save lives." McNaughton said.

A popular rumor about the sprinkler system is that if one goes off, they all go off. However, Tom Archer, Director of physical plant has set the record straight.

"In response to the question of a sprinkler head going off, it is just that one head discharging water," Archer said. "The heads are set off by temperature or if someone physically damages them."

There are still hazards involved. Because they can be set off by physical damage, it

is strongly recommended that no one hang anything, including one's self, from the sprinkler head or pipes.

This suggestion is for the safety of all. McNaughton warns that if you set one or more off, even by accident, the consequences could be severe.

"They'll destroy people's property," McNaughton said. She also warns that possible punishments could include eviction, lawsuits (from the college, fellow students, or both), and also expulsion in extreme cases.

All in all, the residents in Arnold and Bayley should be grateful for the sprinkler systems and feel safer because of them. Residents should heed McNaughton's advice: "Be responsible."

What do you think ?

Is there something you would like the Critic to cover? Let us know by sending an e-mail to Ben Holbrook, Catherine Story or critic@lyndonstate.edu

Let us know how we're doing!



Student Government Association

Want to make a difference?
Grab a petition at the SGA
Office!

Has your voice been heard?



By Gwen Cook
Food Columnist

Cooking with Cook

The "Freshmen 15" doesn't seem very accurate to me. All ages and grades seem to worry about packing on the pounds when in school.

Students always hear the same old thing. Eat healthy, get lots of rest, exercise, drink water, blah, blah, blah... It's harder than it seems. We all know we drink lots of other things besides water. Sleeping and partying are much better than exercising. Healthy foods go bad much quicker than Twinkies and fruit roll-ups and they don't seem to fill you up as fast. Why waste the time and money?

After school snacks when we were little always seemed to hit the spot. Mom usually knows best about how to make us eat healthy, so why not steal some ideas? Here are some recipes of my mom's that I adore.

Cheese Quesadillas

Ingredients-

- 4 tortillas
- 1 cup of cheese
- 1 tsp. olive oil

Procedure-

Take a frying pan (or a George Forman) and heat it up. Lightly coat the pan with olive oil. Place tortilla in pan and layer half of the cheese on it. Place other tortilla on top and cook until the bottom is brown. Flip and brown the other side. Repeat with other tortillas. Tortillas can be served with salsa.

Yogurt Popsicles

Ingredients-

- 2 containers of yogurt (any flavor)
- 10 small paper cups
- 10 Popsicle sticks
- Aluminum foil

Procedure-

Spoon the yogurt into the cups about $\frac{3}{4}$ of the way full. Cover them with aluminum foil. Poke the sticks through. Stick in freezer until frozen.

Crazy Jell-O

Ingredients-

- 1 container of your favorite jell-o
- 1 can of fruit, drained
- $\frac{1}{2}$ cup of mini marshmallows
- 1 container of Cool Whip

Procedure-

Make the jell-o according to the directions on the package. Put fruit at the bottom of the bowl and pour the jell-o on top. Cool in refrigerator until solid. Take out and break up the jell-o with spoon and then mix the marshmallows in. Top with Cool Whip.

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The Critic reserves the right to reject any ads that are inappropriate or otherwise unfit for printing.

Parking advisory

Please be advised that on Friday, September 19, a portion of the Vail parking lot will be closed off until 1:00 p.m. to allow Premier Coach busses to pick up the Major Activity students and faculty for their off-campus trips. The section in front of the Theater and all the way to the soccer field will be closed to any faculty/staff/student parking. Please park in the left section of the Vail parking lot in front of where the construction is taking place or avoid it altogether and park in the lower Vail parking lot. Thank You.

Don't let the "freshmen 15" weigh you down this year

By Brittany Lavery
Special to The Critic

Many changes occur during your college years; however, gaining the "Freshman 15" isn't a change one typically hopes for, yet it happens.

Anthony Sgherza, professor at Lyndon State College, said "portion disorder" is an issue.

"Meal plans provide an opportunity to overeat without awareness- one should exercise (pun intended) caution in this regard," Sgherza said. In other words, try not to overeat. Yes, there is a copious amount of food in the dining hall, but try to eat until satisfied, not full.

"Certain foods should be avoided, as well as the ex-

cess drinking that tends to take place on the weekends," Ryan Wimble, an exercise science major, said. He also advises the student to take advantage of school programs. Not only does LSC have a gym, but they also offer free personal training.

Time is also an issue. Many students have a job and a full schedule, so working out sometimes is not an option. But, there is still hope. Do you need another college credit? LSC offers exercise classes, such as hip-hop hustle, turbo kick, and core training. How can it get any better than that? Getting graded to work out? Well, LSC, it looks like there is hope after all. This year, change things up a bit. Turn that Freshman 15 into a negative 15.

Let there be light

By Eric Downing
Critic Staff

Students who go out to the Vail Parking lot in the next week might look up and wonder where the new lights they were promised are.

Director of Maintenance Tom Archer said that the new LED lights for the Vail Parking lot were scheduled to come in last week. Unfortunately, due to a factory mix-up, LSC was sent the wrong size arms for the fixtures, which had to be sent back.

The LED lights are to replace the high-pressure sodium bulbs that were removed from the Vail parking lot before the fall semester began. Two construction light towers currently light the lot at night. Archer said that the 500 watt bulbs are safe enough in the mean time, but that he's "psyched" that the new lights should be arriving shortly.

The 20 new light fixtures will require 53 percent less en-

ergy to run, according to the manufacturer. The light bulbs also have a lifespan of around 20 years and are virtually indestructible. "So you're not buying new bulbs all the time," Archer said.

Another difference is that the lights provide white light, as opposed to the orange haze high-pressure sodium produces. "The town of Lyndonville will like us a lot better," Archer said. The lights are even effective in the low temperatures in the area. "They actually work better the colder it is," Archer said.

Although the lights will only go to the Vail parking lot right now, Archer said that he looks forward to getting the rest of the lamps changed in the future. This might not, however, happen until after next year. One of the reasons for the delay is that there are plans to expand the Stonehenge parking lot.

"The plan is to keep moving," Archer said.

Phone and power outage

By Michael Dente
Chief Technology Officer

We are planning a network and phone outage affecting the Rita Bole Complex, Wheelock building, Stonehenge Complex, HAC, Health and Counseling, the Gray House, and the Physical Plant building on Friday September 19.

Several conduits in front of Vail need to be relocated to make way for the new building construction. Early the 19th at approximately 6:00AM, all phone lines to Wheelock, HAC, and Physical Plant will be cut and will remain out for the entire day.

Some phones in these areas could be out for as long as 2 days. Emergency phones and Wheelock residential phones will get first priority when the reconnection begins. At the same time, the fiber optic cables to the Rita Bole Complex, Wheelock, Stonehenge Complex, HAC and Physical Plant will be disconnected.

There will be no network access to the areas for at least two

hours and possibly more.

While the fiber optic cables are disconnected, there will be no phone service to the Rita Bole Complex and Stonehenge, Health and Counseling and the Gray House shouldn't have an outage, but their connection needs to be moved.

This could result in an outage to those buildings as well. We are hoping that by the afternoon of the 19 most phone and network service will be restored.

As with any project there are risks, so the possibility exists that some areas could experience longer outages.

Inevitably, there will be missed connections, IT will be fixing those beginning 9/22/08. IT will do its best to keep everyone notified of the progress of the project and any issues that may arise.

Sorry for any inconvenience this may cause. Any questions contact the Help Desk at ext. 6456 email at helpdesk@lyndonstate.edu (unless your phone or network doesn't work, in that case you can stop by.)

LSC faculty climb above Africa



Photo by Chris Ummer

By Brian Howe
Special to The Critic

This past summer John Kascenska, Associate academic dean, and Chris Ummer, Director of Athletics, hiked to the peak of Mount Kilimanjaro. This was the fourth time Kascenska reached the peak and the first time for Ummer. This was a nine-day trip up and down the mountain.

For Kascenska, climbing the mountain for a fourth time was still quite the adventure. "Just a great trip, a wonderful experience, and you meet great people along the way," Kascenska said.

This was a different experience for Ummer, because this was his first time climbing the mountain.

"This was all I expected it to be and more, to be honest," Ummer said.

They left on July 10 for Mount Kilimanjaro. The first few days were spent traveling and on July 13, at about 6,000 feet, they started to climb the mountain.

At the end of the first day they made it to their first camp, at just under 10,000 feet.

Every day Kascenska and Ummer would make camp so they could adjust to the higher altitude with less oxygen in the air, as they went up.

Finally they made it to summit camp and slept at 19,000 feet in a crater, which they had to get special permission to do.

Kascenska and Ummer traveled at a comfortable walking pace as they climbed the mountain.

They were with a group of forty-four people. Thirteen were Americans three were guides one of which was Kascenska and the other thirty-one were Tanzanian porters and guides. Everyone had his or her own jobs to do. Some would go down the mountain after a few days in order to resupply the group with food.

The weather was great during the hike, without any snow or rainfall.

The end of the hike concluded with the group singing Kascenska and Ummer a song. This song de-

scribed the different camps they stayed at and about the mountain in general.

"The group that traveled up the mountain with them did it as a job," Ummer said. "They got paid very little and still had a smile on their face."

He had never met people with such a strong work ethic.

Kascenska may go back to Mt. Kilimanjaro. If he went back it would be his fifth time climbing the peak. He has hiked other peaks and has done large portions of the Appalachian Trail.

Ummer would rather climb other peaks. He wants to see what other, higher peaks have to offer.

Hiking the mountain doesn't take expertise, but you do need a hiking guide. The trip costs about \$4,900. It is a great way to visit another country where you can meet new people, and what you take away might be more than what you came with.





Above: This picture was taken at a national park in Tansania.

Photos by Chris Ummer

Below: The trail that winds its way up the mountain can be seen even from a distance.



The snowy terrain can be a daunting sight for many hikers.

Photo by Chris Ummer

~~~~~Beautiful Baby Contest~~~~~

WHERE: STUDENT CENTER

WHEN: Friday September 26 & October 3 at 8am – 2pm

WHAT: The Kappa Delta Phi National Affiliated Sorority is sponsoring The Beautiful Baby Contest!

HOW IT WORKS: Vote for your favorite baby picture by making a donation in the name of the baby they choose. At the end of the contest the votes (donations) will be tallied and the “baby” with the most votes wins a gift certificate and teddy bear from Frogs and Lillipads in Saint Johnsbury. All proceeds go to the March of Dimes.

A Bake Sale will also be held, proceeds to The March of Dimes!

Twilight Players' Fall Show

HELP WANTED:

The Twilight Players' is in need of a tech crew for the fall show
“THE BOARDINGHOUSE”

Must be available for rehearsals, tech week and performance nights.

TECH WEEK IS NOVEMBER 2-7TH
PERFORMANCES ARE NOVEMBER 7, 8 AND 9TH

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Strokanov sheds light on conflict

By Steve Cormier
Special to the Critic

War, with its division of truth and display of human misunderstanding, is what drove Alexandre Strokanov and an audience of students, faculty and community members into the Alexander Twilight Theatre.

With last month's Georgia-South-Ossetia War as his muse, the professor of History here at Lyndon State College stood center stage to explain the misconceptions of the conflict that took the world by surprise last month.

“When I asked at the beginning questions about what do you know about this, not so many of them were greatly enlightened about the event,” Strokanov said of his audience.

His presentation, part lecture and part slideshow, was Strokanov's answer to what he perceived as a bias in reporting and opinion in the United States.

With a brief history of military activity in the region, Strokanov impressed upon those in attendance that blame for the aggression laid with the Georgian government. Meanwhile, he questioned conflicting images that the US government and mass media had been showing since hostilities began.

Images of gutted hospitals, bombed-out libraries and universities reduced to rubble in South Ossetia were featured in the power-point presentation projected onstage. An Internet video, recorded by advancing Georgian soldiers, showed the deliberate targeting of residential buildings with no military resistance.

Addressing questions pertaining to Russian activity, Strokanov said that Russian and Georgian forces were equal in size, despite reports to the contrary, which he stated were Pentagon lies. He also said that Russian forces would withdraw from Georgian territory by October (though not from South Ossetia).

Georgian civilian casualties, Strokanov said, were between 10 and 20, caused mostly by mistakes made by Russian long-range bombers, though reports indicate Russian aircraft dropping Cluster bombs over Gori, Georgia, which break apart randomly over large areas of land. Civilian deaths in South Ossetia that have been attributed to Georgian military activity number around 1,500.

Washington and the American mass media have largely portrayed the conflict as an aggressive move on the part of Russian President Dmitry Medvedev whose internal Russian approval ratings have gone up since the beginning of the conflict, says Strokanov. The American government believes any dispute in South Ossetia concerning Georgian activities is an internal matter.

Strokanov, seeing a balancing out of reporting occurring in Europe now concerning the events, ponders the perceived bias in the United States once again. “I hope it will happen here too, and some other points of view will be presented in the American media but I don't know. Will it happen, when is it going to happen, that's why I did this now,” Strokanov said.

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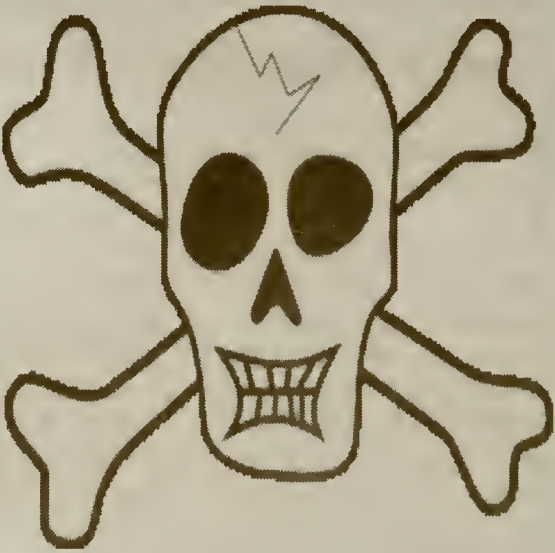
Leadership Recognition is a student run committee that meets every two weeks for about an hour to recognize and discuss student recognition on campus. We're currently in a rebuilding phase and looking to add students with a good positive attitude and willingness to recognize their peers for their various contributions to the Lyndon State College community. If you would like to fill out an application to join our committee or if you would like a brochure with more information,

Please E-Mail the Leadership Recognition Advisor at
nathan.rossetti@lyndonstate.edu

Interested in advertising for
your club or business?

Contact Critic editors Benjamin Holbrook (benjamin.holbrook@lyndonstate.edu) or Catherine Story (catherine.story@lyndonstate.edu)

9/19-Official talk like a pirate day. Yarrrr!



Other wacky days this week:
9/19-National Butterscotch Puddin' Day! (Who's counting calories? Go ahead, eat up!)
9/20-Hollywood Magic Day (Watch all your action movies and be sure to "ooh" and "ah!")
9/21-Miniature Golf Day (The green where putting's the name of the game.)
9/22-National Elephant Appreciation Day (Face like a tree, skin like the sea...)
9/22-National "Dear Diary" Day (I think you two should have a talk. It's been a while.)
9/23-Checkers Day (Every one can be a king on this day!)
9/24-National Cheeries Jubilee Day (The fun never ends!)
9/25-National One-Hit-Wonders Day ("Spirit in the Sky" anyone?)
Weekly Fun Days Submitted by Joe Reedy

Can you find all these cartoons?

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Word List

Mickey Mouse Rude Dog and the Dweebs Garfield Peanuts The Lion King
Beauty and the Beast Darkwing Duck The Simpsons Family Guy
Gummy Bears American Dad Cinderella King of the Hill Gargoyles

Created by Derika Downing

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Ask Eshter! Advice columnist

Dear Auntie Eshter,
I am a former Secretary of the Treasury living in the early 19th century.
I was recently challenged to a duel by Vice President Aaron Burr, whom I know to be an irascible scoundrel and have thusly accused him of being such, which is why he's so mad at me. That, and he lost the 1804 New York gubernatorial race because of the bad stuff I said about him. Or so he claims; I think he lost because he's such a colossal butthead.
I may also have cost him the 1800 presidential race, but that's neither here nor there.
The fact is, the man has challenged me to a shooting duel, and I don't know whether I should accept or not. It's not that I'm a bad shot—after all, I was a field commander in the Revolutionary War—but I really don't feel like shooting the guy, as much as I hate him. Plus, you never know, he might actually be a better shot than me, and I really don't want to die—I'm too young and handsome to die!
You've got to help me, Auntie Eshter. I have a really bad feeling about this whole situation.

Alex H. in New York.

Dear Alex H.,
I wouldn't get your knickers in too much of a twist over this one, Alex. It sounds to me like your friend Aaron is a bit of a hothead. He's clearly overreacting.
You should send him a politely worded email expressing that you are very sorry if you caused him any grief and asking if he'd like to sit down with you sometime and work out your disagreements, perhaps with the aid of a professional mediator. If he's at all reasonable, he should be open to this suggestion.
If not, you could always try proposing a glove-slapping duel. I understand that this was once a common method of settling disputes between respectable gentlemen. But maybe that's just something I saw in a Bugs Bunny cartoon once.
Whatever happens, I'm sure everything will turn out that fine, Alex. It's not like this man would actually shoot you—he's the Vice President, for goodness' sake.

Yours truly,
Auntie Eshter

Ask Esther! is written by Derika Downing

Fun Page tirelessly put together by Eric Downing, the Overlord of Fun. Never before has the Overlord had so much of this page taken up by other people's talent. Sudoku puzzle created by the Overlord of Fun on Javasudoku. I understand that some of you were expecting a comic. See panel at left for my short-term response. Check the Critic website soon for Fun Page answers!!!



Lady Hornets climb NAC standings

By Jack Carney
Critic Staff

After losing the first two games to start the regular season the Lady Hornet's women's soccer team is now on a three game win streak heading into the North Atlantic Conference (NAC) opener vs Castleton tomorrow. Women's head coach Jim Davis said the first two games were tough with all the new faces.

"We spent the first week finding players at the start of the year we only had nine girls now we have 17," Davis said. "I have ten freshmen that are new to this team and the school. So I think those first two games were just us getting the jitters out. But we have a great group of girls

that work together and are focusing to be a better team."

Kathy Kline has scored three of the Hornet's five goals in the last two games. Kline says she sees that her team is starting to focus and get better overall as a team.

"I think it's because we became close as a team," Kline said. "Our game has progressed so much over the past few games. If we play the way I know we are capable of I know we can win."

Davis said going from 0-2 to 3-2 has made a big psychological difference. Since going on the three game win streak the girls have scored 12 goals and have only allowed four. Davis says this is because the girls are finally moving into a progressive sequence.

"We can definitely score

but I think if we can tighten up on defense we can beat any team," Davis said. "That's what wins games is defense, and if we can do that we will be a solid team. If we can do that we have got a good shot at beating teams and winning the NAC this year."

After their first five games, the Lady Hornets currently are ranked second in preseason NAC rankings the women's soccer. Kline went on to say she and her teammates have big plans for this team and their season to come.

"I think I want to win the NAC conference," Kline said. "We can beat any team we go up against. We're 3-2 right now but by the end of the season I want us to be the winners overall."



Photo by Sebastian Lury

Hornets midfielder Naomi White (4) attempts to get position on a Mitchell player as they battle for a loose ball. The Lady Hornets have won their last three games going into their NAC opener at Castleton.

LSC Cross Country running away this season

By Sam Monroe
Special to the Critic

Running away; that is the only type of running the Lyndon State College men's and women's cross country teams will be doing this season, as they do not have single home meet.

"It is just the nature of the sport," Athletic Director and cross-country coach Chris Ummer said. Not every team has home meets every season; this is much to do with the amount of teams in the league, and the rotating schedule of the league's championship meet.

Most teams will want to run on the course that the championship is held on at least once each season so they can prepare themselves for the course.

Ummer also said that there is a lot of "sweat and sometimes blood" that goes into preparing the course for a race. The entire course has to be raked of any leaves or branches that may have fallen, and all other hazards that may cause any of the athletes to slip or possibly get injured.

The school's cross-country course is deep in the woods and the construction has

nothing to do with the scheduling.

"I would have loved to have them race here and give Lyndsay (Calkins) a chance to break the course record, but it just didn't work out," Ummer said. He went on to say that both the men's and women's teams are looking good and should be exciting to watch this season.

Unfortunately the Hornets will not get a chance to run in front of their hometown fans this year, but expect them to be running through the Lyndon campus sometime in the near future.

Upcoming Athletic Contests

Women's Soccer: 9/21, 10 a.m. vs. Alumni; 9/24, 4 p.m. vs. Southern Vermont College; 9/27, 3 p.m. vs. Husson College; 9/28, 2 p.m. vs. Maine Maritime Academy*

Men's Soccer: 9/21, 11 a.m. vs. Alumni; 9/27, 1 p.m. vs. Husson College; 9/28, 1 p.m. vs. Maine Maritime Academy*

Volleyball: 9/20, 2 p.m. vs. Thomas College; 9/23, 7 p.m. vs. Green Mountain College; 9/30, 7:50 p.m. vs. Daniel Webster College

Women's Tennis: 9/20, 2 p.m. vs. Thomas College club; 9/21, 1 p.m. vs. Colby-Sawyer College

Notes: Soccer games played on the field outside the SHAP facility. Volleyball matches played in the Stannard Gymnasium. Women's tennis matches held at the Dudley Bell Tennis Center, next to the Alumni House. * denotes North Atlantic Conference (NAC) competition. Game times subject to change



Photo by Sebastian Lury

Teammates mob Darren Roberge (2nd from left) after he scored the game winning goal against Mitchell last weekend. Roberge has been named NAC Player of the Week for the second week in a row.

Hornet men come from behind, win in OT team goes into NAC opener with winning record

By Jack Carney
Critic Staff

With five minutes left in the game many of the fans still cheered on the Hornets as time winded down. The team was down 1-0 when, with 5:06 on the clock, senior Kyle Hessler crossed the ball to Phil Curll who headed the ball into the back of the net to tie the game, 1-1.

Men's head soccer coach Pete Kellaway said he believed in his team and knew they could win as long as they kept their composure.

"They were staying patient, never let panic set in and never lost control," Kellaway said. "Our whole game is about control and we continued to move the ball well down the field."

With the game tied the Hornets would force overtime. Earlier in the season the men's first game went into overtime ending in a 1-0 loss. But this time around the Hornets would come out victorious.

Hessler once again set up a ball that ricocheted off the crossbar to the feet of junior Darren Roberge, who punched it into the back of net, giving the Hornets their third win of the season.

Tomorrow is the men's North Atlantic Conference (NAC) opener vs. Castleton, the same team that won the NAC last year. But Kellaway said he won't let his team slide away from the things he believes they can accomplish this season.

"We had a goal from day one, and that goal was to do

as well as we could to win the NAC," Kellaway said. "We feel real comfortable with our midfielders Kyle Hessler, Matt Scagnelli and Chris Cowan. Those three guys have been playing together for four years and they can play with anyone on the field."

But Kellaway went on to say it's not just the seniors' compatibility

"I think one of the things I like about our team is everyone is in it for the team," Kellaway said.

"This is about as close to a family as you can get. They truly enjoy each other, they will do whatever it takes to accomplish the goal. Because that's what this is, this is a team."

THE CRITIC

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www.lyndonstate.edu/critic

Lyndonville, VT.

One copy free, extras 50 cents each

Volume 55, Number 2

Fall has struck the NEK of Vermont and LSC is showing it's true colors. page 4.

Friday, September 26, 2008



Deficit woes continue to grow



Graphic by Audrey Saucier

By Ben Holbrook
Critic Editor

Lyndon State College continues to face budget challenges due to a loss of state appropriations.

At the end of the 2007-2008 academic year, LSC was attempting to balance a budget that was in the red between \$500,000 and \$1 million. Fortunately, the school was able to balance the budget only to have the state take back about \$200,000 of the state appropriations that each Vermont school receives, Wayne Hamilton, Dean of administration, said.

LSC has to eliminate only about \$100,000 from the budget in order to have everything be balanced. One of the biggest challenges with cutting money from the budget is to, "focus primarily on areas that least impact student services," President Carol Moore said. The choice to eliminate a position in the library was made based on this strategy since it would impact the students the least, Moore said.

The decision to cut the library position was a strategic decision because, "rather than across the board cuts we used strategic cuts because across the board cuts never pay off," Moore said.

Eliminating the library position saves the school \$34,000 but other cuts were also necessary in

order to balance the budget. Those cuts included some temporary custodial positions and equipment cuts.

Moore said staff and faculty had asked why the school couldn't stop the construction project in order to use that money to balance the budget. The school cannot use the bond money for anything besides the building and renovations Moore said. This is because additional student fees pay for the

"It is a nightmare up here to lose your job," Patricia Shine said.

bond.

Faculty and staff members reacted strongly to eliminating a position and offered ideas for other alternatives such as giving up salary increases. However, Moore said all salary increases are contractual and therefore, employees cannot voluntarily give them up. Patricia Shine, Professor of Psychology, spoke out against the position cut.

"It is a nightmare up here to lose your job," Shine said.

Making personnel cuts is never easy but it was necessary in order to come up with the

\$100,000, Moore said. "Anybody is welcome to look at the budget but ultimately the decision is the dean's and mine," Moore said.

Even with the current deficit relieved, the problems may not be over for LSC. In November, LSC may again be asked to come up with more money, which could result in more cuts, Moore said. If it becomes necessary to once again make cuts in November then staff don't need to worry because, "we have not targeted any [specific] positions, we will wait and see what happens," Moore said.

The employee who was laid off from the library will receive severance pay, and will get help with being relocated, Moore said.

Recruitment and retention have always been important to the growth of LSC and this year retention rates were higher than in previous years, although recruitment was down, Hamilton said however, Castleton and Johnson are both having record enrollment years.

Not all is bad news though for LSC because Project Compass will put into place nine different student success interventions to help needy students, Moore said.

The meeting concluded with Moore calling on faculty and staff to, "Focus on the good things going on at Lyndon and at our students being successful."

What's inside?

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Campus Activities Schedule

Friday Sept. 26 -

Casino night Stevens Dining Hall 9pm to 12am

Saturday Sept. 27 -

Bus Trip
Quebec City
Saturday, Sept 27th
Bus leaves Vail parking lot promptly at 7am

Sunday Sept. 28 -

Movie!
Get Smart
Wednesday, 9/24 @ 9PM
Sunday, 9/28 @ 3PM

Monday Sept. 29 -

ping-pong tournament!!
8pm to 10pm
Rita Bole Gym

Letter Policy

The Critic welcomes letters and opinions. All letters must include the author's phone number and address. The Critic will not publish letters until we have confirmed the authorship of the letter. The Critic reserves the right to edit comments. Please send your letters to:

critic@lyndonstate.edu
or
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What do you think?

Is there something you would like the Critic to cover? Let us know by sending an e-mail to Benjamin Holbrook, Catherine Story or critic@lyndonstate.edu

Let us know how we're doing!

Direct hire takes a direct hit

Dave Lapham
Critic Staff

Deficit issues are causing large problems for many departments throughout Lyndon State College.

Many departments have had to cut back on their expenses in order to stay within their budgets. The Department of Student Services is one department that has seen the effects of budget cutting. As a result they have made some changes to meet the demands of a lower budget Allowance.

"Work-Study money allotted to the student services department has increased, but direct hire has significantly decreased," said Deb Bailin director of student services.

Direct hire (Non-Work-Study) is a program funded by Lyndon State College for the purpose of hiring students that do not qualify for or are not hired within the pretenses of Work-Study. Non Work-study funds last year totaled just over \$300,000 and this year non work study has decreased to \$178,000.

The difference between Work-Study and Direct Hire is that direct hire funds come from Lyndon State College money. Work-Study money on the other hand comes from Government funds and that bucket of money is allotted to the college. The college then disperses the money to each department. Each department can hire as many Work-Study positions as their funds allow.

"Lyndon State College has given us more money for Work-Study because they have taken an interest in this department's Work-Study program," Bailin said. "One reason they are interested in our department's Work-Study program is that the student retention rate has been going down for the last few years. This year is the first year in a while that we have seen the retention rate go up. The greater number of students retained the more tuition dollars the college receives."

The loss of direct hire funds means that each department has to rely only on the funds given to them through

Work-Study, which are limited.

"We have trained 21 students for the circulation desk and only 5 were returning students, Donna Edwards, circulation supervisor, said. "Training takes a lot of time. When we lose upper classmen as workers because they lose their work-study money, it compromises our ability to stay open until 11 p.m."

"The library would not be able to remain open the amount of time that we do, evenings and weekends, without our students," Edwards said. "They are a valuable part of our team."

Student Services has also had to make cuts to tutorial programs. Tutorials unlike direct hire are funded by the Student Services department. The purpose of tutorials is to assist students with particular problem classes. In the past Student Services would have continued holding tutorial sessions throughout an entire semester, regardless if there was a low student interest.

SGA ready to make a difference

Steven Comier
Special to the Critic

Change and civic commitment to government were words once used only in Washington and in speeches used by major party candidates but Student Government Association is changing that.

Prior to the reorganization of the student government infighting and large turnover rates led to numerous interventions in House and Senate affairs by the two RHD advisors, both un-elected.

This year with two new RHD advisors, Stephanie Tyler and Laura McNaughton, and increased stability in the makeup and membership of the executive board, the students will have the opportunity to take control of their government once more.

"It all starts with the organization," Andrew Chapin, SGA president, said. "We have a really good crew at the top and hopefully it will trickle down."

Chapin hopes to institute change at LSC while once again making the SGA the mouthpiece of the student body to the administration.

"We weren't doing a very good job really representing the students to the administration which is our job," he said.

Chapin showed optimism that increasing the voice of the SGA was possible due to new blood entering the academic equation through LSC newest students.

"We are in a good position to really work on it," Chapin said. "We have very enthusiastic freshman which is great."

In committing to change

and producing results to student's wants and needs Chapin is banking on that being the key to reinvigorating interest in SGA activities.

"If we can actually do something," Chapin said. "If we can fix these little things that annoy them about the school, I think that they will see the power of the Student Government and we'll see involvement."

Apathy in SGA affairs is not a new thing to him and not something relegated to LSC Chapin commented while talking of a national SGA conference he attended this past summer.

"At the conference in Villanova there was an entire workshop on SGA apathy. It was one of the biggest workshops there," Chapin said

LSC Classifieds

Electronics

Xbox 360 halo 3 edition
wired and wireless controller, 2
games: Halo 3, Rainbow Six Vegas 2
and Xbox 360 carrying case \$250
call Alex Spaulding
802-626-9941

Sports equipment

156 Burton Caynon snowboard,
Burton mission dark bindings, and
Burton tribute boots \$150
call Alex Spaulding
802-626-9941

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Student Government Association

Want to make a difference?
Grab a petition at the SGA Office!

Has your voice been heard?



Cooking with Cook

When it's Cold

Gwen Cook
Cooking Columnist

It's that time of the year again. The days are getting shorter and the nights are bitterly cold.

It makes great weather for sleeping but it changes our food cravings. Warm food always seems to appeal to us because it heats us from the inside out. Hot drinks are great because you can bring them to class and keep your hands and fingers warm.

I know these recipes aren't all microwave friendly this time around but college students are a creative bunch and I'm sure you'll all find a way around that minor detail. Happy eating!

Broccoli and cheese soup

Ingredients-

2 cans of broccoli cheese soup
2 cups of milk
1 bag of frozen broccoli (steam in bag is best)

Procedure-

Empty contents of cans into a medium saucepan. Combine with milk. Prepare broccoli according to the directions on the back of the package. Combine with soup mixture. Cook over medium heat until hot.

Corn chowder

Ingredients-

1 can of whole kernel corn, drained
2 cans of creamed corn
2 potatoes, peeled and chopped
1 package of pre-cooked bacon
2 cups of milk
1 small onion, chopped
1 tbsp cooking oil
Salt and pepper to taste

Ingredients-

1 package of cocoa mix
2/3 cup of hot water
2 tbsp mint chocolates

Procedure-

Pour hot water into a cup. Add the mints and let them melt. Add the cocoa mix and stir. Top with whipped cream if desired.

Procedure-

In a saucepan, brown the onions in oil. Add the potatoes cook over low heat for a few minutes until they are slightly soft. Add the milk, corn, bacon, and salt and pepper. Continue cooking for another 10-15 minutes or until hot.



Smack Down your vote

Timothy Kemp
Opinion Columnist

We are now only a couple months from electing a new president to lead us to greatness here in the United States of America, and I encourage all of you go out let your voice be heard.

We are the richest and most powerful nation in the world, and we have the ability to choose our own leader. Who am I going to vote for? To be honest, I can definitely smell what Barack is cookin'.

Yes that's right I feel that we are ready to have our first African-American president. He wants to get universal health care, which I think our country desperately needs.

Although I can understand why we should have to pay if we get sick or injured, all I can think about is if I get seriously hurt and need help, the last thing I want to worry about is if I am financially covered. For those of you who have seen the movie John Q, you know what I'm talking about. If you haven't seen that film, I strongly encourage you

to do so. It's one of those movies that make you think a lot.

Anyway, Obama is also in favor of bringing our troops home from Iraq. Now I am not a hater of George Bush at all. I know why he decided to go over to the Middle East, but I just personally think that it is time for us to wrap this thing up.

Our country should not be playing "World Police" and trying to stop every bad thing that happens in other countries. We have been over there for seven years now, and whatever hasn't been accomplished in that time is probable not going to be done anytime soon.

It is possible that if we end terrorism there, more terrorism will probably happen in other parts of the world. We need to be concentrating on our own issues here in America.

Whether or not you agree with me is not the important thing. This country is the greatest of all time because we have the ability to share our opinions and decide who

is going to represent us as our leader. I hope all of you go out and make history this November. Don't ever think your voice doesn't matter because it absolutely does.

Superstar of the week:

Each week I will pick the superstar that has impressed me the most in wrestling. This week I have two. First off there is Santino Marella who is the reigning Intercontinental Champion. This guy is an absolute riot, who goes out and just makes an absolute fool of himself on national television, and the crowd just loves to hate this guy. It's funny to watch. He is the Andy Kaufman or Roddy Piper of this generation in that he is both a bad guy, and the most beloved at the same time. My second superstar of the week is Kelly-Kelly. This diva has gone from being a mediocre dancer on ECW to being a great in-ring performer on Monday Night Raw. She got a pinfall victory over "The Glamazon" Beth Phoenix, which is a huge upset.

Letter to the Editor: A New Revolution is Needed

By: James Beaulieu

Thomas Jefferson once said, "A little revolution every now and then is a good thing," and when I look out over this campus I see that we need one. The government that is in place to help the students here, SGA, is not helping us the regular student at all. That when there is a student issue that needs to be addressed the SGA is unavailable to help us. That with their commitment to the club and the groups here on campus, and the common student gets overlooked.

The thing is that the SGA is unavailable to the common student. They have their meetings with the club and students reps and no one really knows who they are. So how can we as a school community communicate with our government which has "us" in their mind.

Well it seems the only way I can think of is by doing this. Evoking my first amendment right and write about it. There are other ways we can get our message to the SGA. We need to stand up as a school and ask for change.

The Declaration of Independence says "That whenever any Form of Government becomes destructive of these ends, it is the Right of the People to alter or to abolish it, and to institute new Government."

This means if we don't like the way the SGA is being run then we need to get rid of and institute one that has a better connection to its students. The answer isn't give it more power but to give it a new order and purpose, to make it what it should be. This is a student government; so let the students run it and have more say in it than the administration.

I know it is not all the SGAs' fault; a lot of it falls on the students themselves. I hear people complaining about current policies here on campus. Well, if you don't like them, or want change, you need to be open and express those feelings to the SGA. The way to change things is to stand up for what you believe in and not just to bow down and take it. If you don't like what's going on it's your right as students and Americans to stand up and

try to make a difference.

So maybe this could be a call for reform and revolution. Take it as you will. But I see that the SGA needs to be abolished and remade into the image of what the students need. One where the students have more voice and where CAB is no longer the focus of the SGA. With CAB out of the picture then we can have real issues that matter to the student body and not to one group or another. The meetings should be in a town hall style where the common student can come and express their thoughts, ideas, and grievances to the SGA without hesitation and fear of being turned away.

If you see what I see, and feel what I feel, then you need to speak up. That's the message here. Speak up. If we speak up then change can happen and that's what this school needs. I can no longer stand by and watch this student body lose its voice in the school. I am willing to stand up and fight for change here and now, the real question is which one of you will be willing to stand next to me and fight?

Smoke not so banned

Amanda Racine

That smell stays with you, all the way to your car. It holds onto the clothes you wear, and the little butts stick to the bottoms of your shoes.

Sure, the smoking ban was put into affect near the Res. Halls and near the academic buildings, but what about the parking lots?

For people who live in Stonehenge, it's a trek up the hill and through the hundreds of cigarette butts spread on the ground.

There are the signs that are up throughout the campus "No Smoking" but what about when Public Safety isn't around at 3:00 a. m. and there's a group of people smoking in the courtyard?

There have been many attempts to solve this issue between the smokers and the non-smokers one of them being just to move the gazebo to the parking lot, and make them go there if they need a smoke.

This option to keep smoking to the parking lots only seems to work during the daytime.

"I think that the smoking ban is a good idea," Polly Schwarz, a sophomore here at LSC, said.

"I think that it would be fair if there was one more place, because kids just sneak around and smoke anywhere because there are so few places they are allowed to be in."

By moving the smoking gazebo, they have created another problem; trashing the parking lots. There is glass, beer bottles, cans, cigarette butts, fast food bags, and remnants of many different things littering the Stonehenge parking lot.

"The parking lot is full of trash and needs to be repaved badly," Schwarz said. "I'm terrified of popping a tire on my car. It's not like the school will pay for a new 100 dollar tire," Schwarz said.

There isn't much Lyndon can do about the smoking ban, there will always be smokers on campus. The only thing that Lyndon can do is try to accommodate both parties. To those who park and smoke: can you please clean up after yourself?

Lyndon State College gets a taste of Fall in Vermont

Page 4: photos by Eric Wayne

Page 5: top photos by Eric Wayne, middle photo by Joe Reedy, bottom photos by Eric Wayne

The second annual Tasty Vermonty was one of the many fun-filled family events that occurred during the family and alumni weekend last week.

The splendid event was packed with a taste of everything that Vermont has to offer during the Autumn months. Pumpkin carving, a

hayride on a John Deere tractor and apple bobbing were just a few of the numerous activities at the fest. Also there was a booth for a delightful taste of fall from Cabot cheese to apple cider and the famous Vermont maple syrup were just a few of the items for this year's Tasty Vermonty.





Freshman boys and girls sleep together at LSC

By Derika Downing
Critic Staff

The recent surplus of male students entering Lyndon State College this year has some LSC freshmen finding themselves in an unusual on-campus housing arrangement.

You may have heard that some freshmen have been living in co-ed suites, and you may have thought that this was just a rumor, but, as it turns out, it's true—although it's not really as dramatic or scandalous as it might sound.

"It was a big decision that we made last year," Erin Rosetti, LSC's Assistant Director of Residential Life and RHD at Rita Bole, said. "It was the first time it had been done. We considered the pros and cons. Students were informed directly of the situation. RAs spent time talking to them about the expectations of temporary housing assignment."

Rosetti said this is the second year in a row that such arrangements have been made, due to the high male to female

ratio of incoming LSC students. Some male students have to temporarily stay in suites that were originally intended for females, because there is an overabundance of male students and a dearth of females.

Rosetti emphasized that the co-ed suites (suites where male and female students live together) are "definitely a temporary situation."

Rosetti said that LSC would "rather accommodate students on campus than have

them stay at a hotel." LSC is making efforts to set aside additional male housing, so that male students won't have to stay in suites that were intended to be all-female. Rosetti said they "would have done something different this year," but it's difficult to find alternate housing situations.

They did change one traditionally female first-year suite to a male suite, so things are "pretty even now." Some students are still on a waiting list for housing, but these are

mostly students who did not take the opportunity to sign up for a room during housing selection at the end of last semester.

The students living in the co-ed suites have been handling the situation maturely.

"The biggest thing is respecting the use of the bathroom," Rosetti said. The boys in the suite that was originally intended for girls have to use the private bathroom in the hall rather than the bathroom in the suite.

Photo courtesy of Mike Dente

Don't forget to dot your i's but not cross your lines

Student's calls aren't always going to the person they thought they were

By Rachel Keller

When the parents of Lyndon State freshman, Laura Lenfest, tried to reach their daughter by calling her campus telephone, the greeting they received surprised them.

It was not their daughter on the other end, nor was it her roommate; it

was "some girl named Heather," says Lenfest. Though Heather's identity was never discovered, it was clear that there was something amuck with the telephones.

As other instances in the Wheelock residence hall surfaced, Michael Dente, director of I.T. was notified,

Wednesday, September 24, that phone lines had apparently been crossed.

What was the reason for this mix up? Last week, workers focused on phone lines in the Vail and Wheelock buildings, and when the dug-up materials had to be put back, roughly 1200 color-coded cords had to be

matched with their corresponding colors. This had to be completed absolutely "perfectly" says Dente, in order for the job to be successful.

"In Vail, it was done just right" Dente said. "We had no reason to suspect otherwise in Wheelock. We figured it was correct." Even if only a few cords were not

matched correctly, it could have the side effects that the building had been experiencing.

Repairs began at 8 a.m. on Thursday, September 25, and the cord mix-up is expected to be resolved before the weekend.

What to expect when Lyndon state goes to Quebec

By Jillian Grenier

This weekend the Campus Activities Board (CAB) is sponsoring a trip to Quebec City, who is celebrating its 400th anniversary this year.

The bus will leave Saturday at promptly 7a.m. in

the Vail parking lot and will return at 2a.m. It will be a memorable trip for everyone, as CAB is not tolerating any drinking going on while in Canada since it is a Lyndon State event.

"This is a way to prevent problems such as stu-

dents getting arrested, or being hospitalized," Stephanie Tyler, student activities coordinator, said.

So come and join Quebec City as it celebrates its birthday! Passport or birth certificate along with drivers license required.

Outside the Box Design Group *is for anyone who wants to be involved.*

As a club we seek a number of design, fundraising, and guest speaker opportunities. Each member will have experience creating designs outside the classroom with deadlines and requirements. Students have a chance to build connections by meeting guest speakers that are graphic designers in the field.

Our group meetings are Thursdays from 12:30-1:30 in HAC 125.

Twilight Players' Fall Show

HELP WANTED:

The Twilight Players' is in need of a tech crew for the fall show

"The Boardinghouse"

Must be available for rehearsals, tech week and performance nights.

Tech week is November 2-7th

Performances are November 7, 8 and 9th

Please contact Amber Donato, or Matt Randall at their LSC email address: Amber.Donato@lyndonstate.edu or Matthew.Randall@lyndonstate.edu

JOE'S JOLLY WACKY WEEKDAY'S!

- 9/26: National Good Neighbor Day ("Won't You Be My Neighbor?")
- 9/27: Ancestor Appreciation Day (Trace your family tree!)
- 9/28: National Strawberry Cream Day (YUMMYNESS!!!)
- 9/29: National Goose Day (Take a gander at your fine-feather friends.)
- 9/30: National Mud Pack Facial Day (A day NOT for the dudes!)
- 10/1: National Heart Magic (Open your heart; do community service.)
- 10/2: World Farm Animal Day (Go get down on the farm ya'll!)

Ask Eshter! Advice columnist answers those

Dear Auntie Eshter,

My name is Rupert Malroy and the chipmunks are out to get me.

My suspicions were first aroused last Sunday morning when I was sitting on my patio reading the color comics. I was having a good laugh over Dagwood Bumstead's persistent refusal to do any of the various household chores Blondie had lined up for him, when I chanced to notice a blur of movement out of the corner of my eye.

I glanced up and saw a chipmunk running up and down the old oak tree that stands in my backyard. This in itself wasn't so unusual, as I have observed chipmunks and squirrels in my yard many times before. Thinking nothing of it, I returned to my paper.

Some time later, when I had moved on from the comics to

the magazine section, eager to find out which celebrities would be celebrating a birthday that week, I suddenly had the strange sensation that I was being watched.

I looked up again, and saw that the chipmunk was now standing up on his hind legs on one of the tree limbs and staring at me. At first, there didn't seem to be anything unusual about this.

I've seen chipmunks standing up on their hind legs before, surveying the area for predators. And yet, there was something odd about this one. It seemed to be staring directly at me, which is strange because chipmunks normally can't see you if you're not moving, and I'd just been sitting there for the past few minutes.

But this chipmunk's eyes were looking right into mine. He knew I was there, and he wanted me to know that he

knew I was there. I began to feel a strange prickly sensation rising up my spine and spreading out from my torso to my arms and legs, all the way to my fingers and toes. This chipmunk was watching me. But why?

And then I heard the voice in my head. It was a terrible voice, high and thin, grating like two forks that had been locked together and wrapped in steel wool and were now being scraped down a chalkboard.

"Your time is coming, Rupert Malroy, son of Herbert and Anastasia Malroy," the voice intoned, "Too long have you sat upon your patio, like a tyrant on his throne, thinking you own the neighborhood. Too long have you mocked the good, honest, common working folk who share this land. Soon you will have to face our judgment and receive your retribution from our paws! And then, Rupert Mal-

roy, you will be sorry—oh, yes, you will be very sorry indeed."

And then, as I sat there trembling in terror, the voice was gone, and the chipmunk, as if snapping out of a trance, jumped down on all-fours and ran back down the tree.

And ever since that day, dear Auntie Eshter, I have lived in constant fear—I cannot see a chipmunk without screaming like a girl and running away as fast as I can, with my arms flailing in the air. Everyone laughs at me. They all think I'm insane. But you know I'm not crazy, don't you, Auntie Eshter? Dear, sweet Auntie Eshter, I know you believe me. I know you will help me end this torment. Please, please, good woman, tell me what I must do to appease these angry chipmunks! Rupert

Jeremy Malroy, Esq.

Dear Rupert,

Well, you have gotten yourself in quite a pickle there, haven't you? I don't know what you did to so enrage those chipmunks, but it sounds to me like they want you be more friendly with and respectful to your neighbors. You might try arranging a block party, or perhaps a potluck at your local church or civic center. Remember, no man is an island, and we all need somebody to lean on. Good luck with the chipmunks! They do seem to be rather cross with you. Perhaps if they see you interacting more with your neighbors, they'll calm down and let you live.

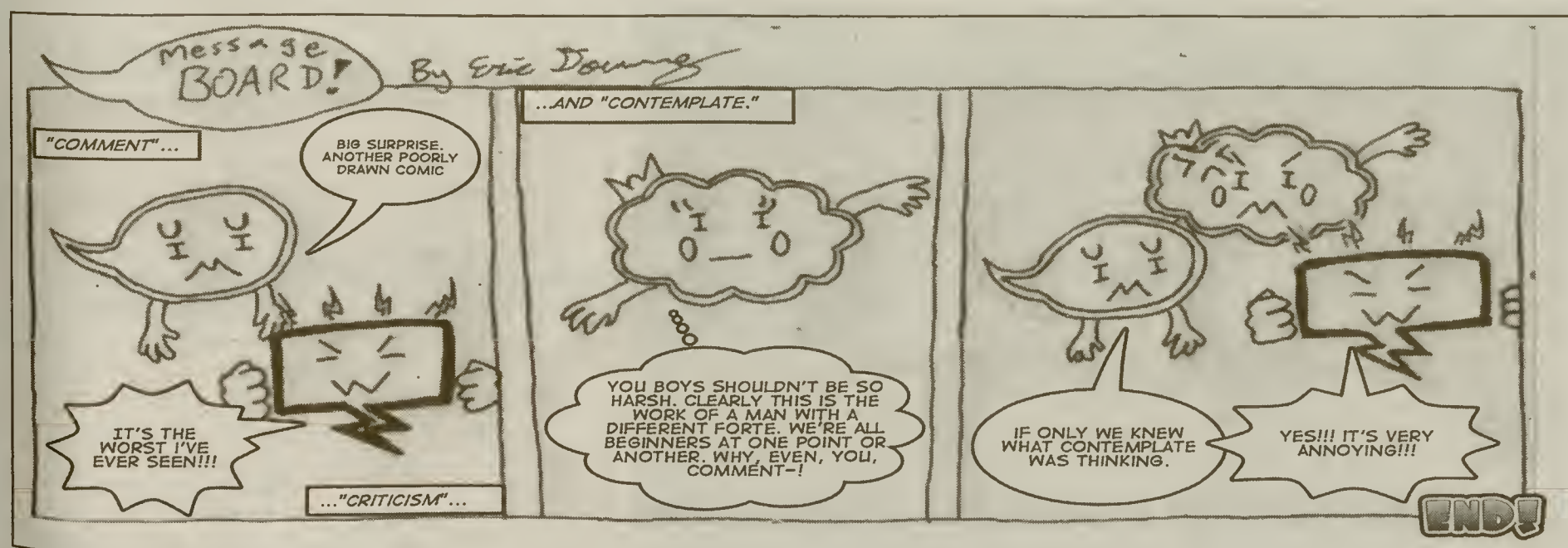
-Auntie Eshter

Auntie Eshter is written by Derika Downing. Names have been changed to protect the identities of all parties involved.

Sudoku Corner

	4			5		8		
3						9	7	
	5				6			2
							2	6
			5				4	
1	3				9	5	8	7
2			9		5			
							9	3
				7			5	

Puzzle generated using Javasudoku under GNU public license.



This week's Fun Page put together by Eric Downing and Joe Reedy. Enjoy the comic? It was an experiment with a program called "Comic Life." The pictures were drawn, scanned, and then put into the program. All the word bubbles and other clear-looking text was put in with the program. Think you can make a better comic? Contact critic@lyndonstate.edu. Being in print is a good start for any budding cartoonist.

Check the Critic website soon for Fun Page answers!!!

New club throwing strikes at Lyndon State

By Aimee Lawton
Special to The Critic

There's a new club at LSC that's striking up a real buzz around campus!

At last Wednesday's house meeting, the SGA approved the newest student run club on campus, the Lyndon Strikers. The idea for the Strikers came from President Michael Michaud, who thought it would be a good idea to start a club on campus for those students who like to bowl.

"A friend of mine and I love bowling and are always at the insomnia bowl nights, so we wanted to see if we could start a club to get to go [bowling] cheaper," Michaud said. "We talked to the alley [to see] if they could work something out with us, and they did."



Michaud started a group on Facebook for the club over the summer to see how much interest a bowling club would attract.

"A lot of people seemed

interested, so we started to form it in to a club and here we are now," Michaud said. His Facebook group currently has a member count of over 50.

The Lyndon Strikers meet Wednesday nights at 9 p.m. at Gold Crown Lanes in St. Johnsbury. Their first official meeting as a

club was held last night, and proved to be a success as the alley began to fill up within the first 30 minutes of the meeting.

The bowling alley offers the Strikers discount game prices, along with free shoe rentals. As of right now, members also get to bowl their first games free courtesy of the club. If anyone is interested in learning more about the Lyndon Strikers, they are free to contact Michael Michaud at michael.michaud@lyndon-state.edu, and can be added to the club's mailing list.

So shine up those bowling shoes and get ready to roll. Head to Gold Crown Lanes on Wednesday nights, and check LSC's newest club out for yourself. You're sure to have a good time.

Young Hornets still learning to buzz

By Sam Monroe
Special to The Critic

Inexperience once again hurt the Lyndon State women's volleyball team.

On Saturday, the Hornets flew out to a two game lead over the Thomas College Terriers. However, the Terriers would prove to be too much for the Hornets in the end, staking out a comeback and winning the match three games to two.

In the first game, the young Hornets would prove to be overpowering against the Terriers, winning the

game 25-20. The Hornets would also dominate the second game, winning it 25-19.

With the score tied in third match at 12 all, the Terriers would begin to turn the tables their way. The Terriers would win the match 25-21 and then take the fourth match 25-20. It came down to one final match and then to one final serve. With the score 14-13 the Hornets had the match in their grasp. However, it wasn't meant to be.

The Terriers would turn it around and complete the comeback. They would win the game 16-14, and the

match three games to two, and send the young, slumping Hornets to a 2-8 record.

Freshman Amanda Laramie and junior Morgan Reilly led the Hornets with four assists each. Sophomore Ally Ciaramitaro, junior Michelle Petty, and freshman Kayla Probst led the team with 6 digs (the passing of a spiked ball) each. Petty also led the team with 7 kills/spikes and had a block. Probst also had 6 kills/spikes and led the team in blocks with 2.

Upcoming Athletic Events

Men's Soccer: 9/27, 1 p.m. vs. Husson College*; 9/28, noon vs. Maine Maritime Academy*

Women's Soccer: 9/27, 3 p.m. vs. Husson College*; 9/28, 2 p.m. vs. Maine Maritime Academy*

Women's Tennis: 10/3, 4 p.m. vs. Castleton State College*

Volleyball: 9/30, 7:30 p.m. vs. Daniel Webster College

Notes: Soccer games played on the field outside the SHAPE facility. Volleyball matches played in the Stannard Gymnasium. Women's tennis matches held at the Dudley Bell Tennis Center, next to the Alumni House. * denotes North Atlantic Conference (NAC) competition. Game times subject to change.

Martial artist joins faculty

By Josiah Stewart
Critic Staff

Lyndon State College welcomes John Shanks as one of 11 new part-time faculty members.

Shanks will be teaching one of the second half mini-courses taught this semester on Olympic and Power lifting. Shanks is an exercise science major, and is also the president and founder of the Brazilian Jujitsu club at LSC. "I've been studying Brazilian Jujitsu since my senior year of high school," Shanks said.

He is a blue belt in Brazilian Jujitsu under Roy Harris, and a green belt in Adaptive Combat Jujitsu.

The Brazilian Jujitsu club has been running since last spring, and is currently being held on Mondays, Wednesdays, Fridays, and Sundays starting at 6 p.m. in the racquetball court.

"I was asked to teach this second half mini-course by (Prof.) Anthony Sgherza," Shanks said.

"The class is going to focus on olympic and power lifts, the power lifts being squats, bench presses, and dead lifts," Shanks said. "The Olympic lifts will be the snatch and clean and jerk, among others."

Shanks says that this is his first real instructing position at LSC, and he is excited about getting started.

The course is worth 1 credit, and 19 students are currently enrolled in it.

"I'm very excited about teaching," Shanks said. "I was originally going to study computers, but they were too frustrating, and lifting is something that I enjoy doing."

Shanks has competed in power lifting competitions, as well as Brazilian Jujitsu competitions in the past. He was adamant about the Brazilian Jujitsu competition he will be attending on Nov. 1.

"The competition is something that we're trying to get the Brazilian Jujitsu class into," Shanks said.

Shanks, now 22, entered a power lifting competition when he was 19 and won first place in the teen 220-pound division. He also placed second in a men's open 242-pound division with a 435-pound bench press.

Along with his other qualifications, Shanks is also an apprentice level grappling instructor under Roy Harris.

Shanks is enjoying his Brazilian Jujitsu instructor's position, and can't wait to officially teach the Olympic and Power lifting course.

"I once heard that if you do what you love, you will never work a day in your life," Shanks said.

THE CRITIC

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One penny free, extras 99 cents each

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Friday, October 3, 2008

Faculty fight library lay-off

Steve Cormier
Critic Staff

Hard financial times at Lyndon State College have led to the administration's decision to cut the Director of Library Instructional Technology position.

Vicki Litzinger, an employee at the college since 2001, will be let go this semester. The termination of her position is a result of the administration's response to the budget deficit facing LSC this fall.

Stating in an e-mail that the situation was "very problematic," Litzinger declined to be interviewed for this article.

A common face in the library, Litzinger is the person behind integrating class information with Blackboard to help both faculty and students. Her removal from LSC is weighing on the minds and in the actions of those who know her.

"It is always a difficult thing to deal with when a colleague is let go," said David Johnston, Professor of Philosophy and Faculty Federation Chapter Chair.

An emergency meeting of the Faculty Assembly, the union-representing faculty at LSC, convened

Thursday in the Burke Mountain Room with the only item on the agenda being the layoff.

"The faculty wants to show support for the staff... who keep LSC functioning," Johnston said.

"When difficult things happen in a community it's important to continue to communicate to help in knowing how decisions were made," said Patricia Shine, Professor of Human Services.

A letter asking President Carol Moore to address the layoff at the next Faculty Assembly meeting is being circulated by Shine and is being signed by full and part-time faculty.

"The letter explains why the position is important and why Vicki is good for it," Johnston said.

Litzinger's termination has brought into question the way financial matters have been handled here at LSC, especially during the current deficit crisis.

"Many people would have liked a more open deliberation process to work out the budget shortfall," Johnston said.

The decision to eliminate Litzinger's position occurred following the state government in Montpel-

ier deciding to pull back previously approved appropriations. Cutting the library position reduced the deficit by \$34,000.

"We do not get a lot of money here as we are tuition driven," said Bob McCabe, director of student support services and Chapter Chair for VSC-UP, the staff union at LSC.

Along with Litzinger two part-time housing employees will be removed and two 12 month employees will have their positions reduced to 10 months. In addition money is to be cut from the staff development, equipment and library acquisitions budgets.

The Vermont General Assembly will be reconvening in November to focus on budgeting again. McCabe worries about what decisions could be made even though last week President Moore said, "we have not targeted any positions, we will wait and see what happens."

"I don't think it is over yet," McCabe said. One of the few other choices is charging more in terms of tuition and he worries that would drive students further into loan debt.

Campus Activities Schedule

Friday Oct. 3 -

Game Night
Friday, October 3rd at 9pm
Student Center

Come play Cranium, Scategories, Trouble, and so much more!
Bring your friends and challenge others to your favorite board game!

Saturday Oct. 4 -

Bus Trip to Boston
Saturday, October 4th Bus leaves lower Vail parking lot at 9am

Sunday Oct. 5 -

Bellyqueen Dance Theater
World-class world dance extravaganza. 13 dancers, one show only!!

Sunday, October 5 at 7pm Lyndon Institute Auditorium
\$15 advance, \$18 door. Catamount members \$12/\$15

\$5 kids/students w/ID

Tickets Available at Catamount Arts, 802 748-2600

Monday Oct. 6 -

Economic Crisis: What does it mean to you?

Monday, October 6 @ 12:15 in the ATT

Dr. David J. Plazek will be providing a presentation about the current economics crisis hitting the country and what it means to you.

Need some relief from all the daily stress?

Come and get some tips on how to relief stress and

Learn how to do yoga and meditation!!

Monday, October 6 @ 7pm

Racquet Ball court near the Bole gym

Letter Policy

The Critic welcomes letters and opinions. All letters must include the author's phone number and address. The Critic will not publish letters until we have confirmed the authorship of the letter. The Critic reserves the right to edit comments. Please send your letters to:

critic@lyndonstate.edu

or

The Critic

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Conn country going strong

By Aimee Lawton

Special to the Critic

"You're listening to the Conn Country show on 91.5, the Impulse—keep it locked."

That's how DJ Slim ends every air break on his Thursday night show.

As WWLR, 91.5 the Impulse kicks off their 2008-2009 season, their listeners are offered with a wide array of student run radio shows. While there are many shows that are making their debut this Impulse season, others are returning in hopes of having another successful listening year.

One show that falls in to the latter category is the Conn Country show, one of the station's longest running radio shows, as it enters in to its 7th consecutive semester on the radio.

Students can join hosts Tim Lavigne (DJ Slim) and Mike Grigas (the Sharpshooter) every Thursday night from 8-10 p.m. as they play a variety of new and old country favorites, and take requests

from their fans.

"There was one show where we had about 75 requests," Lavigne said. "The show ran for about 4 ½ hours that night. We kept it going until the requests stopped."

Lavigne said that last semester he and Grigas received around 20 fan requests per show.

It is very rare that any request ever goes un-played on the Conn Country show, as the hosts always say that they are willing to buy any songs that are not already a part of their music libraries. The hosts offer a 99% guarantee that those songs will be played sometime within the duration of the show.

"You guys are the ones who keep the show running," Lavigne said. "If we wanted to play the music that we wanted to hear, we could sit in our rooms and listen to it on our laptops while we played games," Lavigne said on last week's show.

Lavigne started the Conn Country show three years ago

and has been running it faithfully ever since.

"I'd say I've had requests come in from about 10 different states," Lavigne said, "some from as far as Georgia and Florida." The Conn Country show has a very broad listening audience that stretches far beyond the Lyndon State campus.

The ability of fans to stream the Impulse on the web is most likely responsible for such a wide ranging audience, and yet another contributor to the overall success of the show.

Lavigne went through 2 earlier supporting DJ's before Grigas joined him as the Sharpshooter in January 2008. The two have proved to be a dynamic duo ever since. Their ability to play off of each other's dialogue during air breaks, and their sharing in the responsibilities of providing the music played on the show and taking requests from their fans keeps the show running smoothly, and contributes to its overall success.

SGA or animal house?

Steve Cormier
Critic Staff

Student body comments, financial requests and upcoming activities were agenda items covered Wednesday night during the Student Government Association's meeting.

Student James Beaulieu went before the government body in response to his editorial in last week's Critic entitled "A New Revolution is Needed." Beaulieu spoke of a broken system needing reform and felt that in its current incarnation it was elitist and not for the students.

Julie Deslandes, club rep for Students for Global Change, requested and was given \$234.00 from the general fund after a heated debate over using the money for a protest the club wished to at-

tend.

"The money of the many should not be used for the opinions of the few," Derrick Blanton, Jiu-Jitsu club rep, said.

Blanton went on to ask whether or not a theoretical Klu Klux Klan club would be supported with student funds. A now visibly emotional Deslandes stormed out of the meeting saying, "Due to the KKK comment I need to leave because I represent a student's voice that can no longer be heard."

Blanton went on to request \$376.40 for fees and gas to attend a Jiu-Jitsu competition and \$135.00 for a punching bag that will be stored near the Bole Gymnasium and available to all upon request. The request was approved quickly.

WWLR club rep Nick Phe-

lan requested and received \$999.00 to update the radio station's automation program and \$882.00 for travel and hotel expenses to attend a college music conference in New York City.

Activities that were announced included the now-completed elections for CAB, filling their executive board. Phelan announced WWLR will be holding a Fall Music Series that will be bringing new bands from Vermont and New York to LSC starting Oct. 14 and going into November.

Christopher Barlow of the Gay Straight Alliance told all in attendance that the SGA club will be celebrating National Coming Out Day on Oct. 11 with movies and music to raise community awareness.

What do you think ?

Is there something you would like the Critic to cover? Let us know by sending an e-mail to Benjamin Holbrook, Catherine Story or critic@lyndonstate.edu

Let us know how we're doing!

LSC Classifieds Electronics

Xbox 360 halo 3 edition
wired and wireless controller, 2
games: Halo 3, Rainbow Six Vegas
2 and Xbox 360 carrying case \$250
call Alex Spaulding
802-626-9941

Advertising is free for LSC
students. The Critic reserves
the right to reject any ads
that are inappropriate or
otherwise unfit for printing.
critic@lyndonstate.edu.

LSC Classifieds Sports equipment

156 Burton Caynon snowboard,
Burton mission dark bindings, and
Burton tribute boots \$150
call Alex Spaulding
802-626-9941

165' RIDE snowboard w/yellow
Burton Bindings & Burton Boots.
Also included: Burton snowboard
bag for your board & all your gear.
\$200 for everything, or Best Offer.
Call Teresa @ 626-4852 or email
tmw01090@lyndonstate.edu for pictures.

Opps..

In issue 3 of The Critic, Deb Bailin was incorrectly quoted in the article, "Direct hire takes a direct hit." The Critic would like to apologize for the mistake.

A photo on page 8 was also incorrectly credited. The photo was taken by Eric Wayne.

Cooking with Cook for the game

Gwen Cook
Cooking Columnist

Sunday nights get pretty rowdy in the fall. Football is the ideal time to get with your buddies in your best team jersey, turn the TV up super loud, and get to cheering. Kicking back a few drinks to loosen up is fairly common as well. What some people don't know is that the food makes the football game.

My family eats, sleeps, and breathes football (go Patriots!). I've learned from them over the years the best dishes to eat while watching the game. We won best tailgate party the other year at Gillette Stadium. The judges made a special note to compliment us on our cuisine.

This week I wanted to share some of my personal favorite to make and eat. I learned from the best on these, my uncles and cousins.

Cheese steak

Ingredients-

1 package of steak-ums
_ green pepper, diced
_ red onion, diced
1 small block of Velveeta cheese, cut into chunks
1 package of sub rolls

Procedure-

On your George Forman grill, break up steak-ums into small pieces. Add the onions and green peppers. Cook both until they are both browned. Drain out the grease, and then start adding the cheese to the meat. Cook until cheese is melted. Turn off the heat. Take steak mixture and put into roll.

Grilled turkey and bacon

Ingredients-

Pita bread
1 package of sliced turkey
1 package of already cooked bacon
_ green pepper, cut into strips
_ red onion, cut into strips
1 tomato, cut into strips
Small jar of mayonnaise
Lettuce, chopped up

Procedure-

On your George Forman grill, place pita bread that has been buttered on both sides. Grill until it is browned or crispy on both sides and remove. Butter the pan and then place turkey, onion, and green pepper in and grill until browned. Put mayonnaise on pita bread. Add turkey mixture and top with bacon and tomato.

Chili dip

Ingredients-

3-4 cans of chili
1 block of Velveeta cheese, cut into chunks
Tortilla chips

Procedure-

Pour cans of chili and desired amount of cheese into a microwave safe bowl. Cook for about 2 minutes or until cheese is melted.

Vote for your class representative

Oct. 7, 8 and 9



Heather Poginy .
Special to the Critic

The Indigenous Skate Shop on Railroad St. in St. Johnsbury holds an Open Mic Night each Thursday night at 7 p.m.

"There really isn't anything to do here past 7, especially on Thursday nights. We're just trying to keep people entertained," Justin

Larocque, the creator of Open Mic Night, said.

At the Open Mic Night, the mood is generally low-key. Audience members sit, stand or dance in the shop as the performers play against the backdrop of downtown St. Johnsbury.

It started as a small event, with solo performances with acoustic guitars, poetry readings, and two-person

acts. This is only because the skate shop didn't hold the proper licenses to have live music on their grounds. Now, however, each week the creators try to find something new to add to make it a bigger and better event. For instance, Thursday, October 9, they want to hold a "Coffee House." Larocque says, "The idea for that would be sort of pot luck, because we don't

have the facilities to make food, and everything would be donated, but we've thought of doing this so that all the profit [from the food and coffee sales] would go toward a good cause, like the Red Cross."

Performers should show up at the skate shop at 6 pm to sign up and get organized, and should generally expect crowds from 10 to 100

people. There is no cover charge for audience members however, donations are gladly accepted.

"Bring any talent you have, from musical acts to poetry, from beat-boxing to live art, or comedy to freestyle Bluegrass," Larocque said. "The choice is yours and we are here to let you make it what you want."

Letter to the editor:

Lyndon State College: the Balancing Act

Joseph DiTommaso
Junior Meteorology and Applied Mathematics Major

Balance. It is one of the most important and simple life lessons I have learned. Finding a balance between everything you want and what you have, or what you need to do and what you can do. Yet such a simple concept can be so hard to live by. People tip the scales one way or the other more often than not. The workaholics versus the party animals, the health nuts versus the junk food junkie, etc. College in itself is a giant balancing act. There has been, in my eyes, a serious imbalance in the attitude involving the college itself as of late. I fear that in light of new policies and unchanged persistent ones, the entire student body will have a one sided view of our college.

For every negative critique of someone or something, one should try to find a positive one as well. Whereas there can always be more pros than cons or visa versa in a decision, dealing with people is a whole different ballgame. No matter how frustrated one can get with the faculty, the

Res Life Staff, SGA, or whatever organization you find fault with, you should always keep in mind the challenges they face. There is so much that could be improved, but there is so much effort going into the school that we must acknowledge as well.

There have been people who have argued that SGA is beyond the "common student." Yet as I have seen, anytime a student has wanted to voice his or her opinion, it has been heard. No government, student or federal, is perfect, and a giant collection of college students representing clubs ranging from weather enthusiasts to disc throwers to actors is going to have problems. I just cannot see how anyone can deny both the effort of SGA members and the overall setup of the government. So all I ask of the student body is to consider the opportunities already in place for you. The Critic is a great example in the fact anyone's voice can be heard, as long as reasonably stated. If you want something changed, talk to a House Rep in one of your clubs or become a Senator.

I would like to congratulate and critique the new Resi-

dence Hall Directors on their efforts thus far. Finding balance while dealing with incidents, deficits, and everything in between is beyond daunting. There is definitely room for improvement in organization and general smoothness of the working flow of things, yet I am sure after a semester settling in and getting the feel for it, the new SGA and Res Life staff will do a fine job.

I am in no way saying this place is perfect. The list of "issues" runs long and detailed in most students' minds. One of the most disturbing issues is most definitely the deficit. Other issues big and small will come up, from the handicapped signs being painted backward in the parking lot to only three pockets remaining on a pool table to the dining hall only being open till 6:30 p.m. These and others problems most definitely have to be dealt with. Just try to remember LSC that balance is key for this school if you want your college to prosper. Be patient but expectant of your college and you may just be able to help improve this college for all of us and for yourself.

Where art thou llama?

The Llama House
S.C. Lury

A house on McGoff Hill played host to a llama. The Ford Family Ministries Cornerstone Girls Home on McGoff Hill used to own a llama. In June of this year, the Girls Home moved the llama to the Ford Family Ministries Cornerstone Boys Home in Lyndonville because the Boys Home had more land in which the llama could roam. The Girls Home is a Christian-based home for troubled youth and houses mostly 13-18 year old females. Likewise, the Boys Home houses mainly 13-18 year old males. The

Girls Home housemother, as she identified herself, is Amber Althouse.

Althouse and her husband began working for the Ford Family Ministries in July. A month prior, the llama that had become the identifying factor to some students on the LSC campus, had been relocated.

Althouse says that the Homes "welcome anybody, regardless of religion." She also points out that the first goal of the Homes is to help students "develop a personal relationship with Jesus Christ." Althouse and the other members of the staff make this aware to

all incomers.

Being so close to the LSC campus, the Girls Home has developed a relationship with the college. The home has been granted access to the LSC basketball court, racquetball court, swimming pool, and sand volleyball court outside the Arnold-Bayley resident halls.

The two homes, both Girls House and Boys House, come together for school. The school is a self-paced Christian-oriented curriculum. The two houses also attend the Lyndon Bible Church each Sunday.

All are welcome to rock out at the St J open mic night

LSC dean tries to take the state

Steve Cormier
Special to the Critic

John Kascenska, a former full-time professor in the Recreation Department and now an Associate Academic Dean at Lyndon State College is seeking a seat in the state legislature in Montpelier during a time of great challenge in the region.

Kascenska, a graduate of Lyndon State College and originally from the area, is running for Vermont State Senate from Caledonia County.

"It's a good opportunity to serve the greater community," Kascenska said. "Public service has always been something I've been very interested in, having worked in higher education for so many years." Kascenska looks forward to the possibility of working for and helping his region.

Part of the community Kascenska seeks to serve is LSC, which at this time is facing a deficit.

"Anything I can do to make it known that we need additional funding to help support higher education in Vermont is something I would be very much an advocate for," Kascenska said.

Kascenska hopes to turn his time as a faculty member at LSC into an opportunity to help the undergraduate population as well.

"One of the things I can bring for Lyndon, as close to the students as I've

been over the years, is understanding where they are with paying the bills," Kascenska said.

"I think people are very concerned about paying their bills," Kascenska said. His campaign's focus is on what he sees as money concerns facing the citizens of the Caledonian county.

With the recent announcement of a layoff at LSC due to budgeting and the closing of Lydall Inc. in St. Johnsbury, the focus is on encouraging and retaining small businesses regionally.

"In the Northeast Kingdom, given the territory population and infrastructure, it's the small businesses that drive the economics in this region," Kascenska said.

Supporting the economy must be made with the natural surroundings in mind though.

"It must be done in a way that's balanced with maintaining our world and landscape here which is very important," said Kascenska. "That's a reason why a lot of people come to Vermont."

Kascenska is running as a Republican and believes it is important to elect a more diverse body to both the Senate and the House of Representatives to get the state's business done.

"I think there needs to be a better balance there to support some of the governor's initiatives," he said. "It is very difficult when it's lopsided one way or the other."



Photo by Nicole Archer

Frisbee golf course open for business

Abbey Heimlich
Special to the Critic

Lyndon State officially opened its new disc golf course with a ribbon cutting ceremony on Saturday September 20th.

"It's a wonderful way for students to recreate," said Jonathan Davis, the Interim Assistant Dean of Student Affairs. "It's non-invasive in terms of the environment, and a safe way to have fun on campus."

Davis, Jamie Struck adjunct professor for the Recreation Department and Tom Kurtz a junior Music Industry and Business Administration major, all cut ribbons at the ceremony. In addition to the ribbon cutting the course was crowned with a plaque stating the rules of the game.

Struck described disc golf as "a combination of Frisbee and playing pool. You have to think of angle, speed and flight path." The game is greatly increasing in popularity. "In 1974 there was one course, now there are over 1500," Struck said. Some regular golf clubs and even some ski resorts are putting in their own disk golf courses.

"It's great because no expensive equipment is needed," Davis said. All you need is a Frisbee, though some people play with professional disc golf discs.

Players start at a tee and throw their discs as far as they can toward the hole: a pole with metal chains hanging down it to form a basket. There is a set par for each hole. The par for the course of nine holes at Lyndon is 27.

"It's great because the stu-

"A combination of Frisbee and playing pool. You have to think of angle, speed and flight path."

-Jamie Struck

dent population responded to it," Struck said. Struck had designed a course on his own property, and played on four other courses in the area. He brought students to play his course and they asked him why LSC didn't have a course of its own.

The Ultimate Frisbee Club requested an estimated five thousand dollars for the

course from the Student Government Association and began working on it at the end of last semester.

"Help from the disc golf community made it completely worthwhile," Struck said. "They made it theirs by cutting trees or giving time to clear brush." The course was constructed with the original landscape in mind. Struck kept in mind the lanes and alleys within the forest that made a natural path for play.

The first hole is located in the field below the Rita Bole parking lot. From there it goes up and down hills through the woods circling around the lower half of campus. It ends at the top of the hill by the baseball fields.

"Anyone from the school, the town or even the state can play," said Kurtz. While working on the course this summer Struck ran into visitors playing the course. They told him "its not just a disc golf course, it's a great disc golf course."

There are future plans for disc golf tournaments against other school such as Johnson State who also have a disc golf course. Struck would also like to create a class to teach people to play the game.



Photo by Abbey Heimlich
Jonathan Davis, Tom Kurtz and Jamie Struck cut ribbons during the grand opening of LSC's new frisbee golf course.

Rock and Roll stuck in the closet

By: **Tori Loyer**
Special to the Critic

The new music studio for Music Business majors at LSC is having a big effect, but isn't so big itself.

On the first day of classes back in September, students in Britt Moore's Intro to Audio Engineering class had the chance to open all the new gear for LSC's new music stu-

dio. The first day of classes was the first day that the studio had gotten the chance to be used. Everything in the studio is brand new and has never been used before.

"Its digital technology and computer based," Moore said. The equipment is to teach the students about digital sound console with the proper software. Students are learning how to record drums, guitars,

and vocals. "The goal is to learn how to be recording engineers," said Moore.

But even with all of the studio's new technology they are still facing problems with the area they are in. The studio is too small to record properly. The studio is on the second floor of Vail behind the snack bar tucked into a small hallway.

"Its bad that it's so small,"

Moore said about the size of the space.

The studio is tucked away because the campus had nothing else available as far as rooms go. The original place that the studio was supposed to be located proved to be another problem. The TVS wing is where the studio was originally planned to be, but because of News 7 broadcasting it had to be placed elsewhere.

"The size of the room hinders the quality of what we record," said Joel Mariani, a student at LSC. "We can only use one guitar to record with because anything else would be too much." With the room's concrete walls, small space, and lack of sound proofing the studio seems to take away from the student's experience.

New director, new staff: same old Aramark food

By: **Brian Howe**
Special to the Critic

The new director of Aramark is bringing new ideas to the table, all the way from Baltimore.

Ben Johnson is the new director of Aramark here on the LSC Campus. Johnson just started in May and is looking forward to making changes to the Stevens Dining Hall. He has only been in the contract food service for four years now, but is looking forward to

being a director.

"It seemed like the perfect fit to me, a good career move," said Johnson. He is really glad to be the director and says a lot of work needs to be done in the dining hall, Johnson is looking forward to making changes. He has new plans for the dining hall, such as some surprises on the way and even improving food quality. He had briefly talked about making hours longer, but said that it is up to the people higher up.

One of the biggest challenges they face is finding people to work. He said they find someone and then two weeks later they are out the door. Johnson said coming from Baltimore was much different because their was a line of people willing to work there, while here they are hard to find.

Trying to train new employees and introduce new ideas to the dining hall is hard. He is finding it very hard to try new things and train employees at the same time, John-

son said. Sometime in the near future Johnson wants to send his cooks to a training session to learn how to cook and prepare food correctly. He is hoping it will lead to better food quality.

Johnson said that the Vermont state colleges have a contract with Aramark, so trying to make new changes is hard because the contract is already set. Johnson said if there is continued pressure from the state colleges to makes changes then they are more

likely to happen.

The dining hall is looking better in the future. Johnson says that he will try to incorporate new food items, a

nd possibly introduce new ideas to the dinning hall. During the month of November, Johnson said that their will be a few surprises. Johnson said that they only way to make this work is to get the gears to start working in a forward direction.

EMTs like Ike

Dave Lapham
Critic staff

Members of Lyndon Rescue helped with both Hurricane Ike and Gustav relief efforts.

Lyndon State College senior and EMTV for Lyndon rescue departed from Lyndonville in an ambulance with EMTI Jenn Williams, a recent Lyndon State Graduate, on August 27. Together they drove 26 hours until they arrived at Jacksonville Mississippi.

"Our director called and asked us if we could go help in Jacksonville Mississippi, I was a little stressed, I didn't know what to expect," Ferris said."

There was good reason for him to be stressed. Gustav formed out of a tropical storm and greatly strengthened. On August 26, the tropical storm grew to hurricane intensity.

In Gustav's early stages meteorologists deemed it to be severe with a classification of a category 4. Luckily, Gustav weakened within a couple days and eventually downgraded to a category 2.

"Once we got there and realized that we were not going to be in a lot of danger we were alright," Ferris said. "We were assigned to help with shelter cleanup, and wait for

emergency calls."

By the time Ferris and Williams got there housing was limited. "We slept in the ambulance, tents and other shelters provided to us," Ferris said. "There was no power in a lot of places."

EMTV's Branden Bunnell and Dan Bigalow later flew by plane to meet Ferris and Williams in Mississippi.

"We left Lyndonville at 2 am to catch a 6 am flight from Manchester," Bunnell said.

"We didn't arrive to Jacksonville until 11 pm. Once we got there we hung around for 2 days, helping out when needed. Dan and I were then activated for Ike. So we took the ambulance and drove 10 hours San Antonio."

Hurricane Ike began as a tropical disturbance off the coast of Africa and toward the end of August the storm began to slowly develop. On September 4, Ike intensified and strengthened into a category 4 Hurricane. By the time it hit Texas, Ike's storm surge was a category three and made landfall in Texas as a category 2.

"When we got to San Antonio there was some damage. The majority of it was flooding, roof damage, broken windows and a lot of debris." Bunnell said..

LSC students visit Quebec during their 400th anniversary

Jillian Grenier
Special to the Critic

When the bus pulled into Quebec City for the CAB sponsored day trip, the first thing you couldn't help but notice, is the number 400, lit up and placed around every street corner and in every nook and cranny the city has.

The number 400 signifies the number of years it's been since Samuel de Champlain first founded the city on July 3, 1608. After the 4-hour long bus ride, the only thing everyone wanted to do was stretch their legs so thankfully Quebec had a lot going on to celebrate their anniversary which ends in October.

If you wanted a piece of history you could of walked through the remains of the Saint-Louis Forts and Châteaux National Historic Site which was the official home of the governors for both the French and English regimes for over 200 years. You can't help but feel as if you're not in 2008 anymore and were just thrown back into the 1600s.

Naturally we wanted to try the food, so after looking at several menus which were

thankfully in half French/ half English, we found a cute little restaurant and sat inside to get warm since it was a gloomy, rainy day. The burgers looked the safest and we found that they tasted similar to McDonalds.

"It was a good experience being in a different country while they're celebrating their 400th anniversary, besides being a lot of fun!" said LSC junior, Heather Rapoza.

The only thing that I found odd was the mayonnaise they brought for you to dip your fries in, definitely not a fan of that. The waitress new enough English to get by for the most part, she at least knew enough to remind us to tip her. At several places I heard waitresses tell their American customers, "tip is not included and we tip here!"

I was amazed at the amount of shops souvenir they had. It reminded me of being

in New York City, probably because they had I love Quebec shirts everywhere, that and the people asking for money for food. They also had some nice, but overpriced clothing shops. There was a good amount of bars around the city too. Some student went to them and since we were told not to come back intoxicated or we may not be given a ride home, they seemed to take that to heart and didn't drink too much where they were obnoxiously drunk.

"It was a good experience being in a different country while they're celebrating their 400th anniversary, besides being a lot of fun!" said LSC junior, Heather Rapoza. Mostly everyone had a good time and by the end of the day everyone was exhausted. Most of the students ended up falling asleep on the way home so we were grateful when boarder control didn't make us get off the bus; they just went around and checked everyone's identification themselves. I was glad when I woke up to the sight of the campus; it was a good time in Quebec City, but nothing compares to your own bed.

Please burn before reading

Photo by Eric Wayne

By Josiah Stewart
Critic Staff

Lyndon State College is observing Banned Books Week once again this semester from September 27 through October 4.

"I think that every library participates to some extent," Pat Webster, an LSC library cataloger said. Banned Books Week is an annual event held by the ALA (American Library Association). The ALA has held this event since 1982.

"Every year we keep trying to expand our displays and publicity because the subject is of great interest to a lot of peo-

ple," Webster said. The LSC library display is set up in front of the circulation and reference desk.

"The display is of books that have been challenged, questioned, and some that have actually been banned over the years," Webster said. "Our right to read what we choose is something we should all recognize and appreciate."

The LSC bookstore is also honoring Banned Books Week, and has its own display setup. Susan Millar-Williams, an LSC bookstore clerk, was willing to share some of her thoughts on the subject.

"Closing a mind narrows horizons and instead of opening a discussion, some parents will willfully shield their children from exploring different topics," Millar-Williams said.

Many of the books on display in the library and bookstore here at LSC are not banned but have simply been challenged. A challenged book is a book that someone, usually a parent, has requested be removed from teaching curriculums or libraries where their children are involved.

"Some parents' shunning of certain books is born of ignorance and fear," Millar-

Williams said. "Banned Books Week is a time for us as adults and Americans to celebrate our freedom of expression."

Many different types of literature have been challenged over the years including children's books such as J. K. Rowling's Harry Potter and the Chamber of Secrets, which was challenged because of its supposed teaching of witchcraft.

The reasons for challenging a book range from offensive language, to inappropriate sexual content.

"As librarians, our work involves the free exchange of

information and ideas," Webster said, "and that's why the thought of someone creating restrictions that would curb or stop that exchange goes against our grain."

Some of the most frequently challenged books of 2007 were: "The Adventures of Huckleberry Finn", by Mark Twain, "The Chocolate War", by Robert Cormier, and "TTYL", by Lauren Myracle. These books were challenged for a variety of reasons ranging from racism to sexual content and violence.

LSC's New Warning System

Katie Dorben
Special to the Critic

Move over clear TXT, LSC has a new emergency warning system provided by e2campus.

This is an electronic system that will provide information on emergencies through text messages and email. These emergencies may be on or off campus, natural or man made disasters such as severe weather, a shooting, etc.

"The whole idea is to reach as many people as possi-

ble (in an emergency), to motivate them to spread the word," said, LSC's Director of Public Safety George Hacking.

Last year was the first time Lyndon State had any type of warning system available to students. The need for some kind of campus wide warning system was prompted by the shootings at Virginia Tech and the examination of what could be done to make schools safer.

Emergency warning systems like e2campus are used to

try to get the word out to as many people as possible in the shortest amount of time.

ClearTXT was sold out to another company, so Hacking reviewed other systems and e2campus seemed the best choice to replace it. The advantages of e2campus are its ease of use, the option for parents to sign up, and the option to get messages by email as well as text message.

The system is free; the only costs are those of receiv-

ing text messages.

The way it works is that one of the directors of the program here at LSC, Director of Public Safety George Hacking or Director of Student Life Jonathan Davis, are made aware of an emergency. They use a phone, computer, blackberry, or some other form of communication to create a warning which e2campus sends out to everyone who has signed up.

When asked what he

wants students to know about e2campus, "If they don't sign up, it's a mistake. The information is only good if the people who it's meant for sign up."

To sign up, visit <http://www.lyndonstate.edu/alert>. Parents and faculty members can sign up as well. If you have any questions about the new system, you can contact Public Safety and they will try to help you.

Outside the Box Design Group
is for anyone who wants to be involved.

As a club we seek a number of design, fundraising, and guest speaker opportunities. Each member will have experience creating designs outside the classroom with deadlines and requirements. Students have a chance to build connections by meeting guest speakers that are graphic designers in the field.

Our group meetings are Thursdays from 12:30-1:30 in HAC 125.

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JOE'S JOLLY WACKY WEEKDAY'S!

- 10/4: National Toot Your Flute Day (Don't take this the wrong way)
- 10/5: World Smile Day (Whether you have pearly whites or candy corns)
- 10/5: Long Walk Day (There's a book, a movie...)
- 10/6: National Story-telling Festival (Once upon a time...)
- 10/7: Bathtub Day (Rubber Ducky, you're the one!)
- 10/8: Loveable Lawyers Day (Yes, they DO exist!)
- 10/9: Leif Erickson Day (Make some discoveries of your own!)

Ask Eshter! Advice columnist answers those "tough" questions.

Dear Auntie Eshter,

I am a retired troll living under a small wooden foot bridge in northern Germany.

I used to be a mercenary soldier for goblins and evil wizards staging hostile takeovers of imaginary kingdoms, but my life has been relatively quiet and peaceful since I left the service and settled down in the dark, dank cave that lies under the bridge.

I have made a small amount of money charging perfectly reasonable tolls from those who wish to cross my bridge without being eaten, as most travelers are very cooperative

and often quite generous with me.

Recently, however, I've been having trouble with a trio of goats who keep trying to cross my bridge without paying the toll. I made it expressly known to them that they must each pay me at least one gold coin to cross, or else I shall have to eat them.

They accused me of being "a rotten stinking money-grubbing capitalist pig" and informed me that I would sorely regret my "thieving ways when the Revolution comes." They have no respect for my years of military serv-

ice, and when I shake my bony fists at them they just laugh.

I'm really at my wits' end here, Auntie Eshter. I don't know whether I should just eat them, or if I should just tear the bridge down altogether and charge people to ride across the river on my back, after which I would probably eat them.

Perhaps you know a more humane situation; if this Revolution of theirs comes any time soon, I don't want to be the first one to lose my head. Also, these goats have very sharp horns and are not afraid to charge me in the

stomach. I'm getting on in years now, and they might actually have a shot at disemboweling me.

-A Troll Without Toll

Dear Troll,

Sounds to me like you've got some rowdy young hippies on your hands. Kids these days think they don't have to work for a living. They expect to have everything handed to them. It's a real shame. I'd just eat them, if I were you, although those sharp horns of theirs could be trouble. Maybe you should just let them cross, and then

they'll leave you alone. It's not always worth it trying to handle these things on your own, and it can be difficult to get the authorities to do anything about it.

I wouldn't worry about any revolution, either; they're probably just showing off. Kids these days think they're so smart, but they don't really know what they're talking about most of the time.

-A.E.

Auntie Eshter is written by Derika Downing. We do not discriminate against letters by man, beast, troll, or magically-animated furniture.

Sudoku Corner By Eric Downing

		9		8		5		6
	3		7	9	5			
8		5	3				9	
2			9	5				3
		3		6		2	1	9
7		8						
	6	7	1				5	
3		2	5	7		9		
			6					4

Puzzle generated using Javasadoku under GNU public license.

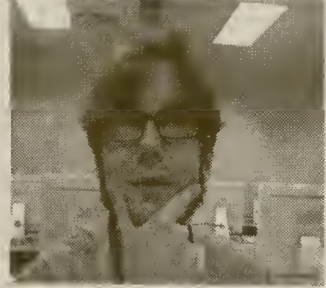
U L I C C W R S J K R X G A M B I E N T V O N O F
K V B S H S G W C U A K B H R W H G V U H X C K S
S Q K Z B O C H K J O C G F S Q J P A I P F B K D
J O C E L O S H F E L O L J U P M W I T Q T A Q P
F V O G Q N Y S U E G R C M P O Q E H K R Q K S U
H G T O B V L I F W U B O J E L E D M V J H Q E N
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A M M L M L Q K H T O C A L U V U K W A G Y L I A
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T D U D E T X H A Z Z A J Q Q O S O Y T E C H N O
X C A V G R A K I Y F S J E A H R P P T S D U P B

List for Word Find at Left:

(Note: Some words are scrambled)

GHTO OEM NUPK KAS NEOHCT JZAZ ROCK PPIHHO
ADRNB TEAML ANEIBTM LSUBE

Still need a hint? All of these words share the theme of being either cultural or musical genres.
I think it will be very obvious which one isn't scrambled.



This Fun Page was put together by Eric Downing and Joe Reedy... Hey, where did Joe go?

See how many adjacent J's and O's you can find in the word find!

Contact critic@lyndonstate.edu with your suggestions for the Fun Page. What do you want to see more of? Do you find the Advice columnist hilarious or just too wordy? Have you liked comics in the past? What kind would you like to see? Opinion, humor, random? Do you miss crosswords? How many words should be hidden in the word find? Are the sudokus too hard or easy? If you don't take the time to send an email, I'll never know. You can't blame me if you don't speak up. Check the Critic website soon for Fun Page answers!!!



Photo by Andrew Koch

Tracy Zisselsberger of the Hornets, in dark uniform, splits a pair of defenders. The Lady Hornets battled to a scoreless tie against Maine Maritime on Sep. 28, and are 0-2-1 in the NAC, as of press time.

LSC looking for lacrosse players for next year

By Sam Monroe
Special to The Critic

A player runs down the sideline with the ball and then passes it across to a teammate. His teammate fires it past the goaltender, the players come together to celebrate the goal and then return to play, hungry for another goal.

This could be you. The Lyndon State College lacrosse team is looking for players for the upcoming season. Each team has ten players on the field at one time, and a good-sized lacrosse team often has 25 to 30 players on their roster.

Craig Salvagno, the lacrosse

team captain, said that the team had about 20 players last season, and 14 or 15 of them are coming back this season. Of those 20 players last year, 13 of them had never played organized lacrosse before.

"It was the team's first season and a good learning year for all the new players," said Salvagno. "If someone has never played and is looking to, they can come out."

Last season was the first time Lyndon had a lacrosse team in 23 years. Because of that they were not eligible for postseason play. This season however, is different. The team is now a varsity Division III

NCAA team, and will be eligible for the postseason.

"Last year we did not really play as a team, and that should change this season, we have a lot of guys coming back and are starting to work as a team already" Salvagno said.

The regular season will not start until March, but the team is starting to practice now. They are doing drills and scrimmaging to get the returning players back to where they should be, as well as getting the new players acclimated to the team.

For more information on the team, contact Craig at craig.salvagno@lyndonstate.edu.

Men's soccer on outside looking in struggling to get back into NAC playoff picture

By Jack Carney
Special to the Critic

After their first three conference games, the Lyndon State men's soccer team is currently ranked 7th in the NAC. Now with five days left until their next game, head coach Pete Kellaway told the men its time to regroup and repair their season.

"It's now time for us to do some soul searching," Kellaway said. "You need to ask yourself if you wanna win in this conference or throw in the towel. We have the talent to win; we need to decide whether we control what happens to us or if we're gonna let someone do that for us"

The Hornets lost two key midfielders in senior captains Matt Scagnelli and Chris Cowan due to injury. Injuries have taken a big toll on the team overall. Many of the team's underclassmen have seen more playing time as a result of the injuries.

"We need our younger guys to step up," back P.J. Danforth said. "Our upperclassmen are coming down with injuries. I feel like

they've done a good job, especially since most of them have never played at the college level."

Danforth went on to say that even though the injuries are a big loss for the team, the biggest loss has been the lack of communication and mental breakdowns by the players on the field.

"It only happens with little things," Danforth said after the team's last game. "like on defense we lose our marks. It happened a couple of times today, but every one of those times it does happen it gives them a chance to score."

Though the team has gone through both mental and physical pains, the team is still optimistic about the season. Goalie Jeff Giroux said not to count the Hornets out just yet.

"This is my senior season and our season on line," Giroux said. "We can be one of if not the best team in the NAC, but we've lost control of that these last few games. But if we can just find some way to get back to our game we can have a winning season."

In the crunch

By Brittany Lavery
Special to the Critic

Some people believe that doing stomach crunch after stomach crunch will make a difference in how their stomach is shaped. Sadly, that is not the truth.

"The old myth that crunches are the fastest way to lose fat in the stomach are untrue," Jesse Potter, an exercise science major at Lyndon State College, says. Fortunately Potter says any kind of workout one does will help remove fat from that region, and "increase overall health."

First of all, why does it appear that the stomach is typically the largest part of one's body? Is fate playing some cruel joke on us, by giving us a midsection which is seemingly impossible to get

rid of? Potter says "...the body tries to place fat (or adipose tissue) around the midsection in order to better utilize it if it's needed as energy."

"Resistance training for all large muscle groups does wonders for weight loss," Potter said. He also advises keeping an active cardiovascular regimen (running, biking, swimming, etc.) as a part of your workout routine. Not only are these exercises good for keeping in shape, but they also help battle diseases such as heart disease.

Gregory Ledoux, professor of exercise science at Lyndon State College, also reminds us that weight loss isn't the only sign of improved health. So, no worries if you don't see the results you may have been expecting.

Upcoming Athletic Events

Men's Soccer: 10/8, 4 p.m. vs. Norwich University; 10/18, 3 p.m. vs. Johnson State*

Women's Soccer: 10/18, 1 p.m. vs. Johnson State*

Women's Tennis: 10/3, 4 p.m. vs. Castleton State*; 10/7, 3:30 p.m. vs. Plymouth State

Volleyball: 10/15, 7 p.m. vs. New Hampshire Technical Institute

Notes: Soccer games played on the field outside the SHAPE facility. Volleyball matches played in the Stannard Gymnasium. Women's tennis matches held at the Dudley Bell Tennis Center, next to the Alumni House. *: denotes North Atlantic Conference (NAC) competition. Game times subject to change.

THE CRITIC

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When coffee is just not enough

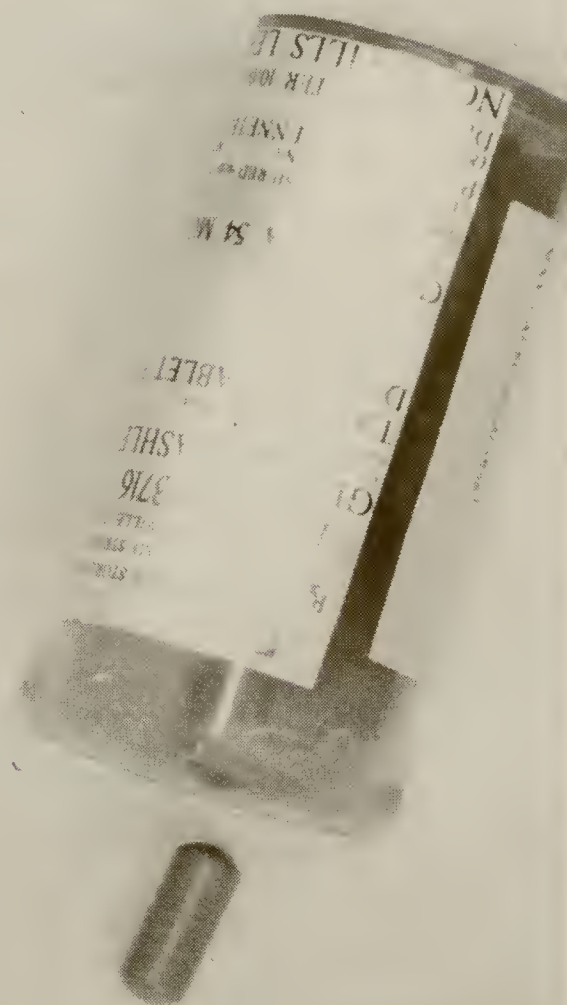
students on campus talk about adderall
abuse... page 2

Gwen cooks for fall on page 3

Where your student activity fee
goes. page 3

WWLR rocks indie revolution:
page 6

Where did the pond go?:
page 5



Campus Activities Schedule

Friday Oct. 17 -

Cairo, Nest of Spies
Catamount Arts

Open Mic Night
9 p.m. Student Center

Meg Devlin Irish
8 p.m. ATT

Saturday Oct. 18 -

Shelter Walk
Downtown St. Johnsbury 9 a.m. to 1 p.m.

Sunday Oct. 19 -

Battle of the Bands
HAC Stoop (weather permitting) May be moved to the Student Center

Monday Oct. 20 -

Register to Vote with Miss Vermont
11 a.m. to 1 p.m. Student Center

Letter Policy

The Critic welcomes letters and opinions. All letters must include the author's phone number and address. The Critic will not publish letters until we have confirmed the authorship of the letter. The Critic reserves the right to edit comments. Please send your letters to:

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or
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When coffee is just not enough

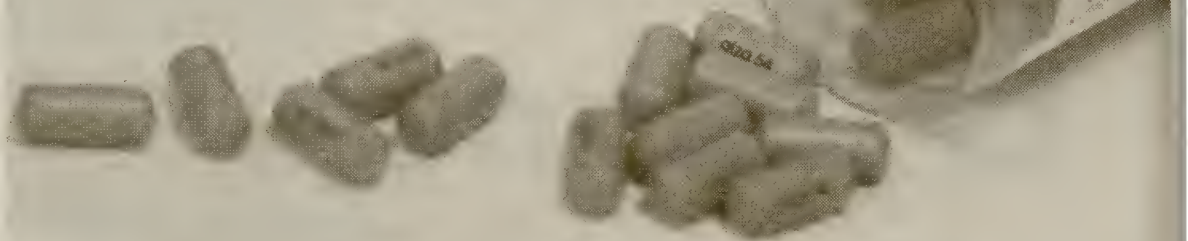


Photo by Eric Wayne

By Dave Lapham, Jillian Grenier, Derika Downing
Special to the Critic

Coffee is no longer enough; too much homework and stress is making college students across the country turn to the drug Adderall for that extra burst of energy they need.

The prescription drug Adderall is made for people with Attention Deficit Hyperactivity Disorder (ADHD) and is not only illegal to take without a prescription but is also unsafe if not taken correctly. It consists of amphetamines that stimulate the central nervous system. The drug is commonly prescribed to those diagnosed with ADHD, and is used to increase levels of norepinephrine, serotonin and dopamine in the brain. Students around campus who admit to taking the drug illegally talked openly about the subject but asked to not be identified.

"I remember a bunch of my girlfriends and I started using adderall recreationally, and that made it so we could drink all night," an 09 female said. "I would get up and bump one in the morning before class to help me get through [the day] after a night of drinking."

Many college students find solace in the drug because it eliminates drowsiness, supports them in their all night drinking endeavors, and helps them concentrate in those few moments before a big exam or heavily weighted essays.

Not all students use the drug to facilitate all-night drinking binges. Some Lyndon State College Students are no strangers to staying up all hours of the night on Adderall so they can study or complete a homework assignment. "It just helps me focus and get my work done," one source said. "It just makes me want to do my homework."

Though Adderall may seem like a miracle

drug enabling students to party and study hard, there are many side affects that result from abusing the drug, such as nervousness, lack of appetite, depression, inability to sleep, dry mouth, and rapid heartbeat which can then lead to death or serious side effects on the heart.

When asked if they were worried about the side effects that Adderall can cause, it seemed that they already knew. One source said "Sometimes I get scared when my heart beats too fast. I feel like I'm going to have a heart attack."

"It is highly addictive. It made it so I didn't want to eat. It was never hard to find a dealer. Most of the time it would come in a little capsule and if you break it there are little white beads inside. I would ingest it and 20 minutes later I got a big boost of energy," said the 09 female.

"I think it is risky," said Miriam Simon, a physician's assistant. "Adderall is potentially dangerous and there is a great concern. There are many side effects including: heart disease, heart attacks, high blood pressure, insomnia, and weight loss."

Obtaining the drug is not necessarily that difficult; many times students are able to buy some pills from a person who has been prescribed the drug. According to a few different sources, the price of Adderall on campus can go anywhere from \$3 to \$9 a pill, depending on how much the person with the prescription wants to charge for it, which can be quite a lot, because they have the same customers coming back due to how addictive the drug is.

"When we prescribe the drug I have no control over diversion. We don't know if it will be sold to other people," Simon said.

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Cooking with Cook *in the Fall*

Gwen Cook
Cooking Columnist

It's autumn again. The nights are brisk and the leaves are all decked out in their bright colors.

Apples and pumpkins are just ripe for the picking at this time of year. They seem to pop up a lot in desserts and for snacks. Just because you're at school doesn't mean you should miss out on fall recipes.

Apple pancakes

Ingredients-

2 cups of Bisquick
1 cup of milk
2 eggs
2 tbsp sugar
1 teaspoon cinnamon
1 cup finely chopped apples

Procedure-

Mix together milk, eggs, sugar, and cinnamon. Mix in apples. Cook in well greased skillet until golden brown on both sides.

Marshmallow Apple Jacks bars

Ingredients-

1 package of marshmallows
3 tbsp margarine
6 cups of Apple Jacks

Procedure-

In a saucepan, melt the butter. Add the marshmallows and stir continuously until they are melted into the butter. Immediately add the Apple Jacks and mix together thoroughly. Transfer into a well-greased 13 by 9 casserole pan. Flatten with a greased spoon or spatula.

Pumpkin cookies

Ingredients-

1 stick of margarine
1 egg
1 can pumpkin pie filling
1 tsp baking soda
1 salt
1 cup sugar
1 tsp vanilla
1 cup of flour
1 tsp cinnamon

Procedure-

Mix margarine and sugar in

bowl until creamy. Add the egg, pumpkin, and vanilla and mix together. In separate bowl, combine all dry ingredients together. Add gradually to the sugar mixture until completely combined. Drop spoonfuls onto a greased cookie sheet. Bake in oven that is preheated to 375 degrees. Bake until golden brown.

Hockey club *gears up for a new season*

Sebastian C. Lury
Special to the Critic

The Lyndon State Hockey Club is preparing to begin their 2008 campaign.

Though Lyndon State does not have a varsity hockey team, the college does have a hockey club that plays roughly 20 games per year. According to head coach Jonathan Davis, the team will play around 22 games this season.

The club is in the New England College Hockey Association Division II, a subset of the American College Hockey Association.

The club is primarily funded through the Student Government Association due to its non-varsity status. Davis says the club is "extremely appreciative" of all the support they receive from the SGA.

LSC hockey will take place in the Fenton W. Chester Arena, down the hill from the college. However, before beginning play there, the club has been traveling to Stanstead, Canada to practice and play scrimmages.

The reason for this is that the Fenton W. Chester Arena only has ice seasonally. The team will be moving from Canada to the Fenton W. Chester Arena beginning the week of Oct. 13.

The regular season begins on Sunday, Oct. 12, at the Thompson Arena in Hanover,

NH, as the LSC club matches up against the Dartmouth College Club team. LSC Hockey opens at home on Halloween, Oct. 31, against Daniel Webster. Davis says that if the club had any true rival, Daniel Webster would be it.

The club looks to make the playoffs for the fourth straight year. The previous three years, the club has been unsuccessful in advancing past the first round of the playoffs and hopes to reverse that trend this year.

The club does not consist only of players, but also include statisticians, announcers, first responders, and a variety of other positions. Also, players don't have to compete in games, but can join for the fun of hockey practice and scrimmages.

It is not too late to join the club, according to Davis. Davis recommends that those interested contact him via email, Jonathan.Davis@lsc.vsc.edu, or by phone 626-6419.

Davis is encouraged by the progress of returning players as well as the addition of new players and says that LSC will have a "great team this year." He also encourages students to continuously check the schedule at www.lyndonstate.edu/hockey.

There is no charge to LSC students for home games.

Where does your student activity fee go? *ask the SGA*

Aimee Lawton
Special to the Critic

If you ever wondered about how your \$94 student activity fee is used, you need not wonder any longer.

This fee, paid by every LSC student at the beginning of each consecutive school year is used to fund the many clubs and organizations offered on campus. Each year, a student activity fee budget is developed, and smaller budgets for the clubs are developed from there.

Half of the overall budget goes to the Student Government Association (SGA), who distributes the money to themselves and the other clubs. The other half is given to the Campus Activities

Board (CAB) to make bus trips, movies, guests, and their many other fun activities possible; both on and off campus.

You may now be asking yourself how a budget is determined for a club. Every year, each club makes specific requests for funding based on supplies and expenses that need to be paid for to keep them running. These requests are then reviewed by SGA representatives, and modified if necessary before the final budget is published.

Clubs are allowed to request additional money not specified within their budget if unforeseen expenses appear.

"Anyone can come to SGA meetings on Wednesday

nights and request money," President Andrew Chapin said, "You do not have to be part of a club, or a club that is published in the budget."

There are four clubs that have been added to the SGA since the budget was published at the beginning of the year: Rotaract, Students for Global Change, Assist, and the Lyndon Strikers. Even though these clubs do not have a set budget, they are still allowed to request funding at the meetings.

Chapin said that they take advantage of this opportunity. In addition to this, there are also scenarios in which requests for funding are made by individuals on a personal basis if they plan to host an event or activity that could

benefit others on campus. The money for these requests comes from a general fund containing money left over after budgets have been completed.

Of course, fundraising is always an option as well. All clubs are given several opportunities to host and participate in various fundraising events both on and off campus to earn their own money. Some clubs are also required to pay dues, which are used to pay for other things not listed within their budget.

"As far as club membership goes, we do not have exact numbers for you yet," Chapin said, "We are currently in the process of collecting this information."

Chapin said that it is

tough to obtain membership information at this point in the year because some clubs are seasonal, such as High Society, and have not yet kicked in to action. Since the budgets for clubs are developed before membership is counted, it is evident that the money is not distributed based on a membership ratio.

There are 23 clubs published in the budget for the current school year. The projected budget totaled \$200,000.00, while the requested budget totaled \$211,852.21. Aside from CAB and SGA, clubs such as hockey and AMS are receiving some of the greatest funding, while clubs such as RPC and LPC are receiving little to no funding at all.

U.S. debt affects you

*LSC prof:
Every child
\$175,000
in hole*

Ben Holbrook
Critic Editor

"The most important issue is that it matters to you."

That is how David Plazek, professor of social science, opened his lecture on national debt to students gathered in the Alexander Twilight Theater.

Plazek's presentation dealt with the issues of having a large national debt and how it affects everybody.

"I got sent to D.C. and got all schooled up on the national debt," Plazek said. For every new child, that child is immediately \$175,000 in debt, Plazek said.

The U.S. "Spends more on defense than all the other countries in the world combined," Plazek said.

Plazek explained the difference between a debt and a deficit.

A deficit is an unbalanced budget due to greater expenditures and less revenue.

A debt is an accumulation of deficits over time.

The nation's debt especially affects college students because "You can't have lower student interest rates on loans," Plazek said.

In order to address the problem, Plazek is offering students the chance to compete for cash prizes in a YouTube video contest.

The contest requires students to make a video that addresses the issue of national debt in a creative way.

It must also illustrate the problem clearly so that people understand what is going on, and offer solutions as to how to solve the issue.

"Power is about getting people or states to do things that they wouldn't otherwise do, Plazek said."

First place winners receive \$300, second place \$150 and third place \$50.

Plazek ended his lecture by challenging students to get involved because "Democracy only works if people are involved."

*Still hope
for student
loans at
Lyndon*

Derika Downing
Critic Staff

By now, just about everybody is familiar with the major economic crisis that has hit this country, but what effect has this problem had on student loans?

Tanya W. Bradley, LSC's director of financial aid, says the national deficit has affected student loans in two ways.

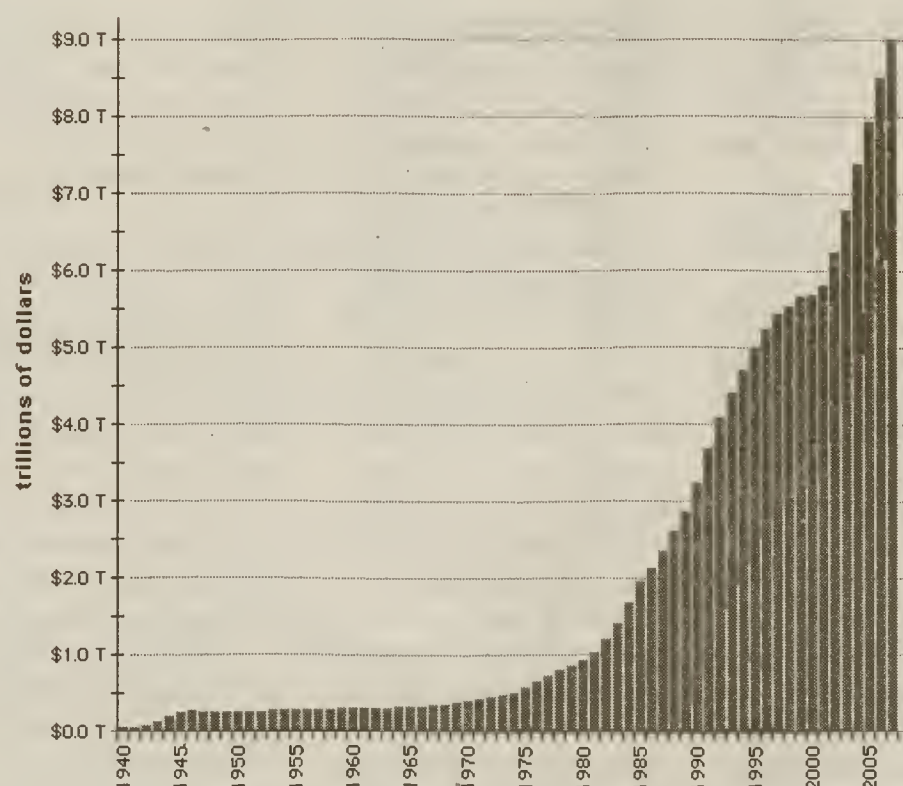
"In places like Pennsylvania, their state agency stopped processing federal student loans," Bradley said, "So schools have had to find other lenders or go to direct loans, like Stafford and Parent PLUS loans." These loans "cut out the middle man," i.e., the lenders and guarantee agencies.

"But that kind of national problem hasn't really hit Vermont," Bradley said, "Because VSAC [Vermont Student Assistance Corporation] has always been able to secure the funding for federal loan programs and alternative student loans.

"Because 90 percent of our loan volume is through VSAC, our students have at least been able to borrow through an entity that has the funding," Bradley said.

"The other piece that has affected our students is that lenders have raised the criterion for the FICO (Fair Isaac & Co) credit scores, a measurement of financial strength," Bradley said. "Many of our students have tried to use alternative loans in place of the parent loans because the parents have bad credit, and more of the loan burden falls on to the student."

Because of these setbacks, the student seeking financial aid often needs a co-signer, "somebody who is credit-worthy and who promises to pay the loan if the student defaults [is unable to pay the loan within an allotted amount of time]." Finding a reliable co-signer is one of the biggest problems for students in need of financial aid. "There's obviously a credit problem in this country," Bradley said.



National Debt from 1940 to Present

Source: U.S. National Debt Clock
http://www.brillig.com/debt_clock/

Where did the pond go?



The fountain is running a little low in front of HAC.

Photo by Eric Wayne

Eric Downing
Critic Staff

Last week, students may have noticed something odd about the pond in front of Stevens Dining Hall.

Fountain pond, as it's called because of the stream of water that shoots straight up in the middle of it, was looking a little low for a few weeks. The water level appeared to be approximately two feet below its normal depth.

"We're trying to save town water," Tom Archer, the director of physical plant, said.

In past years, the fountain had been filled continuously with water from the town. This year's deficit forced LSC to look for budget cuts, and supplying the fountain constantly seemed like an obvious choice.

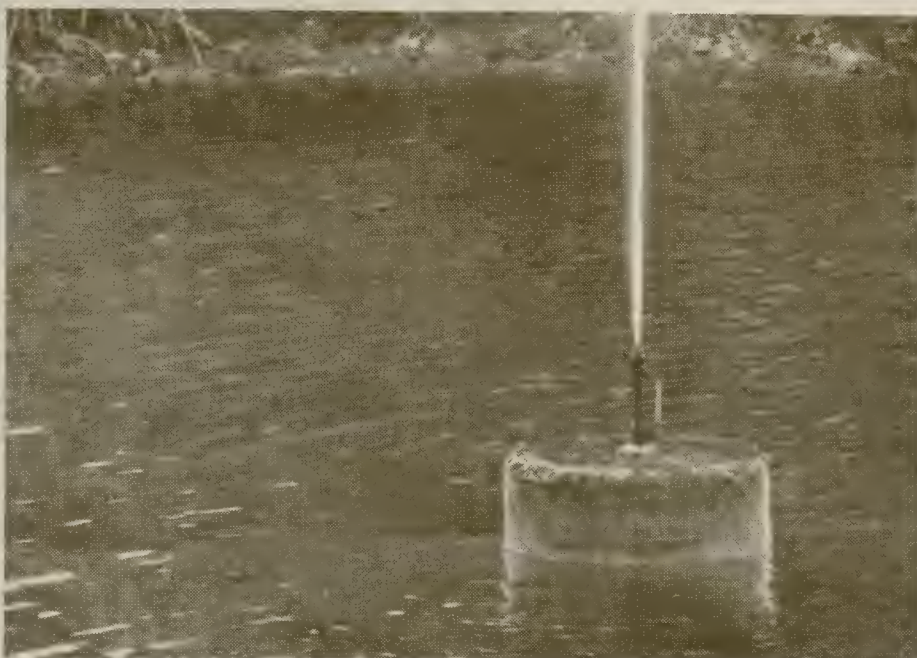
Currently, the fountain is on a monthly schedule to fill it. The foun-

tain itself does not supply water to the pond, but actually just re-circulates the water already in the pond.

Fountain pond's town water supply was turned off to "make sure we don't have any major leaks," Archer said.

Archer cited evaporation as playing a key role in the fountain's decline. Water shot into the air is much more likely to evaporate. The speed of the fountain's drop might suggest that there are holes in the liner underneath the pond.

If the fabric is indeed leaking, Archer said that it would have to be dug up and replaced. Students who look forward to seeing the "ice sculpture" the fountain forms in the wintertime shouldn't worry. Archer was positive that it would be seen again this winter, even if it may be a bit smaller. "It's a nice nostalgia thing," Archer said.



The difference is obvious because the spout is revealed.

Photo by Eric Wayne

Bellyqueen dance comes to Lyndon

By Heather Poginy
Special to the Critic

Bellyqueen Dance Theater, a world-renowned dance company, performed Sunday, October 5, in the Lyndon Institute auditorium.

The performance was fully loaded with Middle Eastern style belly dancing, incorporated with several different styles from ballet and jazz, to flamenco and hip hop. Most of the money collected from this event went to mirrors for the Catamount Arts new dance studio, and also to a non-profit organization that supports the education for girls in Pakistan and Afghanistan.

The company is comprised of 13 members from all around the world including, Belgium, France, Ukraine and Brooklyn, NY. They sport colorful and elaborate costumes that always reveal their midriffs in order

for their audience members to see the muscles and movements they make while dancing.

Alia Thabit, a part-time professor at Lyndon State College, is one of the members of the dance company and participated in the performance on Sunday night. She is well-trained in Middle Eastern dance styles and has performed in several parts of the world including Cairo, Egypt, Lebanon and Palestine's West Bank.

Thabit teaches dancing courses at Catamount Arts in St. Johnsbury every Wednesday from 6 p.m. to 7:30 p.m. The dance courses are for intermediate level dancers, and some previous dance experience is required.

The Lyndonville performance was part of a 10th anniversary tour which will continue for the rest of the week in Toronto, Chicago, Detroit, and New York.

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Photo by Eric Wayne

WWLR rocks indie revolution

College radio moves away from mainstream music

Steve Cormier
Special to the Critic

New music, both local and global, faces the challenge of trying to be heard and college radio is up to the task of giving it an audience.

At WWLR, Lyndon State College's radio station, student disc jockeys and faculty advisors alike are looking towards less mainstream music and more independent tunes to fill the airwaves.

"The role of college radio is not playing anything that's played on other commercial stations," said Paul Searls, indie music director at WWLR and assistant professor in the department of history at LSC.

Nick Phelan, music director at WWLR, agrees with the need to play music that's not getting playtime anywhere else. "Musicians that live off of crackers and ketchup packets because they aren't

on a major label, that's the kind of people that we want to play."

"I got here 4 years ago and it boggled my mind, the musical cowardice that was going on at the station," said Searls. "People were playing the same things that they heard on all the other stations in the area."

When Searls came to LSC and WWLR he began looking to create a more diversified music format. "It's been a slow long haul to really make the station do what college radio's mission is supposed to be, which is to play the 99.9 percent of music you don't hear on the commercial stations."

Phelan says the different students behind the mike with majors ranging from meteorology to television studies and business to environmental studies will help.

"We really like the idea of students coming in and playing whatever they want," Phelan said.

"That's college radio."

Looking to the community and playing music from local musicians is also important.

"We're trying to bring in some local and independent music and getting people into the mood of listening to music that no one's ever heard of and supporting local bands," Phelan said.

WWLR is putting on a Fall Music Series through November at LSC with new bands from Vermont and New York to try and get students involved, said Phelan. "Another reason we wanted to do that is because there is nothing to do on a Tuesday night."

Phelan says WWLR is also looking into the possibility of working with Vermont Public Radio and seeing how that could benefit the station, though any deal is still up in the air. "I think internships would be an awesome get," Phelan said.

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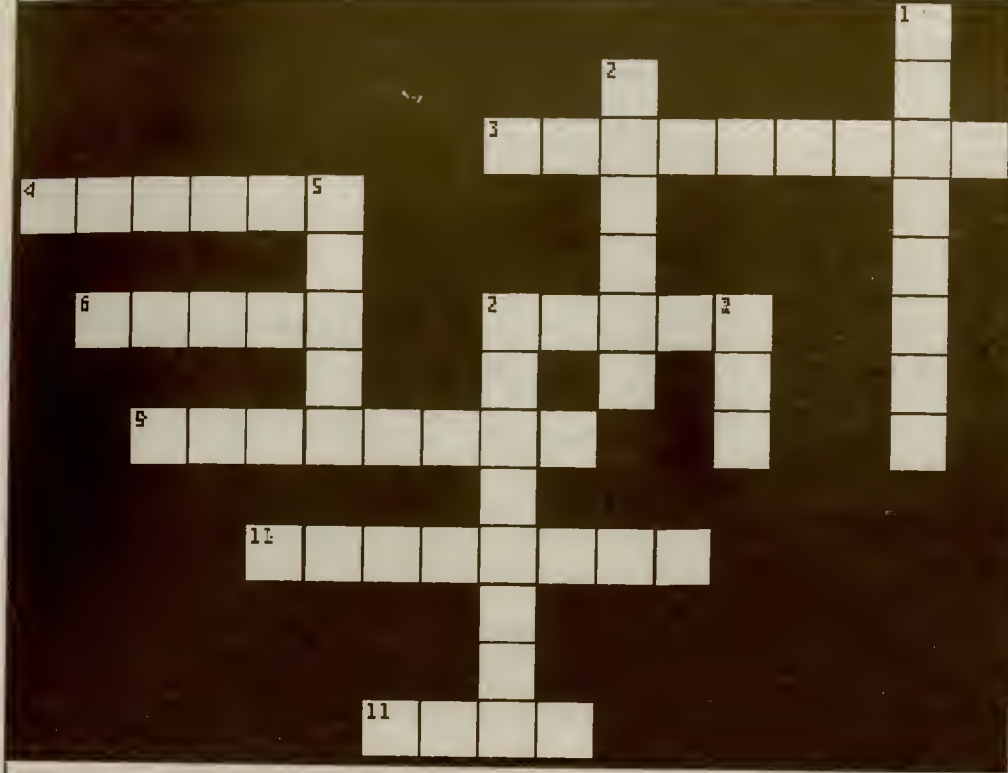
LARRY LEFRAIVRE

OWNER

Every day is a wacky weekday! Brought to you by the Overlord of fun!

SUN 10/12 Old Farmer's Day	MON 10/13 Nothing in Particular Day	TUE 10/14 Be Bald and Free Day	WED 10/15 White Cane Safety Day	THU 10/16 Bosses Day	FRI 10/17 Mulligan Day: Everyone deserves a do-over once in a while.	SAT 10/18 Sweetest Day: Also known as "Dentists' worst nightmare day."
SUN 10/19 Evaluate your Life Day: After 24 hours of bingeing on sweets, it's time to take a look at your situation.	MON 10/20 National Brandied Fruit Day: Yesterday's contemplation deserves to be rewarded a little.	TUE 10/21 Babbling day: This day was made for people like me who tend to go on and on and. . .	WED 10/22 National Nut Day: I've recently seen some people on CNN that we should celebrate today.	THU 10/23 TV Talk Show Host Day: Oprah, Colbert, King, our hats are off to you and the way you captivate readers.	FRI 10/24 United Nations Day	SAT 10/25 Punk for a Day Day

Divine Comedy: Richard Moye, this puzzle's for you!



ACROSS

3. After passing through Hell, Dante finds himself on this island.

4. This great poet is Dante's guide through much of the Comedy.

6. The lustful are tossed about in a continuous _____.

7. The fourth circle contains souls that were full of _____.

9. The entryway to the seventh circle is guarded by this monster.

10. These people inhabit the sixth circle.

11. The river that runs through the fifth circle.

Clues

DOWN

1. The three headed dog that guards the way into Hades.

2. The inhabitants of the bottom-most part of Hell are trapped because they are _____.

5. The other name for the first circle of Hell.

7. The third circle is reserved for those who are guilty of this sin.

8. The city of Hell.

Crossword by Eric Downing

Ask Esther! Advice columnist answers those "tough" questions!

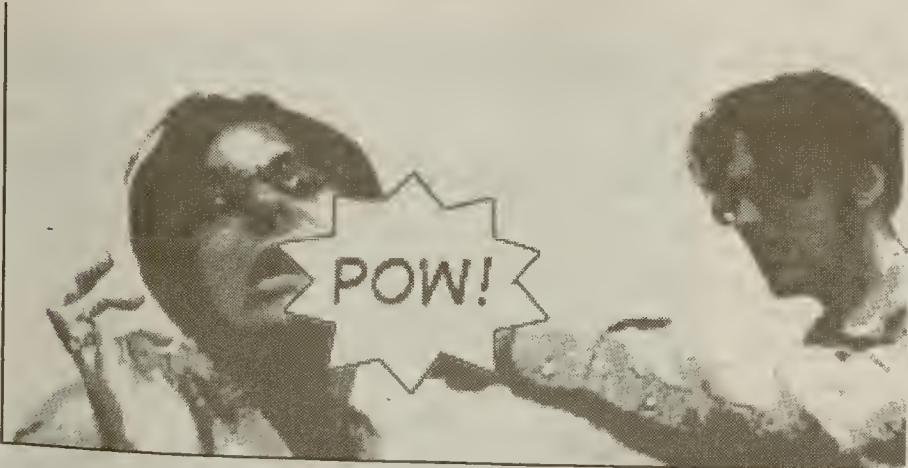
Dear Auntie Esther,
I'm afraid I must object rather strongly to the advice you gave Mr. Rupert Malroy regarding his chipmunk problem. I am a comfortably well-off gentleman myself, and I see no reason why a man of my stature should have to hob-knob with the commoners. If Mr. Malroy likes to sit on his patio and act like he owns the neighborhood, that's his business. It is not the responsibility of some possessed rodent to tell him how to live his social life. To Devil with the raggedy proles! I have no interest in sitting down to a paper plate of franks and beans with a bunch of peasants. And I'll be damned if I let some nosey little buck-toothed beast tell me what to do! Fear not the chipmunks, Rupert Malroy! You're far

above them on the food chain, and the socioeconomic class structure! It's time to find yourself a good exterminator to take care of those stripey-backed little rats. Or possibly an exorcist.
Mr. Elwyn Roger Nigel Merkerson-Hoverport III, Esq.

Dear Elwyn,
I'm always happy to receive constructive criticism from my readers. You're more than welcome to your opinion, though I am afraid I must respectfully disagree with you. I stand by the advice I gave Mr. Malroy. But thank-you for your input.

Auntie Esther is written by Derika Downing. We do not discriminate against submissions from any race, gender, political standing, or dimensional origins.

This week's comic: "Bad Overlord! No biscuit!"



Comic by Eric Downing

Sudoku Corner!					Level: Medium			
6	4		5		8			3
2			4			6		
						9		
4		8	1	7				9
	1	3			4			8
			3				6	
	2	4		6				7
								2
		7		2	3	1	4	

Created using javasudoku under the GNU free use license.

Do you like the new format? No, I haven't switched to a different program--yet. I just felt like being more neat and organized. Did you find this page to be more visually appealing? This week's wacky days were brought to you by Eric Downing and Joe Reedy. Layout by Eric Downing. All other credits are given in their respective regions. Do you like the "live action" comic? I'm thinking about putting them in regularly, as art has proven to not be my forte. Oh well. As always, you can find the answers at lyndonstate.edu/critic. Have a good week, my sweet readers!

Hornets score major upset over Norwich

Sam Monroe
Special to The Critic

It took the Lyndon State Men's soccer team 12 extra minutes, but the Hornets handed Norwich its first loss of the season on October 8 with a 2-1 win.

"It was real exciting," said Darren Roberge, a junior striker for the Hornets who scored the game-winning goal just two minutes into the second overtime period.

Norwich University struck first, scoring with more than 39 minutes remaining in the first half, and showing why they had yet to lose on the season. The rest of the game would prove to be very defensive.

Lyndon goalie Jeff Giroux made 10 stops, often stealing the show with aggressive and acrobatic saves; while the rest of his team played sound defense in front of him.

The half started to turn towards Lyndon's favor when a Norwich player was called for

offsides with 20 minutes left.

Lyndon had several good chances and made the best of it with two minutes to go in the half, when freshman Devin Bugbee was fouled inside the Norwich defensive end. On the free kick senior Kyle Hessler placed the ball perfectly between the goalkeeper's hands and the left post of the net, knotting the game at one a piece.

The second half proved to be too much like the first half with hard defensive play and the goalkeepers often stealing the show. Both teams had several scoring opportunities, and several shots that either went just high or just wide of a wide-open net.

With just over four minutes to play, Norwich University had a chance to put the game away when a player headed the ball in the direction of the net. It appeared as if it was going in until Lyndon goalie Jeff Giroux got his finger tips on it just enough to change its course, sending it

right over the top of the net. That would prove to be the best chance for either team in the second half as regulation play ended tied at one.

In the first overtime Giroux would have a similar save tipping this one as he fell to the ground changing the course of the ball once again, and forcing the ball to tip off of the cross bar and allow the game to continue.

A minute into the second overtime goalie Jeff Giroux drop kicked the ball about halfway down the field. A Norwich defender jumped up to head the ball but hit it in the wrong direction. This allowed for Lyndon's Darren Roberge to take it on a break-away and score the winning goal, sending the entire Lyndon team off the bench and into celebration frenzy.

The victory improved Lyndon State's record to 5-5 while the loss was Norwich's first knocking its record to 10-1-1.



Photo by Eric Wayne

Hornets goalie Jeff Giroux punts the ball upfield during the Hornets' game against Norwich last week. The Hornets won the game 2-1 in double overtime, handing the Cadets their first loss of the season.

Lyndon State Athletics adjusting well to North Atlantic Conference competition

By Andrew R. Koch
Sports Editor

Coming into this semester, the Hornets coaching staff knew that they were going to face a stiff challenge in the North Atlantic Conference. What they didn't know was how well some of the teams would adjust to competing in a new conference.

The Hornets soccer teams each earned their first conference wins last weekend, with the men scoring a 2-0 win at UMaine-Farmington, while the women earned a closely contested 1-0 win at Thomas College.

Despite having sub-.500 records in the NAC, both soc-

cer teams currently have .500 records overall, and are in good position to earn conference playoff bids. The women's team is in fifth place of the eight teams in the conference, while the men are sixth.

Wins in their final two conference games could help the teams host first round playoff games. To do that, they first have to get through Johnson State on Saturday.

"These are important games this weekend," Chris Ummer, director of athletics, said. "They're both in the mix. It just depends on how they play down the stretch."

Ummer said that since two of each soccer team's

final four games are conference play, they must win those games. He feels that each team has a good chance at finishing the year above .500.

The men's team is coming off a huge win last week against Norwich, a 2-1 double-overtime thriller. Ummer says that win should be a big help to the team.

"It's a big boost. It gives them a lot of momentum. They realized the level they can play at."

Ummer says that while the soccer and volleyball teams may have struggled early on in NAC play, his cross-country teams have done very well against their

conference competition. He said the men's team has beaten both conference opponents they've faced so far, and the women's team has only been beaten by Castleton up to this point in the season. Ummer is very confident about how his runners will do in the upcoming NAC Championships.

"I think the men will finish either first or second, and I fully expect Lyndsay (Calkins) to win the NAC championship," Ummer said.

As for Lyndon's coaching staff, opinions vary as to how well they'll do in their respective inaugural seasons in the NAC. Some teams did very well against NAC competi-

tion last year, when Lyndon was still in the USCAA.

"The coaches feel different about their teams. Some feel they can come in and be competitive right away. Some feel that they're going to have an uphill battle," Ummer said, adding that baseball and softball both did very well last spring against NAC teams. The baseball team went 4-1 against the NAC on their way to the USCAA National Championship.

Ummer says that Lyndon State can't wait to be good in the future. He feels the teams need to find ways to be competitive right away, because he believes the future is now.

What's the Buzz? The latest news on Hornet athletics

By Andrew R. Koch
Sports Editor

Lyndon State athletes continue to rake in the individual honors from the North Atlantic Conference. Two juniors earned conference Player of the Week honors in their respective sports for the week ending Oct. 12.

In men's soccer, junior striker Darren Roberge earned his third conference Player of the Week award. In two games last week, Roberge scored seven points (three goals, one assist), including the game-winning goal in double-overtime against previously undefeated Norwich.

Roberge also had a hand in both goals in the Hornets' first conference win of the season, recording a goal and an assist in a 2-0 win at UMaine-Farmington. Roberge leads the team in scoring with 20 points (nine goals, two assists).

In women's tennis, junior Ashley Dewhurst recorded a pair of singles wins and a doubles win. Dewhurst won her matches in No. 3 singles and No. 2 doubles last weekend as the Lady Hornets picked up their first win of the season at the Massachusetts College of Liberal Arts. Dewhurst also earned Lyndon State's only win in their

match against Plymouth State on Oct. 7.

On Oct. 14, Dewhurst won her match in straight sets against Johnson State. Dewhurst is now 6-2 in singles and 1-4 in doubles on the season. The Lady Hornets wrapped up the regular season by winning their last two matches. They finish the year with a 2-6 record.

As the air gets cooler and more crisp, fans on campus are turning their thoughts to basketball. The Hornets hoops teams began practicing earlier this week. The alumni basketball games have been scheduled for 1 & 3 p.m. Nov. 2.

Upcoming Athletic Events

Men's Soccer: 10/18, 3 p.m. vs. Johnson State*; 10/23, 3 p.m. vs. College of St. Joseph, 3 p.m.

Women's Soccer: 10/18, 1 p.m. vs. Johnson State*

Volleyball: Tri-Match, noon, 2 & 4 p.m. vs. Castleton State College & Paul Smith's College

Notes: Home soccer games held on field outside SHAPE wing. Home volleyball games held in Stannard Gymnasium. Game times subject to change.

THE CRITIC

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Volume 55, Number 6



LSC sophomore infiltrates movie business
page 4

Friday, October 24, 2008

LSC bandwidth is a bust

By Steve Cormier
Special to the Critic

Instant information is a thought that comes to mind when one thinks of the internet.

At Lyndon State College, especially during weekdays, people in the residence halls find their pages loading slowly.

"People don't think it's good because things like Facebook and YouTube don't load fast," said Tim Cappalli, Student Government Association vice president and member of the Advisory Committee for Information Technology.

"I always tell people there is no possible way we can provide the same service you're getting at home," said Michael Dente, chief technology officer.

Dente says that when students and faculty are at home they may have five to ten megabytes all to themselves. Meanwhile at school there are 30 megabytes to be used and shared by everyone on campus.

"It's extremely expensive to increase the bandwidth," said Dente. He added that when the school toyed with the idea of bringing three

megabytes of bandwidth to each individual student on campus the estimated cost went over \$200,000 a year compared to the \$30,000 a year the school pays now.

Dente said that is why students are allowed to purchase their own cable modems and have them installed if they feel that they'll require more bandwidth.

"If you really need 5 megabytes we really can't provide it, it's too much money and tuition would go up," Dente said.

In response LSC has begun shaping the bandwidth Dente said. "Shaping means we monitor and filter out things that could monopolize the entire bandwidth."

This includes stopping Peer to Peer file sharing. Dente says programs such as Napster and BitTorrent client are blocked because of the huge amount of bandwidth they take up. "These programs are made to capitalize on bandwidth," said Dente.

"Stuff like Peer to Peer they have to block by law and that's why LimeWire and stuff like that doesn't work," Cappalli said.

Along with blocking band-

width hogs LSC has also begun to monitor how its 30 megabytes of bandwidth are used. Before this year the majority of bandwidth went to academics and administration at the expense of residence halls.

"On the network the school's computers are the priority during the day so that everyone on YouTube is not slowing down the classrooms," said Cappalli.

"So what we put in place is that it should shift over so that the residence halls get the excess bandwidth on the weekends and at night," Dente said.

Now between 9 p.m. and 6 a.m. on weekdays and during the weekends almost all 30 megabytes will be going to the residence halls.

In terms of increasing bandwidth the school's contract is reviewed every 3 years and is due to be renegotiated next semester Dente says. Still, no matter how much bandwidth is available it will always be used up.

"If we get 100 megabytes, we'll be saying we need 200 megabytes and we would just keep getting more because we would consume whatever we got," Dente said.

Campus Activities Schedule

Friday Oct. 24

Battle of the Sexes

See who comes out on top!

9pm in the Student Center

Back East Movie Premier

@ 7pm in ATT

I Heart Snow Productions premier

Saturday Oct. 25

Salem, Massachusetts

Leave from Vail Parking Lot @ 9am

Sign up starts on October 20 in Rita Bole @ 9am

Seats are limited

Sunday Oct. 26

Stepbrothers

3pm In ATT

Fresh popped popcorn - \$1.00

Variety of sodas available

Monday Oct. 27

Presidential Student Debate

Come Hear fellow students debate about the hottest political topics!

8pm in Rita Bole Community Room

A Social will take place after with Food and Refreshments

Rock Climbing Wall

Every Monday 8-11 in the Bole Gym

No experience necessary! Any one can come!

Habitat for Humanity Interest Meeting

12:30p.m. LAC 341

Are you interested in bringing Habitat for Humanity to LSC?

Service Trip to Guatemala Informational Meeting

9PM LAC 414

Tuesday Oct. 28

Ricky Golden and Van Buren Boys

7pm in the Student Center

WWLR music series

Letter Policy

The Critic welcomes letters and opinions. All letters must include the author's phone number and address. The Critic will not publish letters until we have confirmed the authorship of the letter. The Critic reserves the right to edit comments. Please send your letters to:

critic@lyndonstate.edu

or

The Critic

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LSC will learn to burn
Wood that is

Photo by Joe Reedy

By Dave Lapham
Critic Staff

There are many motives causing the faculty and student body to evaluate the ways energy is being used on campus, especially with LSC's deficit.

Tom Archer, director of physical plant, and other faculty have been pushing to move away from Lyndon State College's boiler heating system in hopes that the college might be able to move towards woodchip heat.

Over the summer BERC (Biomass Energy Resource Center) came to Lyndon State College to assess whether or not it would be feasible to implement a biomass (woodchip) plant on campus.

The woodchip plant would be the central heating system that would heat 425,000 sq. ft. of Lyndon State's campus. At present LSC uses five boiler plants that are the main sources of heat.

"By putting in a biomass system we would be cutting oil consumption by some 190,000 gallons and using 3,100 tons of wood chips. This conversion would save the college money and we would become more sustainable as we would be cutting our dependence on foreign oil," Archer said.

LSC burns 220,000 gallons of oil and spends approximately \$800,000 on oil per year. If Lyndon State were able to switch from oil to biomass, the cost of chips would be priced at about \$ 60-70 a ton, which would work out to be approximately \$220,000 per year.

One study, according to Archer, has indicated that if Lyndon State spent \$4.5 million to build an en-

tirely new heating plant then the college could pay for the system in eight and a half years. Though there is excitement developing around obtaining renewable energy locally, there are some concerns.

"I am 1000 percent in favor of local energy generation but if we are going to harvest bio mass locally I would be concerned about the potential impact of adding such a large biomass consumer to our local resources," Dr Alison Lathrop, Geologist, and department chair for Natural Sciences said.

Dr. Ben Luce, Assistant professor of Physics at Lyndon State College served as President of New Mexico Solar Energy Association, and former chair and director of New Mexico's Coalition for Clean energy shares some of Lathrop's and Archer's sentiments regarding Biomass energy.

"I think it is fine that LSC develop some biomass heating, but we and the community at large need to also maximize use of the more intermittent but larger capacity renewable energy sources, Luce said."

Biomass is not necessarily the best source of renewable energy. "Photosynthesis is very inefficient which means that large areas need to be harvested and in fact much larger areas are needed compared to direct collection of solar energy," Luce said. "Therefore, biomass should be used in conjunction with more efficient renewables such as solar hot water collection so that the best attributes of biomass are used while environmental impacts are minimized."

There is no clear direction indicating a sound resolution to our energy problems.

"We know we have to do some-

thing. It is time to walk the talk," Archer said referring to the potential construction of the biomass plant. There are many possibilities for building the biomass plant, however, there has yet to be a decision concluding building plans. "Our goal is to run the entire heating system on woodchips, Archer said."

"One scenario would be to borrow 4-5 million dollars and have a biomass plant built and the second possibility being entertained is a company that sells biomass pellets coming in and building the plant with their money and staying in business by selling us the fuel," Archer said. "The outlay of money for construction of the plant is the chip supplier's responsibility."

Before making any final decisions, "there should be strong oversight and independent certification of environmental soundness," said Luce.

"Photovoltaics (solar electricity) is expanding incredibly quickly and the cost is coming down such that even heating with solar electricity as well as conventional solar thermal collection is likely to become economically widespread," said Luce.

"Electric heating with wind power is also looking promising in the longer term. Geothermal heat pumps are also a great way to heat with minimum use of electricity and biomass for heating. There are also photovoltaic-powered geothermal heat pumps in Vermont today," said Luce.

"The bottom line is biomass combined with other renewable is much more useful than just biomass alone," Luce said.

Oops...

The Indigenous open mic nights are limited to fifty people.

LSC Classifieds

Electronics

Xbox 360 halo 3 edition wired and wireless controller, 2 games: Halo 3, Rainbow Six Vegas 2 and Xbox 360 carrying case \$250 call Alex Spaulding 802-626-9941

Advertising is free for LSC students. The Critic reserves the right to reject any ads that are inappropriate or otherwise unfit for printing. critic@lyndonstate.edu.

LSC Classifieds

Sports equipment

156 Burton Caynon snowboard, Burton mission dark bindings, and Burton tribute boots \$150 call Alex Spaulding 802-626-9941

165' RIDE snowboard w/yellow Burton Bindings & Burton Boots. Also included: Burton snowboard bag for your board & all your gear. \$200 for everything, or Best Offer. Call Teresa @ 626-4852 or email tmw01090@lyndonstate.edu for pictures.

LSC is going greener

By Josiah Stewart
Critic staff

Lyndon State College is helping to conserve energy, but some believe that we could be doing more.

"The energy use on campus, in the form of electric, is close to half a million dollars a year," Tom Archer, director of the physical plant at LSC, said, "and so, to be greener, a big step would be cutting energy consumption."

LSC has already taken some steps to help conserve energy, such as the occupancy sensors that have been placed in many of the classrooms already. The occupancy sensors turn the lights on or off depending on whether or not someone is in the room.

"We have had to change the lighting program," Archer said. "We re-

placed the incandescent lights in the dorms with florescent lights, and that changes a 60 watt bulb down to a 13 watt bulb."

LSC's parking lot in front of Vail has also had some changes to its lighting.

"We now have more lighting at lower costs, we basically cut our energy consumption in half," Archer said.

"We went to LED lighting. We went from 275 watts over twenty-one poles, and we reduced that by two thirds," Archer said. "And that's

something that the students can be proud of, we are the first campus in Vermont to have LED parking lights, and it is a huge savings.

Archer is in charge of making sure that the college runs efficiently. He is also in charge of making sure that the boilers run effectively, "We make sure that they are running at 90 percent efficiency or higher," Archer said.

Archer also mentioned that the college has Efficiency Vermont working with them, "They are a non-profit organization that does energy audits, and they will partner with you, and even help pay for things," Archer said.

Other changes to lighting have been made all over campus, including in the gym and pool areas. Archer is also working to get occupancy sensors installed in those areas.

"We now have more lighting at lower costs, we basically cut our en-

ergy consumption in half," Archer said. "We have also brought ourselves up to NCAA standards, which, even when we had basketball games going in the gym, we never were, even with all the money we were spending."

Archer wants to get the students involved with helping to conserve energy on campus. "There are a couple of things that students can do to help out with conserving energy," Archer said. "They could maybe start with the hot water use in the dorms, maybe cutting the length of showers; another thing would be the thermostats. Students need to realize that opening windows in the dorms when it is cold out is the worst thing that they can do. We have the tools to help them out if their thermostats are acting up. We need to all start being responsible with the energy we use as cohabiters of this planet. We can all do our part."



See spooky stuff in Salem

Amanda Racine
Special to the Critic

Salem Massachusetts is widely known as one of the most haunted places in New England.

All year long it host events that seem to be pulled from the tales of Halloween. Salem is known as the site of the Salem witch trials where people were tried and executed as witches.

October 25 Lyndon State is going to be there. CAB is hosting a day trip to

Salem, Mass. Just in time for Halloween.

Salem is full of different creepy and haunted places to visit. One of them is the witch house, the home of the witch trial Judge Jonathan Corwin. This house is the only structure still standing that is from the Witch trials of 1692. Judge Corwin was the first called to investigate the allegations.

The Witch trials are one of Salem's biggest attractions. Of course, there are so many attractions it would take more than a day to see them all. . .

Things to see in Salem

- 1) The Witch House- 310 Essex Street
- 2) Count Orlik's Nightmare Gallery-285 Derby Street
- 3) The House of Seven Gables - 54 Turner Street
- 4) The Nightmare Factory-2 East India Square, Museum Place Mall
- 5) Salem Wax Museum- 288 Derby Street
- 6) Salem Witch Museum-19 1/2 Washington Square North
- 7) Salem's thirteen ghosts-131 Essex Street
- 8) Salem Witch Village-282 Derby Street
- 9) Salem Marketplace -Adjacent to Old Town Hall (32 Derby Square)
- 10) Schooner Fame -Pickering Wharf Marina

CAB organizes the trips so transportation is free but students have to pay the rest! The bus leaves the Vail parking lot at 9:00 a.m. and will be arriving in Salem at about 12:30. The bus will leave Salem at 7:00 p.m. and be back on campus around 10:30 p.m.

GSA is for everyone

By: Tori Loyer
Special to the Critic

She walks through the hallway everyday with her head down looking at her feet. She's afraid someone will say something to her about being gay.

That's what many Gay, Lesbian, Bisexual, and Trans-gendered students do everyday. They are afraid someone will say something derogatory to them. It's not just in high school; even in college things don't always change.

"I chose to come here because there *was* a GSA," said Chris Barlow, a freshman computer science major from Massachusetts and house representative for the Gay Straight Alliance.

LSC's Gay Straight Alliance works to prevent hostile situations on campus by reaching out to as many students as possible, gay or

straight.

"LSC is way more accepting than my high school was," Barlow said. "There are still some issues here, but it was worse in high school."

Many people wait until they go to college to come out because they are starting a new chapter in their lives. Those who are scared to come out often search campuses for safe places and people to go to.

"They are all over the place," Barlow said about safe places on campus. "Just look at the professors office doors, there are Safe Space Triangles all over."

"The GSA acts as a gathering place," Barlow said. LSC's GSA meets every Wednesday night at 6:30 p.m. "It's a support group; you don't need to need help to go. You can just go to have fun."

Last day to drop classes Friday October 24

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LSC student shreds the big screen



Ian Post filming the making of Back East.

Kriston Hall
Special to the Critic

Snowboarding is a huge draw for a lot of people in the Northeast Kingdom.

Some of these shred happy boarders have been taking their love affair with snow to a whole new level.

LSC sophomore Ian Post is on a 17 stop tour (this being the 11th) for his third snowboarding film with stops all over the east coast and even a detour to

Colorado.

"I've always been really into snowboarding," Post said. "I just bought a little camera and started doing it."

Then I started getting really into it, met up with some guys from Mass and New Hampshire and started filming with those kids," Post said.

That filming later turned into a production company called *I heart Snow productions*.

Post is one of the riders spearheading a movement to gain national recog-

nition for NEK talent.

Back East is a half hour of power house boarding that took nearly 40 hours of filming with 24 riders who are showing the rest of the country what they can do. Shooting for the film took place at areas including Burke, Loon, Waterville Valley, Okemo, Stratton, Mount Snow as well as countless off Mountain locations like urban rails and back yard set ups.

As for the riders, they're pretty spread out too. Vermont, New Hamp-

shire, Rhode Island and Massachusetts are on the roster with five LSC students rounding off the cast.

The Back East premiere is set to start at eight on Friday but Post urges people to be there early, the doors open at 7 p.m.

"There's a bunch of free stuff to give out and we've got a few people selling stuff," Post said.

Courtesy of Ian Post



Photo by Kriston Hall

Outing club: Can you jam it?

Kriston Hall
Special to the Critic

The LSC Outing Club recently sponsored a rail jam at the ski hill in Lyndonville.

The competition was in true jam format with riders and skiers alike hitting the three objects (jibs) as many times as they could before the end of the day. The jibs were your average ten foot flat

box, a wide flat rail and an increasingly more popular plastic drain pipe.

The Outing Club had to truck in ice shavings from the hockey rink in Waterbury to put snow down for the run ins' to the jibs. The landings on the other hand were more mud than anything and all the participants were good and dirty by the time it was all over.

The scoring pretty much went out the

window. Normally at rail jams the judges watch for consistency and ability over the course of many attempts. In this case however the top prize (a nice new set of snowboard binding) was awarded to the winner based on a game of P.I.G. with Sophomore Ryan Hryckiewicz taking it home with tricks including a 270 on to board slide with a 270 out.

"I was pretty stoked to win the bind-

ings, I won a board at the Okemo jam a week ago," Hryckiewicz said "It's nice to get a new setup."

A 270 in or out is spinning into a rail as you would to grind or "ride" it and then another 180 degrees, a half rotation.

There was also a DJ and live music during most of the competition and a mini-ramp for everyone who brought their skateboards.

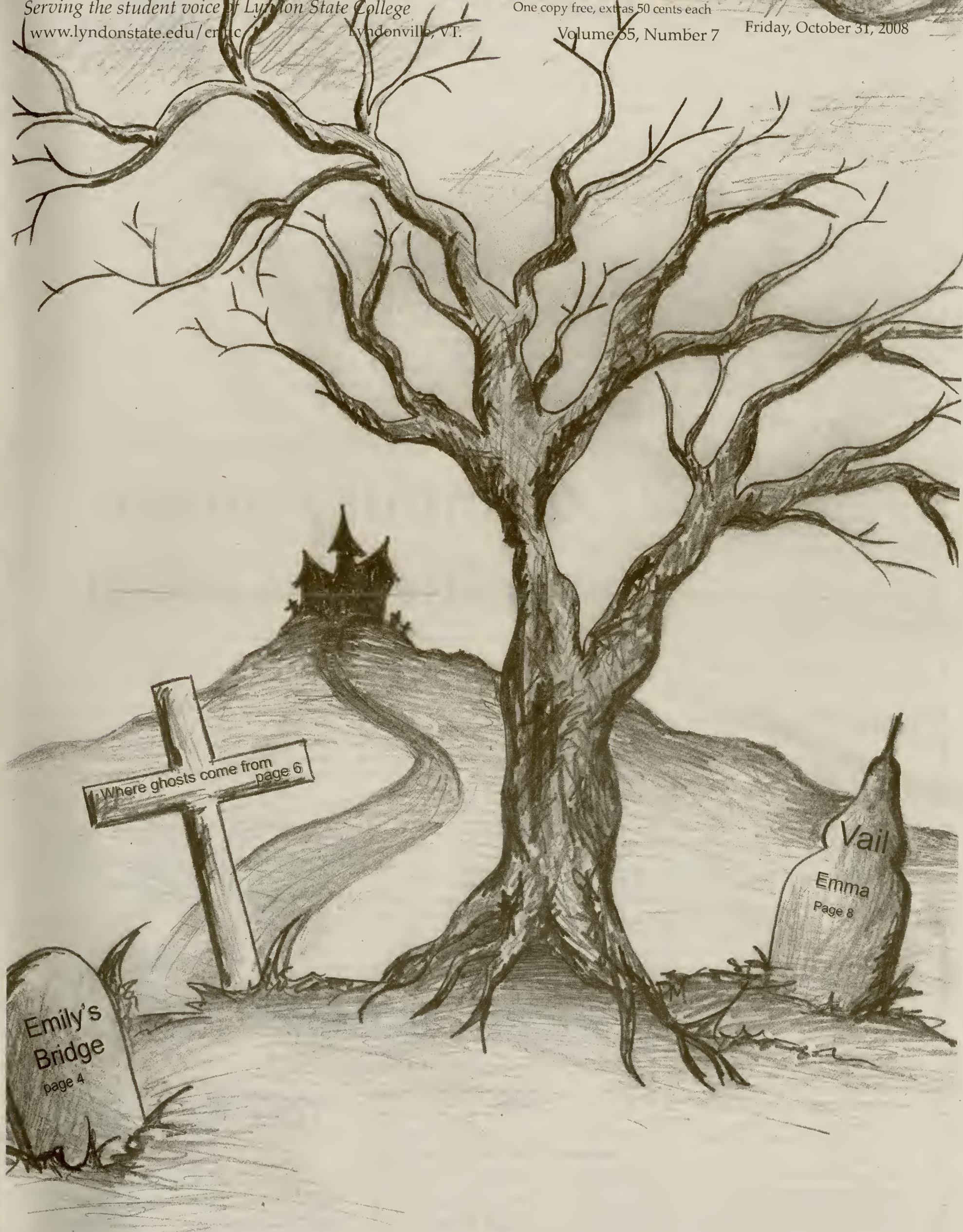
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Volume 35, Number 7

Friday, October 31, 2008



Campus Activities Schedule

Friday Oct. 31

Halloween Party 9 p.m.
Student Center

Saturday Nov. 1

Burlington Bus Trip
Bus leaves Vail Parking Lot at 9 a.m.
Sign up in the Student Life Office

Sunday Nov. 2

Northeast Kingdom Community Orchestra 1 p.m.
ATT

Monday Nov. 3

Rock Climbing Wall 8-11 p.m.
Bole Gym

Tuesday Nov. 4

Election Day

Wednesday Nov. 5

SGA Town Hall Meeting 7 p.m.
Student Center

Letter Policy

The Critic welcomes letters and opinions. All letters must include the author's phone number and address. The Critic will not publish letters until we have confirmed the authorship of the letter. The Critic reserves the right to edit comments. Please send your letters to:

critic@lyndonstate.edu
or
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No SAT's at LSC

By Eric Downing
Critic Staff

Students applying to Lyndon State College have the option of simply throwing their SAT scores out the window.

Applicants to LSC can choose to not have their SAT test results looked at if they feel that their scores could hurt them in the application process.

Patricia Krahnke, dean of admissions and marketing, defends LSC's SAT-optional policy, explaining that a lot of the students come from more rural areas, and that some of them are first generation, low-income college students.

"Success on the SATs is very often driven by economy," Krahnke said.

Krahnke explained that wealthier students get more coaching on SATs. These students can enroll in expensive SAT programs such as the Kaplan program.

"Any student that doesn't have access to that is not going to do as

well," Krahnke said.

Krahnke pointed out that each time a student takes the SAT it costs money. With some families, "that's meals on the table," Krahnke said. Krahnke also said that SATs aren't a good predictor of success in college.

If admissions doesn't look at SAT scores in some cases, then what do they use?

"We look at the whole person," Krahnke said. This means that admissions looks at high school transcripts and other factors.

Sometimes even the high school transcripts aren't what get a student accepted.

Krahnke said that a phone call from a guidance counselor can sometimes help out a student with bad grades. She explained that this can happen when a student has a very tough home life and isn't able to attend classes or might not have time to do homework because of a bad situation that isn't the student's fault.

Students with good scores need

not worry that their SATs are obsolete.

"They can help you, here," Krahnke said. SAT scores can only aid in getting accepted to LSC.

As for opposition to the policy, Krahnke says that most of it comes from students who think the policy will allow students who aren't really ready for college to enroll.

"There really isn't much opposition in the faculty," Krahnke said. She also said that most of the people that oppose the policy haven't done adequate research on the subject, and invites them to do so.

Krahnke said that LSC is actually ahead of a national trend with its SAT-optional policy. California, for example, has been talking about adopting this policy.

Whether or not their SAT scores were factored in their admission to LSC, Krahnke believes that every one of the students in her INT-1020 class has the ability to take on all their courses.

"Lots of students here are outstanding students," Krahnke said.

Campus climate committee on the rise

By Josiah Stewart
Critic Staff

Lyndon State College wishes to get students involved with a little known group on campus called, The Campus Climate Committee.

Kate Gold, a student success specialist at LSC, is one of the staff members involved with the committee, and has been co-coordinator for one year.

"I am one of the members of the committee and also the co-coordinator of the code 311 policy with Jonathan Davis which basically investigates any reports of sexual misconduct, and any reports of sexual harassment on campus," Gold said.

The committee is not very well known on campus and Gold is working along with other members of the committee to change that. "The campus climate com-

mittee pretty much went dormant after Leo Sevigny. We no longer had an Associate Dean of Life," Gold said, "and it went underground for about a year, until we were able to resuscitate it, and that is what we are trying to do, because I think it is important that it is out there."

Gold says they want to be more involved in co-sponsoring events that are beneficial to the campus community, so partnering on events is something that they like to do.

Gold also mentioned that right now the graphic design club is working on a design logo for the committee so that they can be more visible to the students. "We are working on trying to have a respectable and friendly environment that everybody feels comfortable in, and everyone feels welcome in," Gold said.

Gold mentioned that the pol-

icy in the past has been about civility and respect, and that they would like to revive this as well.

The Campus Climate Committee also has a group of investigators whose job is to gather information and conduct interviews to try and determine the truth about a situation.

"There are three students on the committee this year, and we have already gotten together once this semester to discuss issues. There are also three faculty and two other staff besides myself," Gold said.

"I think a lot of the time people don't know what is happening because the incidences are taken care of pretty quickly. Gold said that she is glad that there have not been any incidences in the year that she has been co-coordinator.

Oops...

In issue six, the Outing club was incorrectly given credit for hosting the rail jam. It was by the Lyndon Outing Club which is not affiliated with LSC.

Your Classified Here

All classifieds are free for LSC students



Cooking with Cook for Halloween

Gwen Cook
Cooking Columnist

I personally think that Halloween is the absolute best time to cook. This is especially true for beginners. Any thing you make will turn out amazing. Even if you mess it up horribly. Halloween dishes are supposed to look scary and unappetizing.

So feel free to burn the food then make up a gross name for it and dare people to try it. If you're trying to make something pink and smooth and it turns out brown and lumpy, tell them its cat feces and then laugh at their faces. Be creative with covering up your mistakes.

Mummy dogs

Ingredients-

1 can of breadstick dough
1 package of hotdogs

Directions-

Separate the breadstick dough and cut each in half lengthwise. Wrap the dough around the hotdogs in a mummy fashion. Leave a space on one end to be the head of your mummy. If you want you can even make two dots of ketchup or mustard on the head of the mummy to make eyes. Cook in the oven at 350 degrees for 10-15 minutes.

Dead man's hands

Ingredients-

1 jug of fruit punch
6-8 plastic gloves
Twisty ties

Directions-

Fill a glove with fruit punch. Twist the glove up and tie it up with the twisty ties. Repeat with other gloves. Freeze overnight. When you're ready to use them take them out of the freezer and carefully remove the plastic the ice. Place in a bowl of juice or punch. If you're feeling particularly festive you can add a couple gummy worms to your punch.

Dirt Cake

Ingredients-

1 medium flower pot
10 gummy worms
1 garden shovel
1 package of Oreos, crushed
2 packages of chocolate pudding mix

3 cups of milk

½ cup butter, softened
1 package of cream cheese, 8 ounces
1 tsp vanilla
1 tub of Cool Whip
1 cup of powdered sugar

Directions-

Mix butter, cream cheese, powdered sugar and vanilla together until creamy. In a separate container combine the pudding mix and the milk with a wire whisk until its pudding like in consistency. Mix in the Cool Whip with the pudding. Fold in the cream cheese mixture with the pudding. In the flower pot layer the cookie crumbs and the pudding alternately until they run out or the pot is full. Top with remaining cookie crumbs. Refrigerate over night. Add the gummy worms on top before serving. Dish out the cake with the garden shovel.

Socialism: is it a good idea?

It's about time the United States embraced a little change

Derika Downing
Critic Staff

This past Friday afternoon, there was a lecture given about socialism in the Rita Bole community room. The speaker was a strong advocate of socialism, albeit not a naïve idealist, believing that if the working people really came together and took a firm stance against the rich upper class folks, we might eventually be able to develop a socialist system of government in this country, one in which the hardworking people were granted real justice and we might finally gain true equality amongst all Americans.

He said he knew this would be a long, difficult struggle, but in the end the payoff would really be worth it. And it makes me wonder, will America ever be ready for a socialist society in which poverty and the class system would be eliminated?

I know I personally think that health care should be free to all Americans, and that making the deeply impoverished pay the same amount of money as more well-to-do people for costly but lifesaving surgery is wrong. I also believe that college should be free to all who want it, especially considering how vitally important a college education is to getting a good job these days.

Of course, the payment for universal health care and college would have to come from taxes, but obviously the wealthy would shoulder most of that burden, because well, why shouldn't they? It makes sense to me that those who have more should give more. I know that some of these rich people think that there should be a "flat tax" for all Americans, that they shouldn't have to pay a higher percentage of their annual income than those

who are less well-off, and I realize that even paying the same percentage of their income as a poor person would pay still equals more money, but I think that some people really do have more money than any one person or household needs, and that they owe it to their fellow Americans who don't have what they have to make things a little easier for them.

I do not see it as "free-loading," not when we're talking about "lower class" people who go to their jobs and pay their taxes; those people deserve a break.

On the other hand, I can see how difficult it would be to implement such a system, given the obvious resistance that would be met from the wealthy, many of whom would continue to see it as unfair to them and who would resent being forced into giving "charity" to people who they think just aren't working hard enough to make a lot of money.

It has been ingrained into our brains that capitalism is a vital aspect of democracy, and people who make (or inherit) exorbitant amounts of money may very well think that they deserve to use all this money for themselves, and that being made to share it would be a violation of their individual rights. This may be selfish of them, but getting them to shake this belief would not be any easy task by any means.

Not that I'm saying we should just give up on trying to convince the wealthy that they do have some obligation to those who have been less fortunate than they have, and I think someday, whether by evolution or revolution (unfortunately it would probably have to be the latter rather than the former), we could achieve this improved system of government.

Of course, there would need

to be a system of checks and balances in place to make sure the rich people don't try to take over these institutions (higher education and health care) that they are essentially paying for, but if this system went on successfully for long enough, we might be able to close the gap between rich and poor so much that there wouldn't really be a "rich" versus a "poor" and everyone would be paying a relatively equal amount of taxes to keep these vital services running. Of course, there's really no one perfect system of government, and there's always the chance that this particular system, if attempted in this country, might not actually work. It seems to be working fine in Canada, and has been for some time, but no one really knows the future.

Who knows—it may even be possible to put more checks and balances into place in our current capitalist system, to lessen the gap between rich and poor and force businesses to behave more ethically with regards to both their employees and their customers. This is somewhat unlikely, though, when you consider how powerful many of these businesses are, and how deeply our allegedly democratic government is in their pockets.

I won't pretend to be an expert in political science; indeed I'm far from it. But I can see that the direction we're headed in now is not a good one. Maybe it's just one of many low periods in an endless cycle of high and low epochs in the history of this country, and there's nothing we can do about it, and maybe there is no "happily ever after" in store for us even if we do retool our faulty system, but we can't really be sure until we've tried something different.

Letter to the Editor: Where is my music?

John Hickey

Has this ever happened to you? You are driving back to school from somewhere a good distance away (home perhaps) and the tunes you have in your car just aren't cutting it. But, you suddenly remember that you are within range of the Lyndon State radio station signal. In fact, the Impulse 91.5 can be picked up soon after coming through Franconia Notch. You flip on the station, hoping to hear some music and you

are instead met with the voice of Eric Berry broadcasting the area's local high school sports events.

Berry and NEK sports net have cut a deal with the Impulse. He gives the Impulse a sum of money so that his broadcast can be put over the Impulse's radio frequency. Does this seem right to you? A college radio station frequency has been bought out so that high school sports can be aired instead. I thought it was wrong so I did some investigating into the matter.

I polled various people around campus with a simple survey. The survey asked if the listener tuned into the Impulse for music, sports, both, or neither. By a majority, 58% of people said they only tuned into the Impulse for music. Only 12% said they listened to both music and sports. No one that was polled said they only tuned into the sports broadcasts. An interesting portion of the poll found that 30% of the people don't even bother listening to the Impulse. While

some said that they chose not to listen because they didn't care for the music of choice; numerous people cited the sports broadcasts as a point of concern.

These broadcasts occur during near peak times for people to be on the road (starting in and around the 7PM hour). I'm sorry but being from Massachusetts, I'd much rather hear some music than some local high school sports.

On top of all of this, DJ's at the Impulse have one two hour time slot per week

(3 hour slot on the weekend). If their show occurs during the broadcast, they don't get to go on air for the week. They are simply out of luck.

DJ's at the station generally like what they do, and people seem to like what DJ's do best (play music of course). Which begs the question; why does the Impulse even bother putting these sports broadcasts over their airwaves anyways? Besides, all the games can be streamed at www.neksports.net.



LSC students experience: *Emily's Bridge*

Rachel Keller
Special to the Critic

In the year 1844, a bridge was built in the town of Stowe, Vermont just about sixty miles from the LSC campus. Designer John Smith (yes, that was his real name) created this bridge so passengers could safely travel over Stowe's Gold Brook. However, about ten years later, the bridge was used for another reason: suicide.

To many, this bridge is known as Emily's Bridge. Legend has it that roughly 150 years ago, a distraught woman named Emily hung herself from the rafters of this bridge. The most commonly agreed upon theory is that Emily ran away to meet her lover against her parents' will, and when he didn't show up, out of despair and heartbreak she took her own life. There was a woman who claimed to have made up the story in the 1970s to scare her children, but that theory is much less entertaining and much less spooky.

On October 27, at approximately 10:15p.m., four friends and I traveled the 60 miles, in the rain, half terrified and half curious, to the famous bridge. What was the biggest worry?

"If something goes medically wrong," said freshman Erik Randolv, "then I'll be worried." Emily has been known to scratch cars and intruders on her bridge, and it was the general feeling with all of us that if anything physically happened, we were going to get out fast.

Arriving at the bridge at about 11:30pm, it was evident that we were all a bit shaken already, as it was hard for some of us even to get out of the car. After deciding to leave the car on so the headlights could shine on the bridge, we joined hands and to-

gether walked underneath the rafters that very well could have been the death place of this girl, Emily. People who have studied Emily's Bridge say that she "appears" between the hours of 12am and 2am. Being that it was before midnight, we felt fairly safe, and took pictures in hopes to capture the bridge at a certainly scary time of the day and year. On our way to this location we stopped at a local Stowe gas station to calm our nerves, and on our way home we did the same. The cashier told us that between the time we had left the store and the time we returned, she phoned her husband to look in their book of folklore to see when the anniversary of Emily's death is. October 29 was the information she gave to us. This information was unknown to us at the time, but once we found out, we were glad we were not there two days later.

At about 11:55pm, we felt we had enough pictures and were ready to get back in the car to review the pictures we had taken. In so many words, freshman Ben Sisskind claimed to have been so scared that he involuntarily performed a bodily function in his shorts as a reaction to hanging around the bridge for about 20 minutes. Freshman Kristen Kellogg and I seemed to agree that we felt "indifferent," and curious to see more.

Approaching the car, freshman Craig Johnson shouted, "guys, the radio is turned off." The panic of his voice was recorded on the hand-held recorder Kristen brought along and playing it back, one can hear the worry in all of our voices asking him: "What do you mean? Why is it off?" We had left the radio in the car on so we wouldn't enter a silent car, and the button that essentially pauses the radio had been pressed, not by any one of us, as we were together the entire time. Blood pressures rising, we

ran to the vehicle and noticed that the back left door was opened. I distinctly recalled shutting it so the rain would not get into the car, yet it was opened, and no dome lights in the car were on.

Psychology professor Margaret Sherrer explains that fear is "an emotion or a feeling state, a powerful state of arousal that warns us of a perceived danger or threat. From a biological standpoint, fear aids our survival by mobilizing us to act quickly and decisively to move out of harm's way." No doubt the five of us experienced an extreme case of fear, and it was only about to heighten.

12:02am. We were then officially within the hours of Emily's "appearances." Suddenly and simultaneously, we all heard a sort of screech or high pitched moan and see a figure float in front of the car's headlights. Was this a figment of our imagination? "I can't verify exactly what you and your friends observed on Emily's Bridge the other night, but it does sound like your internal alarm systems were set to go off at the slightest perception of danger," comments Sherrer.

After these encounters, it is hard to say whether or not I believe that Emily's Bridge is indeed haunted by Emily's ghost. As soon as the moan was heard, we left in a hurry and didn't turn back. It's fair to say that if we had stayed longer more might have happened. As for me, I don't plan on returning to this location for a long time, and I don't encourage anyone else attending either. After feeling ill and tension beyond belief, I would never wish these possible side effects from fear on anyone else. It was an experience I will never forget, and one I do not plan on experiencing again.

Outside the Box is getting out of the box

Aimee Lawton
Special to the Critic

Is there really a difference between a "club" and a "group?"

Some may think so. Outside the Box, a club devoted to the art of graphic design, is pushing to be referred to as a group rather than a club in an attempt to sound more professional,

and to be viewed on a higher standard.

This could be because Outside the Box gives its members opportunities to create professional design projects for actual clients. These projects are taken very seriously, as if being done for a company outside of the college campus.

"Different clients come to us wanting a logo or

poster, and give us an idea of what they are looking for," said Katrina Ploof, club secretary. Using their idea as a guideline, each member will work on a design, and then send those designs to the client to get their feedback.

"If they don't like what we have done, we'll try again," Ploof said. Some of the clubs past clients have

included AMS, and the environmental club.

Ploof also said that Outside the Box offers great practice for anyone pursuing a career in graphic design.

It's good practice for working directly with clients, and working within the parameters of what they want Ploof said. She said that it's also good practice

for meeting project deadlines.

Outside the Box meets every Thursday from 12:30 to 1:30 in HAC 125. With just six official members, it is open to anyone who wants to be involved. New members, as well as client offers, are always welcome.

LSC student brings real life experience to music department

David Lapham
Critic Staff

Michael Olmstead, music major at Lyndon State College and drummer for Newport's own Coventry Rhode brings real life experience to Lyndon State College's flourishing Music program

On Saturday, October 23, Coventry Rhode was one of 4 bands to compete at the battle of the bands contest hosted by local rock band Hat Trick at the Stadium on Portland Street in St. Johnsbury.

Each of the four bands that performed essentially played cover songs, except Coventry Rhode, who played all originals. In their movement for freshness Coventry Rhode brings to the North East Kingdom a different

sound of rock music.

"We play Northern Rock, and focus mainly on originals, which include a wide variety of sounds and incorporates many different genres in our music," said Olmstead.

The music program at Lyndon State has been useful for Mike as an aspiring musician. "As a drummer learning more about theory has helped me the most," said Olmstead. "The program has also given me multiple opportunities to interact with high level musicians."

Over the summer Olmstead got a great opportunity to get involved with a high-end production staff at the West Hollywood Troubadour Club. During his Hollywood trip he got the chance to work with prolific musicians such

as James Taylor, Carol King and the Sections.

As Lyndon State's music program seeks to branch out into other realms of music business the college has added a new Music business Industry (MBI) major created in 2007. The program engages students to explore their musical passion in terms of profitable business opportunities.

The MBI program is, "purely in its infancy, the students that are in the current semester have helped to design the program, which gives them a unique opportunity because they are able to give their opinions about things they are interested in regarding the music industry," Britt Moore, adjunct professor and audio engineer said. "Right now the students

are as vital as the faculty for designing the program."

Scott Mooney, an MBI major and LSC junior is excited about the program because, "this program gives us the opportunity to grab the bull by the horns," Moody said.

Lyndon State junior and MBI major Chris Arsenault is excited about potential career opportunities that would otherwise not have been offered to him if the MBI program had not been created.

"For once in all my schooling years I actually feel like I have a future lying ahead of me after I graduate," Arsenault said.

Arsenault was a meteorology major before deciding to switch degree programs. "I was a met major for my par-

ents, when the MBI program came along I had to follow my dreams and that is to become a music producer," Arsenault said.

As the MBI program is being shaped its students and faculty are the programs life's blood; the program's future will be determined by the effort of its members.

"Realistically I would like the program to be a place where talent that might be stuck in a rural area to get out into the industry and become successful in an industry that is predominate in metropolitan areas. The way we are doing that is forming relationships with recording facilities and post production facilities that are in big cities like Los Angeles and New York," Moore said.

Students voice their political opinion



I'm going to vote for Obama. I'm not really big on politics but Obama can bring the change that we need."

Alejandra Leonard, senior TVS major



"I'm going to vote for Obama because he is more professional and well spoken."

Dave Daly, sophomore music business major



"I'm going to vote for McCain because his choice of Sarah Palin was brilliant. It is also a plus that she (Palin) is gorgeous."

Nate Hamilton, sophomore business administration



I voted for Nader because a vote for Obama or McCain is a waste. Connecticut is really blue and so my vote was for a third party."

Todd Lanouette, senior meteorology major

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WHERE DO GHOST STORIES COME FROM?

About 30 years ago English Professor Alan Boye began collecting stories from people who claimed to have seen a ghost. His research into the folklore of ghost stories and haunted buildings resulted in his best-selling book "A Guide to the Ghosts of Lincoln." The following is excerpted from the introduction to that book.

For hundreds, perhaps even thousands of years there have been reports of human and animal shapes passing through the air, through walls and vanishing like wisps of smoke.

The history of the ghost story might be as old as human history itself. Perhaps the strange figures carved into the rocks and caves by the people of ancient civilizations were the records of apparitions etched alongside the stories of great hunts and other important events. The oral traditions of indigenous people all over the world include stories of the spirits that surround us.

In the 1700s several famous hauntings were recorded in diaries and letters. One of the earliest ghost stories was written in 1704 by Daniel Defoe, the man who wrote *Robinson Crusoe*. (Defoe's story is called "The True Relation of the Apparition of One Mrs. Veal.")

By the 1800s the fame of many "haunted houses" began to appear in the popular literature of the age. In the Romantic Age of that century nothing fired the imagination like a good ghost story. Edgar Allen Poe's "The Raven," the three Christmas ghosts from Charles Dickens "A Christmas Carol," and Nathaniel Hawthorne's "Young Goodman Brown," may be the best of these.

For the last hundred years or so stories of haunted places and ghosts have been met with a great deal of skepticism. This is logical, for in an age of Science as Master events that seem to ridicule the rules of physics and logic are met with cynicism. It seems absurd that ghosts could exist alongside of quantum physics, quasars and black holes, but anyone who has stepped into a house, or walked along a country road and for a fleeting moment felt "something strange," already knows the truth about spirits.

In a way it doesn't matter whether there really are ghosts. The

spooky events recorded during the last thousand years *happened*.

No matter how much doubt there may be, the very real people who reported seeing such apparitions saw or felt something. Even the greatest doubters will have to pause at certain stories, passed from hand to hand like precious silver. Stories like the ghost of Emma Va who still haunts Lyndon State's Twilight Theater, or the wispy, half-drunken Colonial farmer out on Red Village Road, or the haunted Lyndon dorm room with the face that appears on the ceiling in the middle of the night, make us tremble at some deep, universal place where our worst fears lurk.

No two hauntings are alike, although there are similarities between most every story of a haunted place. Many hauntings are first noticed when objects in a house or an apartment disappear, and then suddenly reappear weeks later. Several hauntings include reports of objects moving by themselves. Cupboard doors fly open or books fall from their secure place on the shelf. Often lights turn themselves off and on, doorknobs turn or water in a sink is turned on. Although ghosts may not be visible to all, everyone at the haunted location hears the oftentimes very ordinary sounds that accompany apparitions. Sometimes there is a physical explanation. Scraping in the wall might turn out to be a family of mice that have moved in for the winter. The banging on the floor might be nothing more than the hot water pipes expanding. However, when the noise repeat themselves and no explanation can be found, be suspicious.

Oftentimes the noise that is reported with a sighting is that of music – often a piano, or an organ. The music is soft, distant, like that in a dream. Many times people have told me of hearing a voice, or a number of voices, a muted conversation just beyond comprehensibility.

ST

Special to the Critic

Alan Boye

Other times a distant solitary voice might be heard.

All of these manifestations indicate that a spirit is trying to make itself known and that it wants to be recognized. However there has yet to be a recorded case where a spirit has actually carried on a dialogue with a person. In fact, it is quite rare that a ghost will even acknowledge the existence of the living beings around it.

In all cases, even when a spirit has not been seen, a distinct atmosphere fills the air. Long before the famous ghost in the LSC dorm was sighted, students who used the building constantly said they "felt something strange" in the building. This "sixth sense" can be felt at every haunted location.

Although many of the above signs are present, it is a rare event when a phantom is actually sighted. As few as one in ten stores that have come to me include reports of a visible manifestation we have come to call ghosts. In those rare cases when something is actually seen it leaves an indelible impression on the witnesses. I have absolutely no doubt that these people saw *something*.

Not everyone can see a ghost. In many cases only one person in a group will report seeing something. Often times she or he will see the apparition a number of times, while other people see nothing. At other times the event will be visible to an entire group of people.

Many sightings are associated with a variety of distinct and powerful odors. These have been variously reported as "musty," "sulfurous," "sweet," "old," and so on. The existence of these odors is apparently one of the more powerful signs. The smells are almost always followed by a visible manifestation.

There are a variety of explanations offered for the existence of ghosts. Perhaps the most popular explanation – at least in terms of movies and television shows – is that ghosts are the spirits of people who came to a violent or untimely end. Strikingly enough, this theory often matches the historical information about a location, but it does not take into account the occurrence of apparitions at locations where there is no historic evidence of a death. A version of this theory is that a ghost will attach itself to a location, although the violent death happened elsewhere.

Another explanation for the existence of ghosts is that the viewer is witnessing a kind of repetition, an endlessly-looping recording of the past. This theory argues that the house, or building, or field, has a kind of "psychic film" that records every event that happened at the location. Most events are so insignificant that they soon fade from the recording. However, once in a great while an event will occur that makes such a powerful image on the "psychic film" that it takes a long while for the image to fade. These events eventually become visible to a viewer who has an active and well-tuned psychic ability. This explains why certain apparitions are always viewed in the same location, and oftentimes are seen in the same pose. It could also account for the common sensation of the many people who "feel something strange" at these locations.

This explanation makes the distinction that it is the *memory* of someone that haunts a location, not the actual spirit of the person.

Yet another theory, and one that skeptics and nonbelievers can appreciate, is that the hauntings are simply the creation of a person's over-active imagination. This is not to imply that the person has intentionally lied, but simply to acknowledge the power of the human imagination. This theory is easy to comprehend, especially if you have ever slept outside with a friend. Chances were that before

the night was over, you had created a variety of creatures from the sounds and sights of the night. Those creatures were as real to you as the cold sleeping bag you tried to bury yourself into.

But can the human imagination account for an actual sighting, especially one that is visible to a group of people? Perhaps the human mind, even via the collected imaginations of a group of people, is able to create images that are visible to many. It may be that houses are haunted by the group consciousness of the living, rather than the dead. Psychologist Carl Jung suggested just such a phenomenon for an explanation of the many UFO sightings of the 1950s. Jung claimed that the human race, wanting proof of the existence of another world to give us hope for the future, desires to see such apparitions and, in effect, creates them.

Closely associated with this idea is the "astral projection" theory. This theory claims that a kind of mental telepathy occurs in which events that actually happen miles away appear to happen in front of you. Most of us have had the experience of thinking strongly about someone and then suddenly, she or he has called, or has appeared on line. Perhaps when we think about a certain place, we are actually "haunting" that place at that very moment. Our imagination places us in our childhood home, and if the image is strong enough, the current resident sees our figure walking down a bookcase-lined green hall toward the gray bedroom beyond. This telepathy might continue even after our death, which would account for the various "historical" hauntings.

If nothing else, ghost stories move us like few other stories will. The world is nothing until it stirs our hearts and imaginations. It is the stories we hold dear: legend of history, fact of ghost. It is the stories we hold dear for they belong to our place on earth and to our brief moment of time.



Illustration By:
Patrick McAree

Emma Vail: *Is she still wandering LSC?*

Derika Downing
Critic Staff

If you've been a student or staff member for any amount of time here at Lyndon, there's a fair chance you've heard rumors about the ghost of Emma Vail, wife of Theodore Vail, who is said to haunt the campus.

But what you probably haven't heard is the real story. According to longtime faculty member Alan Boye, there were actually two Emma Vails: "One was Theodore Vail's sister, who lived here, and his wife was named Emma [as well]. The sister was the one who actually died on the premises, not [Theodore Vail's] wife," and therefore it is far more likely that, if there is a ghostly Emma Vail floating around LSC, it's really Theodore's sister.

One famous story concerning the possibility of a phantasmal presence here at LSC is that of the ventriloquist and the rolling glass of water. Boye thinks this incident occurred in 1985, before he arrived here in 1987, but he does know the story. What happened was this: A ventriloquist was doing a performance in the theater, when suddenly a glass of water that was sitting on the stage rolled over towards the edge, then stopped and stood upright. "Everybody was clapping and cheering, saying, 'Good trick!'" Boye said, "But then the ventriloquist, who was kind of freaked out, stood up and said, 'I didn't do that.'"

There is another story, which Alan heard about personally from one of the students who was involved in it, which took place in the early 90s. "Down at the snack bar there was this incident that kept happening. Students would close down the snack bar, locking up and turning off all the machines, and then later security would go by and all the machines

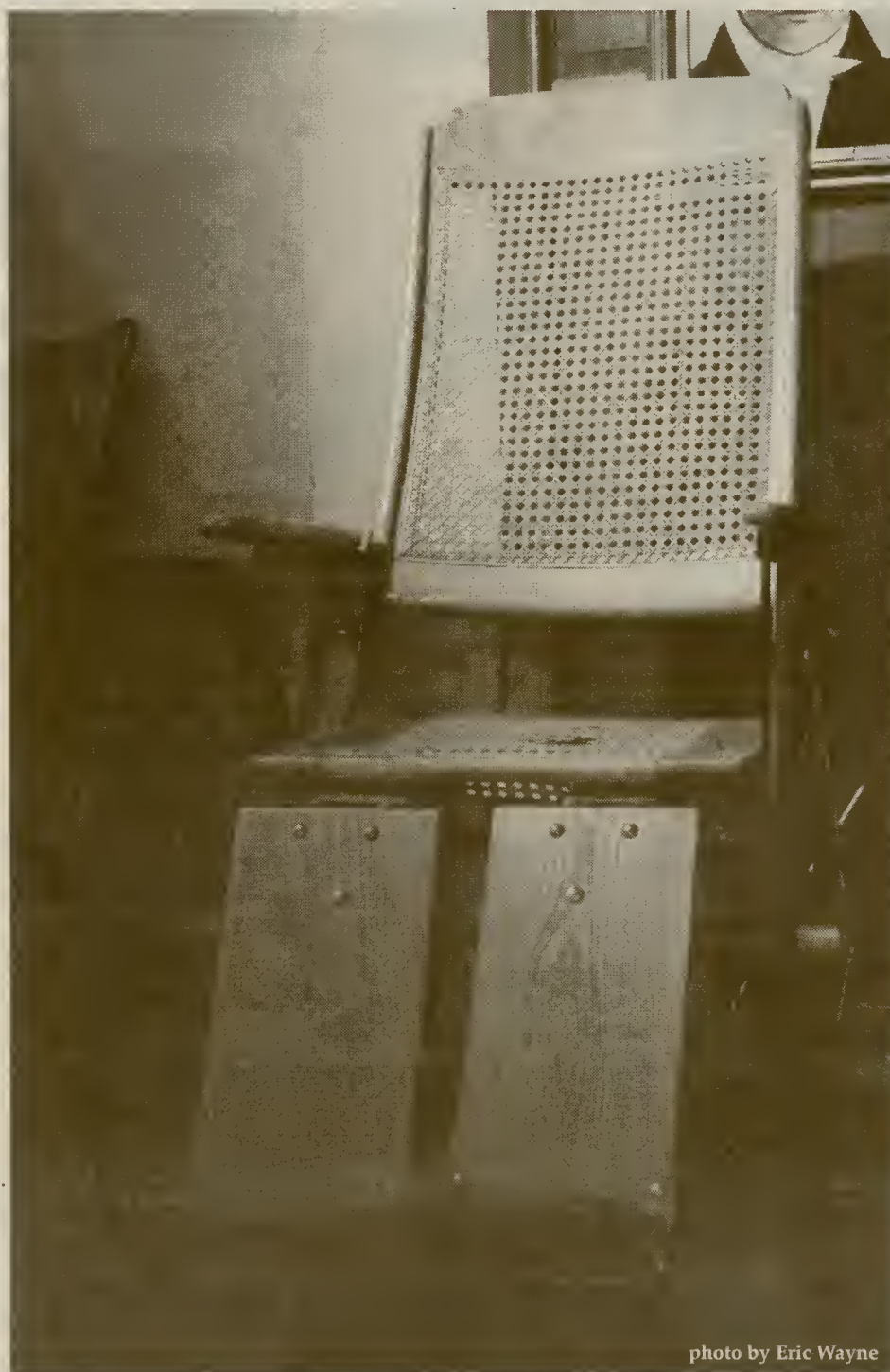


photo by Eric Wayne

would be on. So one night the students decided to put some kind of powder, probably flour, on the floor and use it to catch the perpetrator. They came back later and all the machines were on, but there were no tracks in the powder."

When asked about the famous accounts of Emma Vail's wandering wheelchair, Boye admitted that he only knew this story by "hearsay," but from what he knew, the wheelchair was "supposedly" Emma Vail's, but it probably belonged to the sister, who lived here, rather than to the wife as most people believe. The wheelchair used to be stored backstage at the Alexander Twilight Theatre, and, "on several occasions, so I'm told, the wheelchair moved by itself from place to place." The wheelchair is now stored in the Vail Museum inside the Vail Building, next to the Public Safety Office, and the museum door is apparently only unlocked by request. Public Safety Director George Hacking denies knowing anything about the museum being haunted.

Boye says, "that's pretty much all I know," and that he doesn't actually believe in ghosts himself. In any case, it seems that, if there is a ghost, it's been largely inactive for about 20

years, so perhaps we can assume that Ms. Vail has moved on. Unless, of course, she's just been biding her time, waiting for the opportune moment to break out her old wheelchair from the museum and take one last wild ride through the hallowed halls of Lyndon State College.

Student services is asking the students to give them feedback

Our goal in the Student Services Office is to assist you in a professional, friendly, and efficient manner with your questions and concerns in the areas of financial aid, course registration, academic requests and questions, transcript evaluations, graduation, and billing. Please take a moment to fill out this brief questionnaire, as we would like your input as we constantly work to improve our services.

1. How did you contact the Student Services Office:

☐ In person ☐ By telephone ☐ E-mail

2. Are you:

☐ Student (If so, class year -FR, SO, etc. ☐ gender ☐) ☐ Parent ☐ LSC Staff

☐ Other

3. Why did you contact Student Services (check all that apply):

☐ Billing/student accounts ☐ Make a payment
☐ Question about refund
☐ Financial aid assistance ☐ Student employment
☐ Register for or add/drop class ☐ Graduation/transfer credits
☐ Change meal plan/add points
☐ Request a form ☐ Request transcript
☐ Other

(explain) _____

4. Please rate the overall service you received:

☐ Excellent ☐ Good ☐ Fair ☐ Poor

Courtesy of service

☐ Excellent ☐ Good ☐ Fair ☐ Poor

Knowledge of staff

☐ Excellent ☐ Good ☐ Fair ☐ Poor

Promptness of service

☐ Excellent ☐ Good ☐ Fair ☐ Poor

b. For any rated fair or poor, please tell us

why _____

5. Are the forms and documents in the office user friendly? ☐ Yes ☐ No

b. If no, please tell us which ones and

why _____

6. Did we serve you well? ☐ Yes ☐ No

b. Why or why

not? _____

7. What is the most effective way that our office communicates with you?

☐ E-mail ☐ Campus Box ☐ Portal ☐ Office White Board

☐ Other (specify) _____

8. Any other comments?

9. Name (optional) _____

Date: _____

If you have additional comments or suggestions, please feel free to contact Debra Hale at Debra.Hale@lyndonstate.edu.

Please return this form to the Student Services Office, Debra Hale's office (Vail 373), or via intercampus mail Attn: Registrar's Office.



Salem trip is a scary good time

Photo by Eric Wayne

Amanda Racine
Special to the Critic

LSC students all woke from a four-and-a-half-hour dazed bus ride to a tiger walking down the sidewalk, complete with orange, black and white paint, and a bit of fur. He wasn't doing anything in particular, just walking, like he could be going to the grocery store.

Salem, Mass., the only place someone can walk around dressed as a complete freak and get away with it, and not be the only one doing it. There were people dressed as witches, ghosts, devils, Hellboy, fairies, and even the Ghost Busters. It was like being slapped in the face with pure festiveness, a

desire to be the best at Halloween overtakes this city every year. Every corner held a different witch, ghost, or other creepy creature.

The things that students liked the most were the small shops that lined the streets. They ranged from themed stores like the Lizzie Borden store to the Army surplus store, to the magic shops. Haunted houses were also on the list, one of the top ones being Count Orlik's Nightmare Gallery. Another big attraction was The Burying Point, a large cemetery where 19 hanged witches are buried.

Each October, the promise of witch sightings in Salem attracts about 800,000 tourists to the city of about 50,000. "The amount of people in Salem was frustrating; it was hard to enjoy some things," Tori

Loyer, an LSC sophomore, said.

Although the trip was a bit expensive, students still had a lot of fun. The transportation via bus was free, but buying things like food and souvenirs was up to the student. With drinks costing almost \$3 for a small, and corndogs were no less than \$3 apiece, money ran out fast.

"We didn't go to many places, but one of the fun ones was the Army store. I can't remember the name of it but somehow I managed to find a really nice skirt there. It was also cool when we went into the Lizzie Borden store and we noticed the pictures. When you first look, it just looks like a portrait, but when you moved to the side, the face turned into a skeleton. It was so scary at first!" Leani Lopez said.

Frisbee golf is getting bigger here at Lyndon State

Brian Howe
Special to the Critic

Lyndon State College has recently acquired a Frisbee golf course and might be adding an additional nine holes to make it eighteen.

The Frisbee golf course officially opened at the start of this semester. There are nine holes in the course and it is located in the woods behind the Rita Bole Community Center. The course even goes over a brook.

"I think based on my research online it's not long in terms of hole length but very challenging in terms of where it is located in the woods. I love it, I go there every chance I get," Matthew DiPirro, a junior meteorology major, said.

The course is looking to expand and DiPirro says that another nine holes would balance the course. It would make the course complete because the next nine holes would be different than the first nine. The next nine holes would be longer in terms of feet you have to throw the Frisbee.

The additional holes are going to pick up where the course stops, which is right behind the softball field and it, will head up President's Hill.

"Soon as the ground thaws we want

to put the holes in. It's going to be all through President's hill and one downhill hole could be as long as 1100 feet," Tom Kurtz, the president of the Ultimate Frisbee club, said.

There is one problem with the next nine holes, Kurtz says. Paying for the course could be an issue. The club needs to prove to SGA that there are large amounts of interest in putting an additional nine holes.

Kurtz says that the club is also going to try to raise some of the money needed to build the next nine holes. Not until they have the money can they put in the holes. Their hopes are to have the course in by next spring. By next fall when mud season is over they can open the new nine holes.

"That would be awesome if they put in another nine holes. It's free and a good way to get physical exercise," said Justin Bishop, a junior meteorology major. Bishop uses the course once a week because of his schedule but during the weekends he uses it a couple of times and finds it a great way to relax.

The Frisbee Club hopes the next nine holes are open by next fall. The current course is available to anyone and it is open from sunrise to sundown.



There would be more places to get a goal on campus if the Frisbee golf course were to expand

Photo by Brian Howe

TWILIGHT PLAYERS
Present

THE BOARDING HOUSE
BY VERN HARDEN

Lyndon State College
Alexander Twilight Theatre

NOVEMBER 7 AT 7PM
NOVEMBER 8 AT 2 & 7PM
NOVEMBER 9 AT 1 & 6PM

DIRECTED BY AMBER DONATO & MATTHEW RANDALL
Produced by special arrangement with Pioneer Drama Service, Inc., Englewood, Colorado

KDP would like to thank everybody who helped support the March of Dimes Beautiful Baby Contest. Congragulations to SkiLynn for winning.

Donations are still being accepted for the March of Dimes Premature Babies fundraiser

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Archer Mayor

Reading and signing his latest
Joe Gunther Novel

The Catch

Wednesday

November 5th

4:00pm

Broad St. Lyndonville

@ Green Mountain Book Store

Hours: Mon-Fri 10-6, Sat 9 - 5

Every day is a wacky weekday! Brought to you by Joe and the Overlord of fun!

SUN 10/26 National Sleep-In Day	MON 10/27 Turn Off the Violence Day	TUE 10/28 Criminal Finger-prints Day	WED 10/29 Hermit Day	THU 10/30 Mischief Night	FRI 10/31 HALLOWEEN! By the way, most of you readers are far too old to Trick-or-Treat.	SAT 11/1 Book Lover's Day: Actually about people who love books; not about characters in romance novels.
SUN 11/2 Daylight Savings: Hooray! Finally, an extra hour of sleep! Enjoy it, everyone.	MON 11/3 Give Someone a Dol-lar Today Day: It was this fated day that REALLY got Bill Gates his wealth.	TUE 11/4 VOTE TODAY OR RABID MONKEYS WILL DROP FROM THE SKY AND DE-VOUR YOUR EARS!	WED 11/5 Guy Fawkes Day: Remember, Remem-ber!	THU 11/6 I Love Nachos Day: Go ahead, smother those chips with cheese. Do it!	FRI 11/7 Hug-a-Bear Day	SAT 11/8 Dunce Day

Ask Esther! Advice columnist answers those "tough" questions!

Dear Auntie Eshter,

I am a thirty-five-year-old single skeleton living in the clothes closet of a well-known politician, who shall remain nameless here. I've been hanging around in this musty old closet since 1973, and not once has this respected politician let me out. It gets very stuffy and lonely in here. Sometimes I bang on the closet door and yell out, "Hey, let me out of here, you big smelly jerk!", but somehow he manages to ignore me. Sometimes I think I hear his wife asking him what all the racket is

about, but he always tells her she's just imagining things and that she probably needs to lie down. He doesn't allow her to look in here, either. She has her own closet. I don't know if there's a skeleton in there, too. I never hear anybody else banging on a door or yelling. Don't ask me how I managed to mail this letter to you. It's a long story. Let's just say I had some help from the family dog, in exchange for letting him play with one of my bones. Please help me, Auntie Eshter. I want so much to see the bright sunshine and hear the pretty little birds sing.

What can I do to convince this guy that he should just let me out?

Stuck in the Closet.

Dear Stuck,

It seems to me that you've got a real bone to pick with this guy, if you'll pardon the expression. Do you know why he has confined you to the closet for three and a half decades? Maybe he just can't come to terms with you. He should know that, sooner or later, his wife will find out about you and start asking ques-

tions. Better he should be honest with her now instead of concealing the truth from her. I don't know what you can do to get him to let you out, but I wish you all the best.

Sincerely,
Auntie Eshter

Auntie Esther is written by Derika Downing. We do not descrimi-nate against submissions from any race, gender, political standing, or number of hands.

Happy Halloween from Derika!

FRANKENSTEIN
NIGHTMARE
ZOMBIES
DRACULA
GREAT PUMPKIN
PHANTOM
RENFIELD
BEETLEJUICE

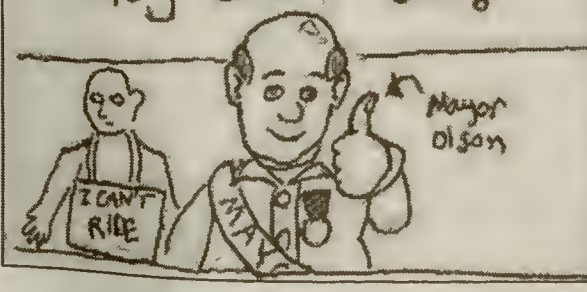
Word Bank
VAMPIRE BAT
YGOR
WOLFMAN
IGOR
KARLOFF
CORPSE BRIDE
LUGOSI

I S O G U L I K Y A D E E Y R E N B V N A U B S I
J Z L O I T Z H D D N N I G H T M A R E I D K H S
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E C I U J E L T E E B Y F S M G E M M Q Q D S C X

Supernatural Selection By Eric Downing


In response to commuters putting mannequins and blow-up dolls in their passenger seats to use the carpool lane, Mayor Olson launched a new campaign:

"If the blood doesn't flow They can't GO!"



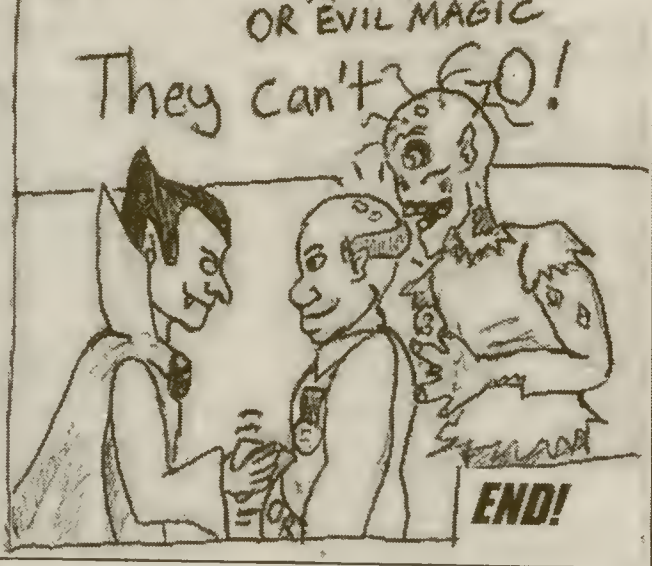
This campaign was soon met with opposition from certain groups...

"If the blood doesn't flow They can't GO!"




To halt the uproar, Olson made an amendment to the policy.

"If the blood doesn't flow OR EVIL MAGIC They can't GO!"



Happy Halloween faithful reader! This week's fun page was put together by Eric Downing, known in some circles as the Overlord of Fun. This is my best comic so far. Expect more of the same in the future. Please remember that you are always welcome to submit your own comics. On another note, the LSC library has a puzzle in which you match the spooky author to his or her book on Friday. Have a spooky and safe week-end!



LSC in soccer playoffs in inaugural NAC season

Andrew R. Koch
Sports Editor

Despite some early struggles, life in the North Atlantic Conference seems to be suiting the Lyndon State men's soccer team just fine.

The men's team has earned a berth in the conference playoffs. What makes this playoff berth even more impressive is that this is Lyndon's first year of competition in the NAC. The men's team won their last three games in the regular season and their quarterfinal game on Oct. 28; their record currently stands at 10-7 overall and 4-4 in the

conference. They've now won their last four conference games, but the highlight of their season so far is knocking off previously unbeaten Norwich in overtime on Oct. 8.

"The Norwich game was the turning point in our season," said head coach Pete Kellaway in a phone interview. "We were finally healthy and playing all together. In our pregame talk, we said 'someone has to beat them, why not us?'" He added that conference observers are already writing his team off as they prepare for their semifinal game on Saturday against top-seeded Hus-

son in Bangor, Maine.

That win over Norwich came following devastating injuries in back-to-back games to senior midfielders Matt Scagnelli (concussion vs. Maine Maritime Academy) and Chris Cowan (hip flexor vs. New Hampshire Technical Institute). In addition to those two stalwarts, the Hornets were also without the Richmond twins, Heath and Emmitt, due to injury. Kellaway praised them for playing through what he could only described as unimaginable pain.

"People don't even know how badly the Richmond

brothers are beat up. I don't know how they do it," Kellaway said.

One problem that did rear its head occasionally during the course of the season was their lack of offense. The Hornets scored only 25 goals in 16 games, an average of just over a goal and a half per game. On the flip side however, they only allowed 20 goals in those 16 games, putting up a stingy team goals-against average of 1.20. Kellaway said that his team's defense keeps them in a lot of games.

"We can compete if we only need to score one or two goals a game. If we have to

score three, four, five goals a game, we can't compete," Kellaway said.

Kellaway did praise several of his freshmen players who have really improved their game as the season went on, among them Andrew O'Brien, Phil Curll and Devon Bugee.

"You don't expect freshmen to be that composed, and to be able to compete at this level," Kellaway said.

If this season is any indication, the Hornets are a force to be reckoned with in the near future in the North Atlantic Conference.

What's the Buzz? The latest news on Lyndon State Hornet Athletics

Andrew R. Koch
Sports Editor

The Hornets cross country teams ran away with awards this week in the North Atlantic Conference.

Senior Lyndsay Calkins was named NAC Women's Runner of the Week, while Allynne O'Hearn was named Women's Rookie of the Week.

Calkins placed 10th over-

all in the RPI/Saratoga Invitational in upstate New York on Oct. 25. She ran the 5-kilometer (3.1-mile) course in a time of 18:17. There were 267 runners in the women's race. The women's team finished 20th out of 24 teams.

O'Hearn finished 160th out of those 267 runners, running the course in a personal record time of 21:25.

As for the men, freshman Craig Johnson was named

NAC Men's Runner of the Week, while fellow freshman Wildens Fils was named Men's Rookie of the Week.

Johnson finished 79th out of 306 runners at the RPI Invitational, covering the 5-mile course in a time of 27:43. Fils covered the course in 28:39 to finish 109th. The men's team finished 19th out of 26 teams.

The cross country teams will be at Johnson tomorrow

to compete in the NAC Championships. According to head coach Chris Ummer, the men's team has a very good chance at winning the overall title, while Calkins has an excellent chance at claiming the women's individual conference crown.

The women's soccer team, which also earned a playoff berth in their first season of NAC play, had their postseason run cut short.

The sixth-ranked Lady Hornets fell at UMaine-Farmington on Wednesday, 3-2 in overtime. The Beavers tied the game just before the end of regulation, then carried that momentum into overtime. Kelly Warren scored both goals for the Hornets, who finish the season 7-10-1 overall, and 2-5-1 in conference play.

No Sox in World Series

Members of Red Sox Nation cope on campus

Sebastian C. Lury
Special to The Critic

Sophomore Spenser Perkins summed up his feelings with one simple sentence.

"It (expletive) sucks!"

This shows his disgust and disdain toward a World Series without Boston. Perkins was cheering for Philadelphia, hoping to see the Rays lose.

"They went this far and it's a shame they're not in the [World Series] after coming back from down 3-1" senior Chris Arsenault said, speaking of both the Game 7 loss and the deficit the Red Sox had faced, being down three games to one. Arsenault would rather put the loss behind him, saying that "next

year is a new year. We'll see how the [Red] Sox do."

Said freshman Adam Robinson, "It's not a big deal to me...I don't really care."

The 2008 season for the defending champion Boston Red Sox is now officially over. Yet there are supporters and fans of the Red Sox who are not too upset about their absence from the World Series.

Another Red Sox supporter, freshman Julia Trombley, put the loss in perspective.

"If they had made it, then I would have been excited, but they didn't so it's no big deal." Neither fan had any particular favorite in the World Series, nor did they have a particular interest at all in who was playing.

So who did Red Sox fans cheer for in the World Series now? The answer is uncertain. What is certain is that the Philadelphia Phillies defeated the Tampa Bay Rays in five games, including one that was delayed for two days by rain.

"It's the World Series! You have to choose someone!" said sophomore Jennifer Adams, a disappointed Red Sox fan. "I hate Tampa [Bay]!"

The only thing that Red Sox fans can do for now is to wait for next year, as Arsenault had suggested. In the meantime, Arsenault offers the following advice for getting over the loss.

"Go Boston Celtics!"

Upcoming Athletic Events

Men's Soccer: NAC Semifinals, 1 p.m. Saturday @ Husson College, Bangor, Maine

Cross Country: NAC Championships @ Johnson, 11 a.m. and noon Saturday

Men's Basketball: Alumni Game, 3 p.m. Sunday

Women's Basketball: Alumni Game, 1 p.m. Sunday

Hockey: vs. Daniel Webster College, 8:15 p.m. Friday; vs. Norwich University Club, 6:15 p.m. Saturday

Notes: All home basketball games held in the Stannard Gymnasium. All home hockey games held at the Fenton Chester Arena, across the street from Lyndon Institute. Game times and locations are subject to change.

THE CRITIC

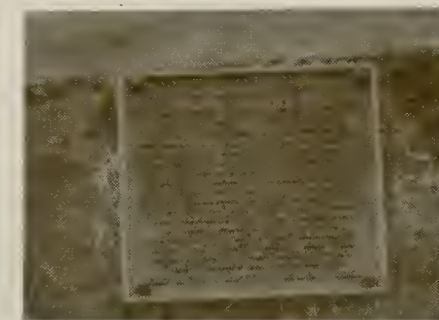
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Lyndonville, VT.

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Volume 55, Number 8



To find out more about the dead professor, turn to page 4

Friday, November 7, 2008

Disaster drill strikes LSC



Student actors sit outside of HAC during the disaster drill. The actors each had a specific role to play during the drill. Each actor was required to be suffering from the trauma of witnessing a school shooting in a different way.

Photo by Ben Holbrook

This week's issue:

Dead professor on campus

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Page 5

Football at LSC?

Page 8

Letter to the editor: Emma Vail

Page 3

Ben Holbrook
Critic Editor

Lyndon State College experienced a school shooting Saturday morning.

Dan Williams, professor of English, and Peggy Sherrer, professor of Psychology, ran their simulated disaster drill early Saturday. The disaster drill is part of a class, Responding to Psychological Trauma, that allows students the opportunity to experience what happens during a real emergency. "I expanded my class to three credits this year to give students more training," Sherrer said. "I wanted to give them a dynamic experience where there is chaos, unpredictability and make the students have to think on their feet."

This year's scenario involved a school shooting and a

hostage situation. Students from both the human services and journalism majors were involved. The journalism students were required to leave campus in order to simulate how journalists would respond to such an emergency. "I wanted to give them (journalism students) exposure to people who are suffering from trauma and dealing with officials who would be at a scene like that," Williams said.

The whole scenario began around 9:30 a.m. with the shooter walking into a classroom in HAC where he shot the professor and a number of students before taking another student hostage. Soon after the shooting took place, emergency responders including state and local police and ambulance crews, began arriving on scene.

The simulation proceeded

with emergency crews treating the wounded students, police began a search of the area to find the shooter, and the human service majors began evaluating and counseling the victims. The journalists who took part in the drill were scrambling around trying to get as much information from officials and victims as they could.

The entire drill lasted until about 1:30 p.m. before everybody was gathered to discuss the events of the day.

Although the drill was a success, there were still aspects of the drill that Sherrer and Williams want to change. "I would love to involve professional, semi-professional and theater majors as actors," Sherrer said. "They (professional actors) could help to psychologically prepare the volunteer actors."

Williams also wants to make changes to the journalism portion of the drill. "I'd like to involve professional journalists in the class," Williams said, "because it's the type of training that professionals need and often don't get."

Besides preparing for a real life emergency, the disaster drill also gave students the opportunity to interact with each other in a professional role. "There's a lot that happens when you put our students together," Sherrer said. "I think the students gained a mutual respect towards each other's role, my students learned that journalists aren't just there to harass a victim, they are just doing their job."

Responding to Psychological Trauma is offered during the fall semester.

Campus Activities Schedule

Friday Nov. 7

Open Mic Night 9 p.m. Student Center

The Boarding House 7 p.m. ATT

Saturday Nov. 8

The Boarding House 2 p.m. and 7 p.m. ATT

Sunday Nov. 9

Tropic Thunder 3 p.m. T202

The Boarding House 1 and 6 p.m. ATT

Monday Nov. 10

Rock Climbing Wall 8-11 p.m.

Bole Gym

Tuesday Nov. 11

WWLR music series concert 7 p.m. Student Center

Wednesday Nov. 12

Snowy Mountain Concert Series 7:30 to 9:30 Tamarack Grille

Oops...

Kappa Delta Phi should be
Kappa Delta Phi Nas

Letter Policy

The Critic welcomes letters and opinions. All letters must include the author's phone number and address. The Critic will not publish letters until we have confirmed the authorship of the letter. The Critic reserves the right to edit comments. Please send your letters to:

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or
The Critic
LSC Box #7951
Lyndonville, Vt. 05851

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Shaky economy spooks students

Are there any jobs for them?

David Lapham
Critic Staff

Are Lyndon State college students worried about employment after graduation in the current state of the United States economy?

"Yeah I am a little worried, I think that having a bachelors degree isn't going to be worth it in this area money wise," Michelle Emerson, Junior business administration major said.

According to a 2007 graduate survey report prepared by Linda Walcholder, Director of Career Services, 95 percent of students who responded (132 students) of Lyndon State's 2007 graduates reported that they were either employed or were continuing their education. 92 percent of respondents reported that they either obtained employment or continued their education within 6 months.

Those numbers do not necessarily reflect the feelings of some of the current Lyndon State College graduating hopefuls.

Nate Taylor, business administration major graduating in May 2009, is worried that he may not find employment after graduation.

"I think it's going to be hard to get a job in this area after graduation, I don't think that companies are going to be as willing to hire people," Taylor said.

Many students are fearful of what might happen to them when they graduate and have to pay back student loans. Walcholder advises: "This is not the time for students to be discouraged, because then effectively students are giving up before they attempt to obtain a job."

Not all students are completely discouraged, Bob Thompson, Business administration major graduating in May 2009, feels confident in getting a job. "The possibilities are out there, my concern is with the current economic situation and how it may be unfavorable at this time for those who only have a degree and lack experience."

The job market in this shaky economy fosters competition, so, graduating students need to find creative avenues to display themselves and their skills.

Finding a job "isn't just posting you're resume on a few web sites, or walking the streets and just handing out resumes to random shopkeepers," Walcholder said. "During this economic downturn students really need to take advantage of all the job search techniques available to them to hunt for a job. That means networking, considering internships, presenting themselves well on paper, refining their interviewing skills, really taking advantage of researching the positions for which they apply and taking advantage of every opportunity open to them."

Eric Durocher, business administration majors and Music business industry minor graduating in May 2009 does not share the same uneasiness with finding work after graduation.

"I am not as concerned with finding a job, but I am concerned to find one I enjoy," Durocher said.

While many students flock to the job market after they graduate, trying to scoop up available jobs, there are some students who are focused on a particular field.

Lindsay Siner, 2010, an unde-

cided LSC student is concerned that she will not be able to make a living in her desired profession, and plans to leave LSC after one year to pursue a degree in dietetics and Nutrition.

"I would like to come back here, the North East Kingdom is special, but I don't know how I would make a living if alternative healthcare doesn't catch on," Siner said.

Emily Comstock, a junior Natural science major who is a veterinary school hopeful is not very apprehensive as to whether or not she will find employment, "A lot of large animal vets in the kingdom are creeping closer to retirement age and in that sense some are looking for a new flock to come."

Instead, she is concerned that she might not meet the heavy demands for large animal veterinary schools. "Veterinary schools are 10 times more competitive than medical schools because there are only twenty eight schools in this country," Comstock said.

As college freshmen and sophomores move toward graduation they might want to consider certain career paths which have been perpetually employing.

Alia Wedemeyer, class of 2010, Lyndon State student enrolled in Castleton State College's Nursing program is not anxious about finding employment after graduation.

"I'm confident, nursing is an extremely in demand profession. The population in the U.S. is aging. Think baby boomer. It's unfortunate, but with age comes health deterioration," Wedemeyer said.

The "secret" wire to IT revealed

Eric Downing
Critic Staff

Most students at Lyndon State College don't know that there is another internet line into the college.

The extra line, which runs directly into the IT department instead of through Vail building like the normal line, has only a fraction of the other line's speed. Whereas the line used by the campus community runs 30 megabits per second, this line, used only for emergencies, runs 1.5 megabits.

Being separate from the main network allows the emergency line to remain active, even when the other line is cut, such as when the network was down for six hours earlier this year. The line was put in two years ago in case of such an event. Chief Technology Officer Mike Dente estimated that it costs about \$70 a month, compared to the \$3500 a month cost to run the network across campus.

Only a couple of places on campus have access to the emergency line, which comes from Charter by way of a cable modem. This is because the line is used principally if the network across campus is having problems.

"If something happens to the main line..." Dente said, knocking on the wood of his desk.

The extra line is also used for testing the primary line. As it is completely separate from the normal line, using the emergency line to communicate with the primary line, it simulates what would happen if an outside computer were to communicate with the server.

Unlike the primary line, the emergency line works even when the power is out; this is because the line runs directly into IT. Although the servers in Vail run on a generator, students in the dorms can't access the primary network in a blackout because that would require all the wiring closets that span the build-

ings to run on generators, which they do not.

Dente said that IT is looking into putting an access point in Vail so that one or two important people can use the line in the case of a network outage. In the meantime, though, Dente has a temporary solution in case the business office has to get something important done in a network outage.

"They can come here and work on my desk," he said.

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All classifieds are
free for LSC
students



Cooking with Cook

Gwen Cook

Cooking Columnist

Welcome to the White House Mr. Obama! In celebration of this momentous occasion I thought I would share some of my favorite patriotic dishes. I usually make them for the Fourth of July it works just as well in this circumstance.

USA torte

Ingredients-

2, 9 inch yellow cake
1 tub of cool whip
2 cups of blueberries
3 cups of strawberries, sliced
2 cups of banana pudding

Directions-

Independence smoothie

Ingredients-

2 cups of vanilla yogurt
¼ cup cherry pie filling
¼ cup blueberry pie filling
1 cup of milk
a handful of ice

Directions-

Blend together the yogurt, milk, and ice until the ice is finely crushed. Pour into a cup. Add the pie fillings in and swirl in with a spoon or knife.

Presidential cupcakes

Ingredients-

1 package of white cake mix
1 package of strawberry cake mix
1 tubs of vanilla or cream cheese frosting
4-6 drops of food coloring
Cupcake papers

Directions-

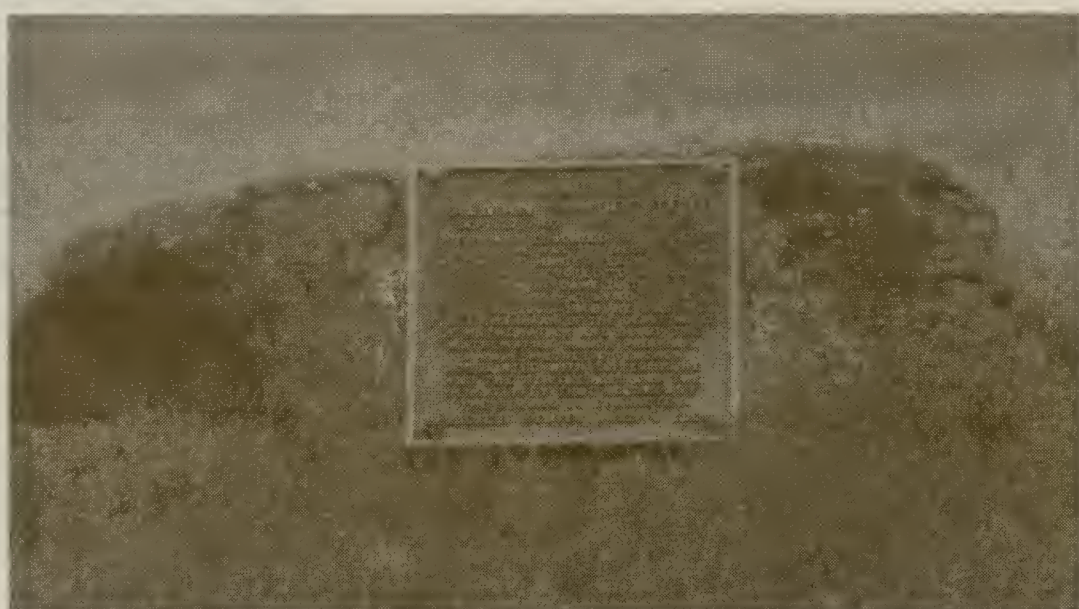
Preheat oven to 350 degrees. Make each cake mix in separate bowls according to the directions on the back of the box. Layer the cake mixes in the cupcake papers until they are about 2/3 of the way from the top. In a different bowl mix together the frosting and the food coloring until well blended. Cook the cupcakes according to the bake time on the cake mix box. Cool completely before frosting.

**Kappa Delta Phi NAS would like to thank
everybody who helped
support the March of Dimes Beautiful Baby
Contest.**

Congratulations to SkiLynn for winning.

**Donations are still being accepted for
the March of Dimes Premature
Babies fundraiser**

Dead professor buried on campus



This memorial marks the spot where professor Kalman Sandor Toth is now buried.

Photo by Eric Wayne

Steve Cormier

Special to the Critic

It was nearly 40 years later as I strode, uneasy-by-northwest, looking for a man none of us had ever known. Kalman Sandor Toth, who was this man, and why the hell was I being sent out to survey some rock just below left field?

I got there and the clouds were as low as my hopes. The walk had taken a lot out of me and any chances of an intelligent interview had been left behind with my lunch at the dining hall. Cold October evenings rarely relay much information and indeed, Toth's plaque was not feeling very forthcoming. Any attempt on my part to make it feel at home and comfortable with my line of questioning was met repeatedly with only name, rank and academic affiliation:

Kalman Sandor Toth, born September 27, 1907 in Szeged, Hungary. Immigrated to the United States in 1956. First Chairman of the mathematics department. Died November 25, 1968.

Sure, the rock and plaque were forthcoming but I needed more and talking to myself below an abandoned autumn baseball field would soon bring unwanted attention. Besides, I was feeling depressed. I would never be chairman of anything

other than maybe a bowl of popcorn. I decided to go to bed.

I got up sometime between Wednesday and Saturday, somewhere between my room and the kitchen. I decided to hunt down Alan Boye, Curator of the Archaic at Lyndon State College. He had once regaled a class about the professor who had been buried on the campus and I figured that with his literary expertise on the ghoulish maybe he had interviewed the rock and gotten more. As a professional I was embarrassed with how the previous day had turned out.

I walked into the office, it was a mess. I was a mess though and nothing was lost in translation, we were on equal ground. A few papers pushed out of the way and Boye was handing over the documents, the history, the story and the man I needed: Toth.

The documents provided that not only had Toth come from Hungary but was involved in their attempted revolution to kick the Communists out in '56. He fled to the United States that year seeing it as a "wonderland" and "land of opportunity" according to Toth's daughter Erzsebet. These papers were being much more cooperative than that godforsaken rock and I was glad I had left it out in the cold.

Toth came to work at Lyndon in the fall semester of 1960 and joined the

mathematics department before becoming its first chairman and is understood to have built up the major.

Toth died on November 25, 1968 as the result of a two-car collision on Route 5 in St. Johnsbury with the wish that he be buried on campus. Cremated, so his soul could be freed, his urn was interred in the grass that is now outside of the Alexander Twilight Theatre. At last he had found the peace and freedom that he had fought for a decade earlier.

This is not the end of our hero's story though. After going out to the steel sculpture that now resides beside ATT and wandering around in the snow hoping not to look like a complete fool I discovered the truth.

Eight years after he had been interred, indeed during the construction of the very steel sculpture I now found myself sitting on, his urn and earthly remains were removed by the college and moved out to the hill between the Brown House and the baseball field.

At least Toth has the best view on campus now. My own view was all too morbid now. Too depressed – this freedom fighter, this esteemed academic, this honorable mathematician who had come half a world to LSC only to be moved – I decided to go find my intelligence and my lunch.

Students voice their reactions to the presidential election



"I think it's surprising and a good step forward."
-Codie Palmer, Sophomore, Elementary Education



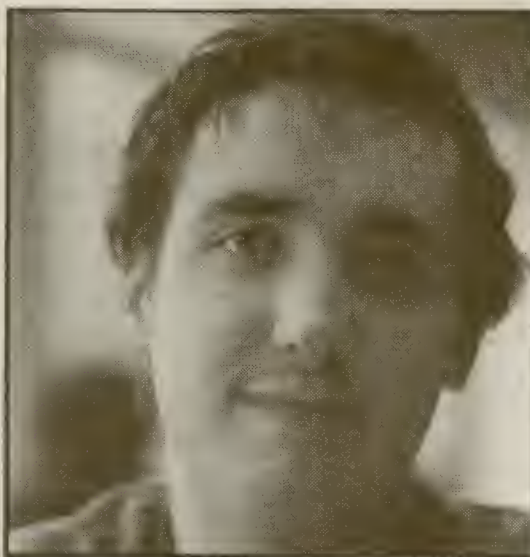
"I feel that it is a good change for us because McCain would have done the same things as Bush."
-Leigha Harlow, Sophomore, Early Childhood Education



"I'm impressed that we have the first African American president. However, I understand that Barack is a conservative Democrat."
-Adam Norton, Freshmen, Social Science



"I am very excited about the outcome. I was pretty much backing him (Obama) from the beginning. I think it is amazing how we can break through past discrimination. I think it's something we've needed to do for a long time."
-Madeline Champlin, Sophomore, Environmental Sciences



"I personally was displeased with the results. However, I was pleased that the country elected someone of a different race or ethnicity."
-Josh Redinger, Senior, Meteorology



"I'm not surprised but it was not what I was hoping for. I hoped McCain would win because I don't like how the democrats control all three slots in the government even though it has happened in the past. I also don't agree with Barack's global marketing policy."
-Amber Hartman, Sophomore, Exercise Science

Letter to the editor: The chair doesn't belong to Emma Vail

The Halloween issue of the "Critic" contained an article about Emma Vail and the infamous wheelchair and I must add my two cents to the discussion of this beloved campus myth.

With deep respect for Alan Boye, I must make a correction to the information on the two Emma Vails. I refer to the book "In One Man's Life" by Albert Bigelow Paine, a biography of Theodore N. Vail's life, for the following. Theodore N. Vail did indeed have an older sister named Emma who was born in 1842. Vail married his cousin Emma Louise Righter on August 3rd, 1869.

In 1905 Mrs. Vail's health was shaky but T.N. Vail was assured by her doctor that an upcoming trip to England could be taken without worry. The book continues, "Mrs. Vail, who at this time

seemed better than usual, remained at Speedwell Farms, which she preferred to all other places....She died suddenly, February 3, 1905. Her husband, who had received no warning of the approaching change, arrived from England, a little more than a week later." For those who don't know, the current Vail building sits on the site of T.N. Vail's mansion which was the centerpiece of Speedwell Farms.

The wheelchair was purchased in 1976 as a stage prop for the Twilight Players' production "These Ruins are Inhabited" which was set in a nursing home. The revival of the show happened last year at Homecoming with the chair pressed back into service on stage. Dennis Koch, an alumnus and former employee of LSC, confirmed that he purchased the chair at a yard sale. The chair lived backstage in storage for many years. The stories that have been passed down of its adventures, along with the reported sightings of Emma's ghost, were often centered in the theater. That must be where the supposition began that the chair was hers.

Pat Webster
LSC Library



Ryanne Ayers (left) and Nadine Grimley (right) practice during dress rehearsal of *The Boarding House*

Photo by Eric Wayne



Photo by Eric Wayne

This chair is just a portion of the well constructed set of *The Boarding House*.

The Boarding House: *Reviewed*

By Derika Downing

This weekend, the Twilight Players are presenting "The Boarding House" by Vern Harden.

It is directed by students; Amber Donato and Matthew Randall, and was the first play in a long time to be directed by students at LSC.

The play takes place in the living room of an old boarding house in the country, which is home to a colorful cast of characters, including an enthusiastic hypochondriac, a lady taxidermist with a talent for clairvoyance, a struggling writer who finds inspiration in real life (largely from pretending to die or murder unsuspecting people), a child-like artist and her harried caretaker, a newly-hired, some-

what high-strung young maid with a talent for making tea, and of course, the nice old lady who runs the boarding house and who is relatively normal compared to the others, but who is still a bit off, in the most delightful way.

Add into the mix a deeply troubled man in search of treasure and his long-suffering sister, and you know there's going to be some crazy high-jinx going on.

There's also a kindly old doctor who retired twenty years ago but continues to make house calls.

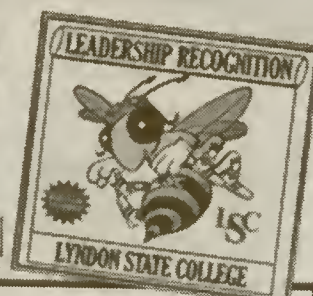
Having previewed this madcap farce at the open dress rehearsal Thursday evening, I think I can safely recommend it for anybody looking for a fun night out this Friday, Saturday, or Sunday evening.

This review was based on a full dress rehearsal and not the opening night performance.

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Town hall meeting flops

SGA executives still optimistic about future meetings

By Ben Holbrook
Critic Editor

SGA's first ever town hall meeting lacked a key component, the people.

During Wednesday night's town hall meeting, only nine LSC students attended. The purpose of the town hall meeting was to give students a chance to hear what SGA was working on, and it also provided an opportunity for students to ask questions and voice concerns. "This is something we talked a lot about last year," Andrew Chapin, SGA president, said.

"We hoped for a better turnout but it was still a success," said. "We want to get feedback and I think we got what we wanted."

The meeting was really focused on Aramark and SGA's efforts to change the dining hall hours. The hours which run from 4:30 p.m. to 6:30 p.m. currently, would be changed so the dining hall was open from 5:30 p.m. to



SGA president, Andrew Chapin, stand before all nine attendees of Wednesday's meeting. Chapin addressed the issue of changing the dining halls operating hours.

Photo by Eric Wayne

7:30 p.m. The possibility of a meal equivalency was also discussed although; it most likely wouldn't be implemented due to the cost.

"Johnston State tried a meal equivalency and it ended up costing them a lot of extra money," Tim Cappalli, SGA vice president, said. The high costs stem from the amount of food that would be wasted in the dining hall itself, and in the extra labor costs of having more people working in the snack bar, Cappalli said.

Although the meeting was lacked attendance, various concerns were still voiced by the few participants. Issues of parking tickets being given in areas where the lines aren't very distinct, the smoker's gazebo being extremely dirty, and the strange odor on the first floor of Vail were all brought up during the meeting.

As for holding for town hall meetings all that Chapin said was, "We'll try it again."

SGA minutes

By Andrew Chapin
Special to the Critic

Dining Hall update: We are in the process of finalizing our proposal for Aramark. A proposal should be in their hands by November 14th. Still on track for a potential dining hall hour change for 2nd se-

mester.

The Student Government decided to undertake a sustainability project for the year. No decision has been made about exactly what this major project will be, but it is a priority.

Ultimate Frisbee was approved for funding (\$746) to go to an

invitational tournament.

The Lyndon Strikers bowling team was denied additional funding (\$1000) for their events and were encouraged to seek out fund raising methods.

The Town Hall was discussed and organized.



Avery Williams answers a question during the meeting.

Photo by Eric Wayne

Professors go head-to-head in presidential debate

Brian Howe
Special to the Critic

Two faculty members went head to head in a mock presidential debate on Monday in the Alexander Twilight Theatre.

Representing Barack Obama was David Plazek, professor of Political Sciences, and representing John McCain was Alexandre Strokkanov, professor of History. The moderator was Micheal Dente, chief technology officer at LSC. A poll was conducted by INT-1020 students; 70 polling cards were collected at the end of the debate. Results from the polling cards showed that 69 percent of the attendees at the debate said Obama would win the debate, while only 20 percent thought McCain would win.

Some of the questions asked of the candidates were issues of gun control, global warming, health

care, our current economy and improving international relations. The two candidates had 90 seconds to respond to a question and two minutes for a rebuttal; the rebuttal gave the candidates the opportunity to argue back and forth. Global warming and gun control were issues that had a lot of debate.

At times during the debate it was obvious that Plazek and Strokkanov didn't know everything about the candidates and their views. "We want to make sure that you know that we are debating on our views and opinions of Barack Obama and John McCain", said Plazek before they started debating.

When it came to global warming 76 percent thought Obama had a better argument. The question on gun control was nearly dead even with 51 percent saying Obama won, while 49 percent thought McCain had a stronger argument.

"Some questions I might have disagreed with,

was single payer universal health care." said Plazek. For the most part he(Plazek) agrees with Obama's views and says he will support him.

"No of course not, I don't agree with everything. It was a role first of all and some of the time I do agree with him. But for the most part I disagree with Obama", said Strokkanov who debated for McCain. Strokkanov did not disclose who he was going to support this election.

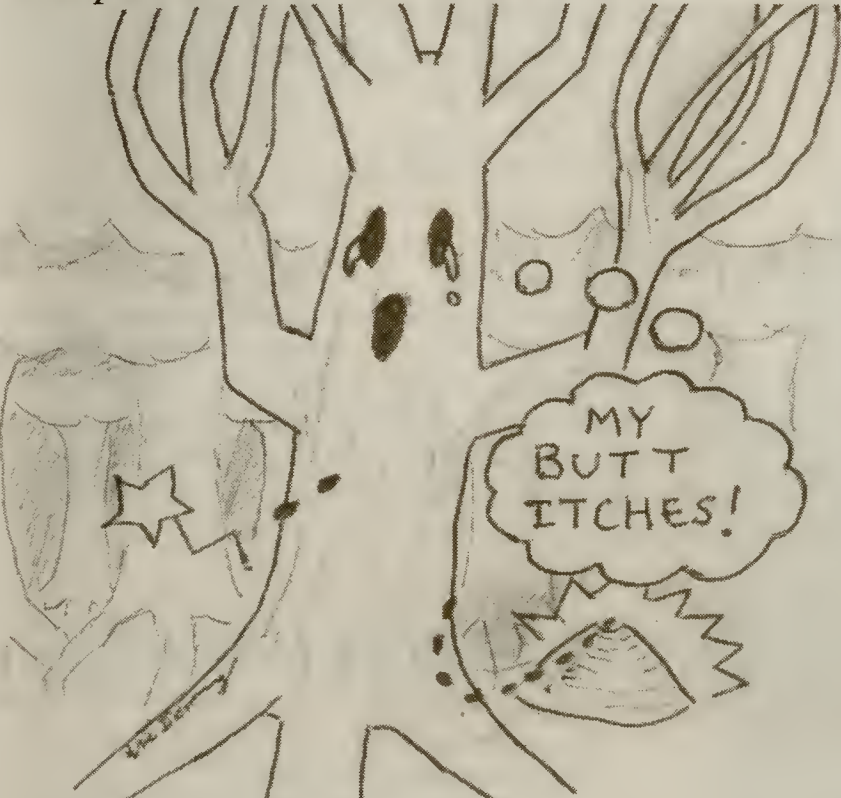
By the end of the debate 70 percent said that Obama had won the debate, while only 20 percent thought McCain won. Compared to the first question voters didn't change their mind on who they thought was going to win the debate. Only 9 percent said that this debate changed their minds on who they are going to vote for, while 83 percent said they feel the same after the debate.

Every day is a wacky weekday! Brought to you by the Overlord of fun!

SUN 11/2 Cookie Monster's Birthday	MON 11/3 Sandwich Day	TUE 11/4 Peanut Butter Lovers' Day	WED 11/5 Guy Fawkes Day	THU 11/6 Halfway Point of Autumn	FRI 11/7 Hug-a-Bear Day: Let me clarify that this refers to TEDDY bears. Stay Safe.	SAT 11/8 Cook Something Bold and Pungent: For my suitemates, this is every day.
SUN 11/9 Louie Louie Day: Oh louie imma feedya fo... or what-ever it is that he says.	MON 11/10 Forget-Me-Not Day: Ironically placed in Autumn, by which time the plant is dead.	TUE 11/11 Veteran's Day: No joke, just have some respect for our brave men and women.	WED 11/12 Mellow Yellow Day: Two dirty songs in one week! What are the odds?	THU 11/13 World Kindness Day: Strangely, also Actors' Day. Hmmm....	FRI 11/14 National Young Readers' Day	SAT 11/15 National Clean Out Your Refrigerator Day

Supernatural Selection

The problem with being a sentient tree:



Termites

Supernatural Selection is drawn by Eric Downing and Co-Written by Ryan Lee and Eric Downing

Ask Esther! Advice columnist answers those "tough" questions!

Dear Auntie Esther,

I am a forty-two-year-old man and I am beginning to suspect that my wife of thirteen years, Cora, has been cheating on me.

A while ago I found a strange pair of boxers in the kitchen sink. They were purple with yellow polka dots, which I would never be caught dead in, and were also three sizes too large for me.

When I confronted Cora about these unfamiliar shorts, she calmly replied that she had been washing them for a friend.

"But in the kitchen sink?" I asked, "Why not use the washing machine?" She insisted that these boxer shorts were hand-washable only.

"But, Cora," I said, "Surely you could have used the upstairs bathroom sink, not the kitchen sink!" She then suggested that we should invest in a dishwashing machine.

She wasn't acting at all suspicious. I ended the matter there, after promising her we'd go down to for a dishwasher.

I didn't think about it again until I was talking with my best friend and co-worker, Robert, during a coffee break weeks later.

Robert was complaining about his wife, Judy, who tends to be a bit of a nag.

"She's always after me to mow the lawn or shampoo the rug," he said, "I

tell her I'm a busy man with a lot of professional responsibilities. I can't be at home doing all these chores she has lined up for me. I tell her she can do those things herself.

"Then she throws a fit about how she has to do the dishes by hand 'cause apparently I'm too 'cheap' to get a dishwasher. I tell her, hey, you don't have a job. I think you can do a little housework, okay?"

That reminded me of the strange boxer shorts, so I told Robert the whole story, laughing about how ridiculously devoted to her friends my wife was.

But Robert didn't seem to be amused by my story. Instead he looked very nervous. He asked me if I was sure I'd never seen those underpants before. I was puzzled by his question, but I told him they hadn't.

He seemed to relax a little at that, and then he laughed out loud (a little too loud, actually) and agreed with me that my Cora is "one in a million."

Now, Auntie Esther, I don't want you to think I'm an overly jealous man, but these events have worried me. I couldn't bear to think that Robert would ever do me wrong, yet something tells me he knows more about those boxer shorts than he let on.

You've got to help me, Auntie Esther. What should I do? Should I confront Cora again and demand the truth? I'm really at my wits' end here.

At His Wits' End in Whitby.

Dear Wits' End,

Your friend and wife's behaviors seem suspicious.

Why would a married woman be washing a male friend's underpants? And in the kitchen sink? Did she give a reason or say who the friend was? If not, that's extremely suspicious.

Clearly it's somebody she doesn't want you to know about. Most likely, it's your old friend Robert. I think you should speak to both of them about this ASAP and let them know that you want the truth.

If they refuse, then you may have to resort to "extreme interrogation techniques". That, or you could always get down on your knees and beg for the truth. Say that you won't seek vengeance upon them if they have betrayed you. And tell Judy! I bet she'll be really PO-ed when she finds out what Robert's been up to!

Love,
Auntie Esther

Auntie Esther is written by Derika Downing. We do not discriminate against submissions from any race, gender, political standing, or time period of origin.

More literature! Legendary Word Find!

H	R	A	P	R	U	H	B	Y	V	U	B	L	C	E	V	N	Q	N	A	H	D	V	Q	
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H	M	T	N	O	A	S	N	I	U	K	P	Y	E	C	S	D	P	S	R	O	O	A	T	L
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P	H	E	S	E	W	K	Z	I	M	H	R	Q	W	D	M	N	F	Q	X	F	R	G	H	S
F	I	H	S	H	K	J	I	D	I	D	O	G	L	Z	L	E	D	N	E	R	G	N	G	U

Word Bank

- ODIN
LOKI
VENUS
GRENDL
THOR
- CYCLOPS
HORUS
BRAHMA
POSEIDON
DIDO
- LANCELOT
SIGURD
QUETZACOATL
GILGAMESH
GAWAIN

Sudoku Corner! Level: Hard

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Overlord of Fun
Eric Downing

Wanted on suspicion of putting together less than desirable fun pages. Considered to have arms and be marginally dangerous. Proceed with caution. Zero dollar reward.

It seems that this "Supernatural Selection" comic may become a regular thing. If I had my wish, there would be enough comic copy for an additional Comics page, but that currently seems unlikely. Is the font on the advice column too small? It was rather lengthy this week. The word find was created by Derika Downing three weeks ago. Only now did we feel the public was ready to see it. As always, you can email comments and suggestions about this page to lsc-critic@lyndonstate.edu. Remember, this is your paper, too. Everyone gets some say in it. Don't be shy, now!

Football is America's Game

But is it in the future at Lyndon State?

Sebastian C. Lury
Special to The Critic

Football is interchangeable with baseball as America's favorite sport, yet football is not offered at Lyndon State College.

Lyndon State College currently offers 12 sports, none of which are football. Football at LSC in the near future does not appear to be a realistically possibility.

Roster size, coaching staff, equipment, locker rooms, and training staff are just a handful of problems that arise when considering adding football as a sport. The most significant issue facing a future team is cost.

"The [estimated] cost of equipment alone would be between \$20,000 and \$30,000," says Christopher Ummer, the

director of athletics at LSC. "Some [LSC] teams' total budget is about \$22,000."

Ummer says that travel between here and Castleton State College for other sports costs around \$3,000. He also predicts that a football roster would have to consist of at least 60-70 students, which is around half of LSC's current student-athlete population. The cost to transport a roster of that size, including gas and lodging, among other items, would be substantially more.

Ummer also mentioned the costs associated with staffing. A football team would require around eight individuals on a coaching staff. It would also require LSC to hire at least two additional athletic trainers, according to Ummer.

Along with personnel ad-

ditions, Ummer mentions that LSC would also have to add a team room and quite possibly a locker room for the team. There would also be the need for a field on which to run practices and games. Ummer points out that the soccer field already houses two teams in the fall.

Another issue is Title IX. Title IX in essence states that for every sport a college introduces for males, they would have to introduce the equivalent for females. Ummer is not sure how Title IX would specifically affect football, but mentioned that LSC may have to incorporate two or three sports for females in addition to football.

Therefore, adding football may require adding other sports, and this would raise the price higher than it would

be by itself.

Another issue with football is support from the students. Donna Dalton, dean of academic and student affairs, says that she has not been asked about football in nearly four years. She says that there is no apparent "groundswell" of support from students.

"We would need the support infrastructure," says Patricia Krahne, dean of admissions and marketing. She says that she is in favor of football, but only "as long as the community is there to support it."

The argument that LSC is losing students because of the lack of a football team might be justified. However, it is not significant. Krahne believes that we are losing some students to other schools who have football teams. Ummer

feels that we are losing the students, but not the athletes.

"We won't lose a football player because we don't have a football program to begin with," says Ummer. "If someone really wants to play football [they should] go to a football school."

Ummer says that for now football is just "not a fit for LSC," but he does not rule it out for the distant future. For now, LSC can only emphasize the sports it does have, the academics it provides, and all the other intangibles that LSC can offer.

"Every college has a unique environment," says Krahne. "We're a small adventure school where students can focus on studies and enjoy outdoor activities. Every student needs to decide what they want."

Youth Hunting Weekend: A sign of the changing seasons

Heather Poginy
Special to The Critic

A sure sign that summer is over and autumn will soon turn to winter is when the hunters begin to break out their rifles, bows, and shotguns for the many hunting seasons in Vermont.

With the two-week-long moose season just finished, deer season starts this Saturday, Nov. 8 with Youth Deer Hunting Weekend. This weekend is one of a few youth hunting weekends sponsored by the Vermont Fish and Wildlife Department. By far this weekend is the most popular youth hunting weekend.

People of any age are considered youth hunters

if they are just beginning. Experienced hunters are encouraged to seek out youth hunters in order to teach them a thing or two about the ropes of hunting in any season.

"I used to participate in those [Youth Weekends], but now that I'm in college, I only go with my brothers when I have time," says Paxton Pennington, a long-time hunter from Holland, Vt. "It's really a good way of bonding, makes everything more interesting too."

The purpose of these weekends is essentially to recruit young people to hunt when they are adults. Keeping the hunting numbers up will keep the animal populations where they should be to maintain the proper balance in Vermont's habitat. When the deer population is too high, crops that are important

to Vermont's economy are ruined, and there are more car accidents involving deer.

"My entire family hunts: moose hunting, deer hunting; that's it, mostly," says Pennington. "They used to do it for food; my parents did before I was born. Now it's mostly for sport to keep extra meat in the freezer. It's sort of a novelty now."

Hunting season in general is well on its way. Black bear season, which started on September 1 and ends on November 19, is the first season to start. This week from November 1-9 is Turkey Shotgun Season.

Hunting is allowed in Vermont from the beginning of September until the end of March. Many animals are hunted and trapped, from raccoons and otters to bobcat and several types of waterfowl.

Fall sports: New conference, new faces, new struggles, new successes

Sam Monroe
Special to The Critic

The fall sports season has come to an end, highlighted by the men's cross country team winning the North Atlantic Conference Championship.

The men's team adjusted well to its new spot in the North Atlantic Conference (NAC), winning its first conference championship on Nov. 1, at Johnson State College.

Lyndon freshman Craig Johnson was the first to finish the 8-kilometer men's race with a time of 29:03. The excellent finish sealed the deal for Johnson to win the NAC Runner of the Year and Rookie of the Year awards.

"Coming to the year I new I had a shot at making the team, but never thought I would be the number one

runner" Johnson said of his freshman season. "It feels good to be the number one runner and win those awards, but the team has always been more important to me. We really have a good group of guys."

On the women's side, senior Lyndsay Calkins won the 5-kilometer race with a time of 18:52, more than a minute ahead of the next competitor. The dominant finish sealed the NAC Women's Runner of the Year award for Calkins. Head coach Chris Ummer was named the Men's Coach of the Year and co-Women's Coach of the Year for the NAC.

The men's soccer team was the only other LSC fall sport to have a winning season. However, the team's season came to a disappointing end on Nov. 1 when they lost to Husson in a semifinal match-up. The Hornets finished the season with a

10-7 record overall, including an even 4-4 conference record in their first season in the NAC.

Junior striker Darren Roberge led the team in scoring. He notched 13 goals and two assists for a total of 28 points on the season.

The LSC women's soccer team did not have the same success in the NAC however. The Lady Hornets slumped to a 7-9-1 record and got knocked out of the playoffs in the first round when UMaine-Farmington beat the Hornets in overtime 3-2. The Lady Hornets struggled in the conference and recorded a 2-4-1 record in its first year in the NAC.

The team was led by senior Kelly Warren, who led the team in goals with seven, assists with four and points with eighteen. Sophomore goaltender Natalia Shams had a decent year in goal for the Hornets. She

amassed a 2.80 goals against average.

The Lady Hornet's volleyball team went through a rebuilding season as they struggled to a seven win, 17 loss season.

"There are both positives and negatives to having a young team, hopefully they all return and we can start the rebuilding process" head coach Sean Fisher said of his team. More than half of the Lady Hornet's had never played volleyball before but they really started to turn around towards the end of the season when they went on a five-match winning streak and won five of their last nine matches.

The Lady Hornets tennis team also struggled this season. The team limped to a 2-7 record and won just one match in the conference.

THE CRITIC

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Volume 55, Number 9

Check out a review of Proof on page 3.

Friday, November 14, 2008



Trouble for\$een

Reporting by
Benjamin Holbrook and
Steve Cormier

More budgeting shortfalls may become reality soon and the Burke Mountain Room was filled to capacity on Thursday to hear Lyndon State College's administration discuss.

President Carol Moore and Dean of Administration Wayne Hamilton spoke before faculty, staff and students assembled to hear news on what the college can expect, especially after dealing with a 100,000 dollar deficit earlier this semester.

Moore says the college and the administration are awaiting budgeting action on the part of the Vermont General Assembly which is due to convene next Tuesday. "There is no dramatic budget news," Moore said, "but there is nothing to cheer about either."

To an audible gasp from those assembled, Moore said Vermont State Colleges Chancellor Robert Clarke was told to project a five percent decrease in current budgeting operations for next year by Governor James Douglas.

According to Hamilton Gov. Douglas said it is pretty definite that the state will see another rescission.

"Certainly if we get another rescission we'll look at structural changes – personnel," Moore said. The administration will also be looking at academic and non-academic programs in terms of viability.

Hamilton says that for now all adjustments have been made in response to the \$100,000 "hit" taken earlier this semester, which included the termination of a library job, and limiting operating expenses for the year.

An issue that has been

brought up in meetings before is why a new building is being built since LSC has to deal with budget problems.

"That (building) money was generated through bond sales so it is safe and secure," Hamilton said. "I think it is very fortunate for Lyndon that we secured the money when we did with the economy the way it is now." Hamilton also said the new building allows LSC to remain competitive and to draw in new students.

In terms of closing budgeting gaps in the future Hamilton says that the college will need to increase full time enrollment by 120 students on top of where they are currently. Tuition will also need to be increased by 6.5 percent annually.

"We would like to include more people in closing the gap," said Bob Whittaker, dean of institutional advancement. Whittaker says that in turning to fundraising and asking alumni, friends, staff and parents for contributions it would infringe less upon the students.

Still, with Tuesday's meeting of legislators in Montpelier and the possibility of a third budget reduction next spring people are worried. "We need to be planning for the worst," Hamilton said. Higher education tends to get cut more often by the legislature because, "they believe that raising tuition will off-set any cuts made," Hamilton said.

Moore told the audience at the end of the meeting that another recession will result in another open budget meeting.

Asked if the group could come together when structural changes were decided Moore said she didn't want to discuss an individual's position in an open setting.



A bulldozer hard at work on the new academic center

Photo by Eric Wayne

The new building Getting Green

Eric Downing
Critic Staff

Imagine a meteorology student looking out the window to see what the clouds outside are doing and only seeing a large white shade.

That might have been the case if changes weren't made to the design of the new building being constructed in Vail. The diagram printed on the front page of The Critic earlier this semester is no longer accurate. The large white shades hanging over the windows haven't made it to the final design, as it became evident that it would be difficult for meteorology students to look out the windows to study cloud formations.

The shades were originally designed to keep sunlight from overheating the building in the warmer months. Tom Archer, director of physical plant at Lyndon State College, as well as a board member of the sustainability committee said that the new building is

being specifically designed to be "greener" than the existing buildings on campus.

Archer listed off a few of the features to expect in the new building, including water-saving faucets, LED lights, and having heat be piped over from Vail's boiler in the milder months of April and May.

"All these things will help," Archer said, referring to the reduction of LSC's carbon footprint.

Having a certain degree of efficiency will allow LSC to shoot for a "silver" certification with the Green Building Rating System™ Leadership Environment Energy and Design, or LEED. LEED is, as stated on the U.S. Green Building Council's website, usgbc.org: "a third-party certification program and the nationally accepted benchmark for the design, construction and operation of high performance green buildings."

A building can earn a certain number of points toward a credit, which is divided into

different colors such as gold or platinum. That building earns points based on certain criteria that it meets.

"I know we can get silver," Archer said.

It actually costs money to become certified. This is coupled with needing to pay an architect more to work harder to ensure that the building meets the requirements. The benefits for acquiring this certification includes energy savings and better public relations as people knowing for sure that the building is as efficient as claimed.

LEED certification has another more indirect benefit. Efficiency Vermont gives credits toward measures taken to green up.

Archer said he'd even like to see some solar panels on campus, although pointing out that they wouldn't be able to provide much energy.

"Payback is not initially great, but it's a great educational tool," he said.

Campus Activities Schedule

Friday Nov. 14

Late Night Movie

Pineapple Express 11:00 p.m. Student Center

Proof

7:00 p.m. ATT

Saturday Nov. 15

Proof

2:00 p.m and 7:00 p.m.

ATT

Sunday Nov. 16

Pineapple Express

3:00 p.m. T202

Proof

2:00 p.m. ATT

Monday Nov. 17

Rock Climbing Wall

8-11 p.m. Bole Gym

Tuesday Nov. 18

Tango lessons at Catamount Arts

\$10 per class

5:30-6:30 p.m.

Wednesday Nov. 19

AMS Talent Show Auditions

8-10 p.m. ATT

Snowy Mountain Concert Series

7:30-9:30 p.m. Burke Mountain's Tamarack Grille

Letter Policy

The Critic welcomes letters and opinions. All letters must include the author's phone number and address. The Critic will not publish letters until we have confirmed the authorship of the letter. The Critic reserves the right to edit comments. Please send your letters to:

critic@lyndonstate.edu

or

The Critic

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Enjoy your sweets without adding on those extra pounds

Brittany LaPlume
Special to the Critic

With the holiday seasons approaching, many of us have been hitting the gym and watching what we're eating hoping to avoid gaining those extra pounds.

This is great! But how will you hold up when the tantalizing fragrance of spices, pumpkin and flaky, buttery pie crust wafts through the air as Mom bakes her famous pumpkin pie? There goes all your self-control right out the window.

Good news, you don't need to give up all your favorite treats this holiday season. Here are some tips and tricks to help you figure out which of your favorites belong on the *Nice List* and which are banned to the *Naughty List*.

The first thing you need to learn about is fats. There are four kinds of fats: monounsaturated fats, polyunsaturated fats, saturated fats and trans fats. If your favorite has only monounsaturated or polyunsaturated fats then put them right on the *Nice list*. Monounsaturated fats and polyunsaturated fats are the good ones. If your treat only has saturated fat, be careful. Some saturated fat is okay, but too much of a good thing can be bad. Now, foods which contain trans fats go straight to the *Naughty List*. Watch out for those

trans fats that come from partial hydrogenation of vegetable oil.

How will you know if your favorite holiday snack contains trans fat? Just look at the ingredients. If the ingredients have "partially hydrogenated" anywhere in it kiss that treat good bye. It is officially on the *Naughty List*.

Luckily many companies have done us the favor of labeling their foods with visible "0g trans fat" signs right on their packaging. Careful though, it turns out that even with those labels the foods that claim to have 0 grams of trans fat can actually have up to 0.4 g of trans fat per serving.

While that small amount does not seem like a big deal think of how many servings of those foods you might eat in a day or even a week. That's when the grams of trans fat begin to add up. To determine if the food really is trans fat free, just check the ingredients and

look for that two-word warning, partially hydrogenated.

So why are trans fats so bad? They can be dangerous to your health. A 1% increase in your daily calorie intake of trans fats increases your chances of developing coronary artery disease by 50%!

Those are scary numbers, especially around the holiday season when it's so tempting to eat all those foods that are loaded with trans fats.

Because of this huge risk, some places have completely banned the use of trans fat in prepared food. This means that if you eat at a restaurant, bar or snack shack in CA, you'll never have to worry about trans fats.

Now let's go over the *Naughty* and *Nice* Lists:

Naughty List

Sarah Lee Pumpkin Pie - 7 g trans fat
Mrs. Smith's Apple Pie - 4 g trans fat
Ritz Crackers - Contains Partially Hydrogenated Soybean Oil
Pillsbury Rolls - 3.2 g trans fat
Pillsbury Cinnamon Buns - 2.0 g trans fat

Nice List

Reese's Peanut Butter Cups
Turkey (no skin)
Twizzlers
Cranberry Sauce
Squash
Hard Candies
Candy Apples
Dark Chocolate
Oreos

New LED lights brighten Vail parking lot

Eric Downing
Critic Staff

Many members of the Lyndon State College community might not realize that the school has become a leader in the green revolution.

When the college installed LED lights in the Vail parking lot, the pool and both of the gyms, it became the first college in the state of Vermont to do so. LSC is also one of the first colleges to get the lights nationwide. Now the school is getting calls from places such as George Washington University.

Some staff at LSC were quite eager for the school to get the lights. Tom Archer, director of physical plant, said that the VSC Director of Facilities, Richard Ethier, Wayne Hamilton, and he drove nine hours to Connecticut to look at the lights. Seeing the lights in real life helped them make the decision to get LED

lights installed at LSC.

The lights were purchased through a company called BetaLED. The school installed 21 light poles in the Vail parking lot, 16 lights each in the Bole gym and swimming pool and 36 lights in the Stannard gym. They replaced the metal halide lights the gyms and pool used to have.

Archer said that before installing the LEDs in the Stannard gym, the lighting was too poor to be legal for NCAA play. Now, the lighting in there exceeds the standard.

"They're styling," Archer said about the new lights. "They have zero night sky."

"Night sky" refers to how much light pollution spills into the area above the lights. With the old lights, a hazy orange glow could be seen above the Vail parking lot even from miles away. Led lights don't have this problem, mostly because they

produce clear light.

Archer said that the community is "super happy" about the new lights, citing that he got at least three phone calls and other statements from the surrounding community already about the difference seen from outside the school.

In addition to the visual advantages of the LEDs, they have some more important features as well. They are much more energy efficient than the old lights, requiring between one-half to two-thirds less energy. This means that the college will save a little on the energy bill.

LEDs also tend to last much longer, with an expected live expectancy of at least 20 years. High pressure sodium, which is what the lights in the parking lot used to be, have a typical life expectancy of little more than a year.

Oops...

If you notice any errors in our reporting, please email us at critic@lyndonstate.edu or stop by the office Vail 326

LSC Classifieds

Houseware

Fish Shower Curtain Hooks Set of 12

Each Fish is hand painted on cold cast resin; measures about 1 15/16"W x 1 3/4"H. Golden Hooks with 1 1/2" diameter loops glide on your shower rod. \$10 each Contact Colleen Lariviere 626-4264 or Colleen.Lariviere@lsc.vsc.edu

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Contact Colleen Lariviere
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Colleen.Lariviere@lsc.vsc.edu

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Asked to be an adult: treated like a child

The LSC experience

Catherine Story
Managing Editor

Independence is a relative term in a civilized society. Here at LSC independence is relatively limited.

When my parents and older sibling described college life it was labeled as a time of experimentation and exploration. College is a time to

make decisions, good and bad.

Here at LSC students are not treated like young adults who can make decisions for themselves.

The halls of dorms and academic buildings are littered with bulletin boards plastered with big bubbly letters telling students about the next magician or some generic alcohol awareness study.

Perhaps it's a holiday and there's a party in the student center where students can grab a handful of snacks and paint a pumpkin.

As a teenager I babysat and many of the crafts and educational activities I have witnessed on this campus remind me of the games I would play with the 4 and 7-year olds that I spent my summers watching. These games were dull then and seven years later I am still not interested.

The effort to involve LSC students is admirable but it is being tackled with the wrong intentions.

On-campus students are supposed to be able to turn to their RAs for help when they are feeling stressed out or uncomfortable. The idea is a peer-to-peer support system. Unfortunately resident assistants are

not students just like everyone else. They are not allowed to be.

Resident assistants are nervous and understandably. They can lose their job and have to pay for their living expenses if they are in the presence of students breaking rules. If an RA wants to have a drink they need to request the time off in advance. These are not good examples of mature students acting responsibly on their own. This is just another image of students following the many rules to get through the LSC experience.

If any student is feeling stressed out on campus they could just stop in at their resident assistants room. Here they will see a student who in exchange for free housing has given up the college experience replacing it with mandatory time in their room and consistent badgering by resident hall directors about not redecorating those childish bulletin boards every week or month or however often they put new construction paper on that wall that no one looks at.

Actually don't bother walking over to your RAs room. You can ask them next time they knock on your door and come into your cubicle of privacy because of possible bottles clanking. They are only there to make

sure you're not doing anything illegal like making too much noise or drinking anywhere but in your bed. Because we all know that's a healthy way to introduce young adults to alcohol. You can only drink in the privacy of your bedroom.

Not everyone here at LSC can drink legally, this is the justification for sending the of-age to his or her semi-private room. Why must we shelter our younger students from the life that they are so desperately trying to experience?

Peer leaders and INT classes carry first year students who are treated like sheltered children as opposed to young adults striking out on their own. There is nothing more degrading than having to pay for a class that tells you how to be an independent adult in a place where you're not allowed to try it for yourself.

So my point is, step back and let the student body of Lyndon State College act like a body of college students. Maybe if they were treated like adults they would act like adults and participate in and create clubs and activities that they are interested in as opposed to trying so hard to get off campus and tune themselves out of campus activities.

Derika Downing Reviews Proof

This weekend, LSC is presenting another great play.

David Auburn's "Proof," a Pulitzer Prize winning drama, debuted last night at seven o'clock and stars LSC students Ursula Malabre-Speicher as Catherine, the brilliant young daughter of a recently deceased math genius who struggled with madness at the end of his life; Daniel Hollis as Hal, a former student of the aforementioned late math genius; Karen Rose Sague as Catherine's sister, Claire, who worries that her sister has inherited their father's "tendencies to instability"; and Steve Shannon, Robert, the late math genius himself, who appears

in the first scene of the play as an apparent figment of Catherine's imagination and in two scenes in the second act which are flashbacks to Robert's brief period of remission.

This production was different from the traditional Twilight Players productions, as it was the first in what will hopefully become an annual series of plays done by the whole Performing Arts Department, not just the Twilight Players.

It's a very moving play, and there are plenty of opportunities to see it this weekend, so I would recommend you check it out.



Ursula Malabre-Speicher plays Catherine in Proof

Photo by Eric Wayne



Get involved

Ben Holbrook
Critic Editor

You could probably stop any student on this campus and ask them to tell you one thing that is wrong

with LSC and they wouldn't hesitate before rattling off everything that is wrong with this school. However, those same people probably won't make any effort to help change any of the problems on campus. Therein, lies the crux of many of

LSC's problems. It isn't so much that the school doesn't care about the students, its that the students don't care about the school.

Take for instance Wednesday night, SGA sponsored a town hall meeting for students to

come and voice any concerns that they had. Out of the 1,391 students who attend classes here, nine showed up. Nine people don't represent an entire student body very well. SGA is trying much harder this year to accommodate any student concerns, mainly through instituting a new agenda item for any students to come in and voice any issues. However, student attendance at these meetings has been rather low, as in two people have shown up.

If you really want to see things change then you're going to have to start working to effect that change. It takes hard work and perseverance to try to make a difference. Everybody has

a busy schedule so it's not easy to find time to go to meetings or talk to people about how to get involved. However, it's like voting for the president of the United States, if you don't vote then you really have no reason to complain. The same applies to SGA and LSC in general. There are plenty of opportunities to let your voice heard, but if you choose not to be heard then you really shouldn't complain. Until people are willing to work together and start doing something, nothing will ever happen.

SGA is a student run government that represents the student body as a whole. However, SGA consists of individual house representatives who are

there to represent their own clubs. This year there is also a relatively intact senate consisting of reps for the first, second, third and fourth years as well as a commuter representative. The role of the senators is to serve as liaisons between the student body and SGA. Unfortunately, the senators have yet to be approached, and as a result, they can't bring up any issues that should be addressed during the meetings.

In the end, if you want to see something change then you need to let your voice be heard. Don't stand by and wait for somebody else to address your problem. There is no better time to act than now.

Snack Bole feeds LSC in Rita Bole



Photo by Eric Wayne

Ben Holbrook
Critic Editor

If you have noticed more students going into Rita Bole on Mondays and Wednesdays then it is probably due to the new "snack bole" which is located in the main lobby of RBC.

Nate Rossetti, advisor to the Leadership and Recognition Committee, started the snack bole this year in an effort to raise money for the committee. "We're not a club so we needed a way to make money," Rossetti said. "This kitchen never gets used except by people in the student services office."

Not only is everything priced

very cheaply at the snack bole, all of the money that is made goes towards student awards which are given at the end of the year. "We buy everything in bulk so we are able to sell chips for 50 cents and still make a profit," Rossetti said.

Before the snack bole was incorporated as a fundraiser for the Leadership Recognition Committee, the committee used the school's printers to make paper certificates and they were unable to assist student life with the cost of the recognition banquet at the end of the year, Rossetti said.

The snack bole provides a cheap and convenient opportunity to grab something to eat when your schedule

doesn't permit a trip to the dining hall or the lines at the snack bar are too long.

"It's really convenient because we live in the building," John Chetwynd, television studies major, said. "It's also really convenient because if you've been procrastinating, you can grab a hotdog and go back to doing homework," Dave Kendall, mathematics major, said. Kendall was taking advantage of the snack bole's meal deal, which gets you a hotdog, a drink and a bag of chips for \$2.

The only problem that Rossetti has encountered so far with the snack bole is the lack of help to run it.

"Finding people to work is a problem

because everybody who works here is a volunteer," Rossetti said. "Aramark will use this space (RBC kitchen) when there are events going on in the conference room," Rossetti said, "but we don't have any problems because our stuff isn't in the way since they bring their own equipment."

The snack bole's selection is continually expanding because students are more than welcome to suggest any items that aren't on the menu, Rossetti said.

The snack bole will still be open next year although the days may change due to people's schedules, Rossetti said.

THE SNACK BOLE

SPONSORED BY THE LEADERSHIP RECOGNITION COMMITTEE

Water.....	\$1.00
Soda.....	\$0.75
Chips Ahoy.....	\$0.75
Nutter Butter.....	\$0.75
Oreo.....	\$0.75
Chips.....	\$0.50
Mini-Eclairs.....	\$0.50
Hot Chocolate.....	\$0.50
Coffee.....	\$0.50
Pop-Tarts.....	\$0.50
Goldfish.....	\$0.50
Cheez-It.....	\$0.50
Austin Crackers.....	\$0.50
Chocolate Chip Cookies.....	\$0.25
Breakfast Bars.....	\$0.25
Freeze Pops.....	\$0.25
Ice Cream Sandwiches.....	\$0.25
Air Heads.....	\$0.25
Blow Pops.....	\$0.25
Tootsie Pops.....	\$0.25
Small Candy.....	2 For \$0.25
Hershey Kisses.....	\$0.10

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Being disabled at LSC *a student's experience*

Sam Monroe
Special to the Critic

Do you think getting up and down the hills on campus is difficult? Try doing it on crutches or in a wheelchair.

After a hockey game a few weeks ago I found myself on crutches. What is it like living on campus while on crutches? Well, it is not fun. None of the Stonehenge residence halls have elevators and therefore, it makes it difficult to get up and down inside the dorms. Luckily I live on the first floor; however, not all students are that lucky.

Going across campus now takes longer than it did before and getting up and down some of the hills takes a good amount of upper body strength. However, it could be much worse at a larger school.

There are elevators in both VAIL and LAC, making it easier to get from floor to floor and class to class. However, the elevator in VAIL and the elevator going from the theatre lobby to the class-

rooms upstairs both have one thing in common. The expiration dates on the certificates in both of them are April 28, 2008. That was nearly seven months ago. The elevator in LAC isn't set to expire until early in 2009.

There are also ramps and handicap entrances attached to every building on campus. This makes it easy for students who have been injured to get around and get to classes and other events.

Professor Alison Lathrop was recently in a wheel chair on campus, because of tendonitis in her heels. However, she was able to get up for short periods of time and walk short distances. She attempted to keep her wheelchair just in her lab so it would make it easier to move around.

"I was always able to get where I needed to go," she said, making sure to mention that some times she needed to get up and walk. She also mentioned that the front doors in the theatre lobby are very heavy and the doors in

the hallway leading to the science wing are also heavy and difficult to open and would be harder for someone permanently handicapped. She said she wouldn't be surprised to see doors that open with the push of a button on the LSC campus in the distant future.

Lathrop said she had to make sure that she thought ahead each morning and make sure she got all her Xerox copying done in one trip to VAIL. She also said the hardest spot to move around was the outdoor hallway connecting VAIL to the science wing.

When asked if she was concerned about the expired certificates in some of the elevators she responded with "I didn't notice," however, she did add, "that would be concerning."

"I was delighted with how helpful everyone was, and that I was given a temporary handicap sticker. A little concerned about getting in to some doors," Lathrop said of her overall experience.

Phonathon challenges students to bring in the money for LSC

Heather Poginy
Special to the Critic

Work-study paid students gear up Sunday through Thursday nights at the Alumni House to raise money for Lyndon State College's Phonathon for the Annual Fund.

The students sit from 6 p.m. until 9 p.m. at individual desks in the Alumni House. These desks serve as "calling stations" in which they phone alumni of the college. Because the school has the records of every alumni that goes through its doors, the callers generally have an easy time contacting them. However, some are entirely "unreachable," with no phone number, address, or any other contact information.

Thayer Newport, a senior at Lyndon, is in her third year working for the Phonathon. She helps to supervise the callers when Hannah Manley, the director of alumni relations and development, cannot be there.

"Talking to alumni is actually quite fun sometimes," Newport says, "You can really hear some interesting stories." She recalled a story one alumna told when she was living in the original Vail mansion, when the alumna's house mother scared them by making each resident believe the Vail tower was haunted.

The purpose of the phone calls to the alumni are about more than raising money. Students keep in contact with the alumni to keep them in touch with the college, and to

give them the scoop of what's happening at LSC. However, students always ask for a pledge to the college at the end of a phone call.

There's always something in it for the students, though. The callers receive "Incentive Points" for each call made. For example, if they receive a pledge of over \$500, they receive 10 points. If they manage to convince the alumnus or alumna to donate for the first time or to increase the amount of their pledge from the year before, they receive one point. Even an email address or other personal information about the alumnus gets them points. At the end of their efforts, whichever caller has the most points gets a cash bonus determined by their supervisor.

"I can usually get sixty or a hundred points in one night," Newport said, "We really compete, it definitely does motivate the callers."

Alumni might pledge from \$5 to over a \$1000. The money is used for scholarships for students, improvements of the buildings and grounds and it also helps improve faculty through professional development. With the college's economic downfall, every penny helps.

"Your adrenaline really pumps when you get those big donations," Newport said. "It makes [calling] really worthwhile."

With the Phonathon only having been in session for a couple of weeks, the students have already raised \$15,000. Each night, they raise be-

tween \$500 to a couple thousand dollars.

This year, thanks to a challenge grant, when an alumni raises their pledge from the previous year, or when a new donor hits the list, their pledges are matched by the grant, so their pledges are doubled. Also, pledges made over \$365, a dollar a day for a year, will be matched by the challenge grant.

Money donated by the alumni goes directly to the Annual Fund, which is a generic fund, but alumni do have the option to specify if they want to send their money to specific programs, endowments or departments at the college.

Rotaract hosts annual holiday food drive

Rotaract club does their part to help the community

Josiah Stewart
Critic Staff

Lyndon State College shows its goodwill this holiday season through the Rotaract club; one of LSC's least known clubs.

"The Rotary is a group of business minded individuals who support goodwill, community services, and professional and ethical business practices," Curtis Mathewson, President of the LSC Rotaract chapter, said. The club is sponsored by the Lyndon Rotary, and is primarily focused on helping the community, and teaching leadership and business ethics.

The LSC Rotaract club has already started its holiday food drives for the semester. "Right now we have a holiday food drive on the LSC campus that we hope to generate some food for those in need this holiday. All the proceeds are going to go to the Lyndon Food Pantry," Mathewson said.

Although the club is not very well known at LSC, it is officially recognized by the student government.

Mathewson said that the club's main goals are to establish their leaders and start generating some publicity on campus, "We also want to have a successful holiday

food drive. Our year long goals, however, are a bit more ambitious; we hope to drive even more publicity, and maybe host a few other events on campus."

The club currently has about 12 members, and Mathewson is hoping that students take the initiative and join up. They are looking for people between the ages of 18 and 30 who are interested in helping out the community. "We don't have a whole lot of people involved yet. Right now we only have about 10 to 12 people that show up at our meetings, and so far they have been very helpful, and we have gotten a lot done

with the amount of people that we have," Mathewson said.

The club's food drive boxes can be seen around campus and have already started to accumulate a little food. The food drive was started the second week of November and will run until the last week of the semester, "We have not generated a lot of food yet; many people don't even know what is going on. A lot of people may have seen the boxes but, not a lot of publicity has gone out yet," Mathewson said.

The Lyndon Rotary meets in Lyndonville around the same time that the LSC club

does every week, Mathewson said, and they are willing to help the club out in any way they can. "They are actually our sponsors; they are the reason why we exist, and they help us with advice. We can go to them and find out what we can do to further our service to the community. They invite us to their meetings where we get to see what the actual rotary does on a weekly basis."

Mathewson urges students who wish to sign up to contact him or to stop by HAC 108 at noon on Wednesdays to attend the club's weekly meetings.

Super Saver Chili Rager

Where: Lyndon Outing Club located at the intersection of Hill St. and Lilly Pond Rd. in Lyndonville.

When: November 16 at 2:00 p.m.

Admission: \$5 advance ticket, \$8 at the gate

To compete in the cook off contact Brandon Swart at brandon.swartz@lyndonstate.edu

This event is hosted by the LSC Programming Class.



Early registration makes life less stressful

Sebastion Lury
Special to the Critic

Lyndon State College is amid the process of registering students for Spring 2009 classes.

Registration at LSC for classes in the Spring 2009 semester began on Oct. 27, 2008. It will be suspended on December 1. The process is scheduled early as it helps to relieve some stress for students.

"[Students] can get it

done before finals," says Deb Hale, LSC's registrar. "It relieves some stress," Hale says that if a student no longer has to worry about registering for classes, they have more time to study for finals.

Another issue that this registration avoids is a potential lack of communication between students and their advisors. Hale says that between semesters, advisors—like students—have time off. This occasionally causes issues when students realize

during the break that they need to register, but they cannot access their advisors.

John Kascenska, associate dean of academic affairs, says that registering by Dec. 1 is beneficial for everyone involved. Kascenska says that this provides an opportunity for any issues—ranging from accounts on hold to cancelled classes—to be addressed and corrected before classes begin in the spring. He also says that the goal is that students, advisors, and faculty alike

can go home between semesters knowing what classes will run and what they need to do to further prepare themselves.

Kascenska says that this is the first year that LSC has established a date, specifically December 1, as an end date. Other Vermont State Colleges have similar registration periods.

Castleton State College's registration process is November 10 to the 21. Johnson State College has a more

complicated system: their primary registration process is November 10 through the 14 and is credit driven, meaning that seniors can register first, followed by juniors, and eventually working toward freshmen. This allows for seniors to be ensured of classes that they need for graduation.

LSC's registration process ends on December 1 and it is widely recommended that students meet with their advisors to register.

Tunnel of oppression: Is it for everyone?

One student speaks out about how he reacted to the tunnel of oppression. Should students be required to go through it?

Brian Howe
Special to the Critic

Racism, sexism, and domestic violence can be very hard for anyone to deal with.

The tunnel of oppression dealt with not only hate crimes but other types of violence. Students and community members had the chance to experience the tunnel. The tour features different rooms and each room deals with a type of violence.

"It hit pretty close to

home because I grew up in a military family. I have been around people from all over the world," said Michael Smith, a 48-year-old freshman and graphic design major. He had the chance to visit the tunnel but had to leave because it brought back too many memories of the past. He says that part of it brought back memories from when POWs came back from the Vietnam War.

"Our staff of peer leaders are each given a room to re-

search", said Donna Keely, the director of the first year experience. They put the tunnel together with the research they get and portray what would really happen in different situations when it came to different types of violence.

"Students don't know what to expect so they don't sign up but their friends go through and then tell them about it. Then we see students wanting to go through," said Keely. By the last day they have to squeeze

in students because they want to experience the tunnel; the tunnel only runs every fall semester.

"Monday in INT class some said it was ridiculous. They didn't think it was worth their time and students around campus said the same thing and it angered me," said Smith. "The tunnel was set up for students to learn about the different types of violence so they can do something about it if they see it happening."

My (INT-1020) professor said that it was a requirement for us to go through and we didn't have an option," says Smith.

Some students might be too emotionally sensitive to handle this type of confrontation, says Smith.

"It is still my opinion that students either need to be told what they may find in this activity or be given the option to do something else for their INT course," Smith said.

Ideas for a fun way to spend the weekend

Brian Howe
Special to the Critic

Have the weekends been dragging lately? Then take a look at these fun activities that you can do over the weekend.

You can always see a movie at the Star theater located in St. Johnsbury. The theater is in the middle of downtown and offers reasonable prices for movie tickets, an adult ticket is \$6.50. Movies are popular during the weekends when you can't figure out what else to do. You can call the theater for more information on movie times and what

movies are playing at (802) 748-9511.

"We are surrounded by some of the most beautiful mountains in the country and it is easily accessible from school", said Matthew DiPirro, a meteorology major. The White mountains are less than an hour away and can offer more activities than just hiking. If you don't want to see a movie and want to take in some fresh air then heading down for the afternoon might just be the answer.

What if it is raining out and you can't go hiking? You can always enjoy some bowl-

ing in St. Johnsbury at Gold Crown Lanes located right next to the Holiday Motel.

Stowe is also a great option if you are looking for something that Burke Mountain doesn't have to offer. Stowe is just over an hour away and is in the heart of Vermont. Its almost winter isn't it and you know what that means, skiing. Opening day for Stowe Mountain Resort is on Nov. 22. After a great day of skiing you can stop at a local restaurant for dinner. The Pie in the Sky located right in Stowe can offer a great meal after being in the cold all day.

If you are looking to satisfy that sweet tooth then lets head down to Littleton, New Hampshire where a counter of candy seems to stretch forever. Chutter's general store features a candy counter that is over 111 feet long and holds 800 jars of candy; now that is a lot of candy. It is located right on Main Street and if you would like more information on this candy counter then call, (603) 444-5787.

Finally, lets take a tour of Cabot Cheese Creamery. The creamery is less than an hour away and is in the heart of Cabot, Vermont. The tour is

open Monday through Saturday. The cost of taking the tour is only \$2.00 and it shows you how Cabot makes its great cheese. The tour concludes with a large selection of free cheese; you can sample all the different kinds. If you want more information on touring Cabot Cheese Creamery then visit their website at www.cabotcheese.com.

The next time you find yourself wondering what to do over the weekend, just remember these few suggestions and you'll be well on your way to a more exciting day.

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LARRY LEFRAIVRE

OWNER

Every day is a wacky weekday! Brought to you by the Overlord of fun!

SUN 11/9 Louie Louie Day: Oh louie imma feedya fo... or what- ever it is that he says.	MON 11/10 Forget-Me-Not Day: Ironically placed in Autumn, by which time the plant is dead.	TUE 11/11 Veteran's Day: No joke, just have some respect for our brave men and women.	WED 11/12 Mellow Yellow Day: Two dirty songs in one week! What are the odds?	THU 11/13. World Kindness Day: Strangely, also Actors' Day. Hmmm....	FRI 11/14 Operation Room Nurse Day: Take time to thank the person who stops your gushing blood.	SAT 11/15 National Clean Out Your Refrigerator Day: It's a bad sign when the food scut- tles away from you.
SUN 11/16 Button Day: Button, button, who's got the button?	MON 11/17 World Peace Day: I think this holiday is from the distant fu- ture... When humans are extinct.	TUE 11/18 William Tell Day: Please don't try reen- actment at home. You'll probably miss...	WED 11/19 Have a Bad Day, Day: Leave a note: "I'm sorry, I had a bad day again."	THU 11/20 Name Your PC Day: So you have some- thing besides "\$@*!" to call it when you aren't angry.	FRI 11/21 World Hello Day	SAT 11/22 Slumber Party Day

Sudoku Corner! Level: Hard

		9	4				1	
			7			6	2	
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		4						
2	1		9	8		4		6

Created using javasudoku under the GNU General Public license. Program author: Samantha Yen.



Eyeless Overlord ensures that there will be more than one comic in the next issue of... THE CRITIC!

Energy Efficiency and Building Word Find

B	J	T	B	K	P	D	E	M	T	X	H	Q	I	G	Z	J	Z	F	D	B	N	B	K	W
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N	O	I	T	C	U	R	T	S	N	O	C	Y	Q	A	W	C	P	X	P	G	D	L	K	V
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A	X	H	S	I	Y	Q	A	V	S	O	X	S	Q	J	Q	L	Y	O	I	I	O	N	H	N
B	M	E	S	B	M	F	L	F	G	Q	L	E	D	L	I	G	H	T	S	K	C	K	I	L

Word Bank

CONSTRUCTION	EFFICIENT	RECYCLING
INSULATION	TEMPERATURE	LEED
WAIT	BOILER	WIRING
LED LIGHTS	METEOROLOGY	BIO MASS
WINDOWS	SILVER	HAPPINESS

Ask Esther! Advice columnist answers those "tough" questions!

Dear Auntie Esther,

I am a fourteen-year-old dragon and my parents just don't understand me.

They want me to take up the family business of abducting princesses and burning down entire villages with my fiery breath. I tried to tell them that they were being too old-fashioned, and that modern dragons have a lot of good opportunities open to them to do something different with their lives.

I personally have no desire to abduct (and certainly no desire to eat) human princesses, or any other kind of human for that matter.

I'm more of a pork person, myself, but I don't steal livestock from the humans because that would be unfair.

I'd rather have a nice, respectable job in the social services, earning enough money to buy my own pork down at the local butcher's shop. I understand the butcher only sells local meat from free-range pig farms that don't genetically alter their pigs with Porcine Growth Hormone.

Besides, I hear humans are red meat and high in cholesterol, and I have a history of heart trouble in my family on

my mother's side. Not to mention the recent outbreaks of Mad Human Disease.

I have tried so hard to convince my parents that we are living in modern times-- that this isn't the thirteenth century anymore, and it's time they reexamined their diet and considered a healthier alternative. That, and there really aren't a lot of princesses wandering around anymore, thanks to all the revolutions that have broken out over the past few centuries, and the ones that are still around are hard to get at.

What can I do to make them see reason, Auntie Esther? It's like they're living in a fantasy world.

-Bewildered Wyrms in Worcestershire

Dear Bewildered Wyrms,

I am sorry to hear that your parents are so being so obstinate.

It really is a shame how some members of the older generation cling so stubbornly to customs and ideas that are no longer relevant to our modern world culture.

I think it is wonderful that you

dream of working in the social services, and you strike me as a very patient, kind, thoughtful individual who would do well in that field, although I am afraid that you will face a great deal of prejudice from people who still have the same tired and trite medieval ideas about dragons that your parents are so staunchly defending

. If only they knew what a disservice they are doing themselves by reinforcing these stereotypes.

It is an established scientific fact that dragons do not need to live on human meat, and many nutritionists and dieticians are suggesting that dragons, who it turns out are prone to heart disease as a species, try cutting back on red meat like beef and human, and eat white meat, like pork and chicken, instead, so you're way ahead of your parents on that one.

I don't know what you can do to convince them. Some older folks tend to get very set in their ways so it's hard to shake them, but maybe you could be successful with group therapy.

I understand that a number of fantastic creatures, like dragons, unicorns, wood elves, gnomes, goblins, manticores, and even sphinxes, are making their way

into the field of psychology, and if you look around in your area you're sure to find someone who handles stressful family situations.

Wood elves are especially good with group therapy; they tend to be nurturing and not too pushy, yet firm enough with their patients to get good results within a few months' time. Sphinxes, on the other hand, tend to be a little obsessed with old-school Freudian psychoanalysis, which isn't always the most helpful approach.

I'd suggest you start by looking in the telephone directory, if you have one, and if not, ask around. You'd be surprised how many bright young dragons just like you are in this same situation.

Good luck, Bewildered Wyrms.

Love,

Auntie Esther

Auntie Esther is written by Derika Downing. We do not discriminate against submissions from any race, gender, or whether or not you think humans are tasty.

Sorry, no comic this week. Things have been too quiet in the supernatural realm lately. In the next issue, you can expect a comic by someone other than the Overlord of Fun! Maybe there will even be a comic by me that has a different theme! Word find by Eric Downing. As always, you can email comments and suggestions about this page to lsc-critic@lyndonstate.edu. Remember, this is your paper, too. Everyone gets some say in it. Don't be shy, now! See you in three weeks!

NCAA moves back men's three-point line

Andrew R. Koch
Sports Editor

Long jump shots just got longer, thanks to a rule change that is taking effect this season in men's basketball.

The NCAA has moved the men's three-point line back a full foot, from 19 feet, nine inches to 20 feet, nine inches. The rule change was approved over the summer. The old line was instituted at the start of the 1986-87 season and was the three-point line for college basketball down to middle school.

Last year in men's basketball, teams shot an average of 35 percent from three-point range. The rule change just might bring more balance back to the game, according to Bill Johnson, assistant athletic director.

"It might get the inside game back by spreading defenses out. It won't be a huge adjustment for the offensive players," Johnson said. This means that because defenses have more floorspace to cover, offenses will be able to get the ball inside more often to their post players. The change might also have an impact on how the half-court game is played.

"I think it'll make a big difference in the high-low game. I think it'll highlight the inside game," Johnson said. He feels that the post-up game, where a forward plays with his back to the basket, has been lost for a while.

"You gotta have a balanced game for the nights when the threes aren't going down," Johnson said, noticing in recent years that players are settling more for three-

pointers instead of working on having balance in the other parts of their games.

Johnson believes that the evolution of the game has made the three-pointer an easier shot, especially since players are much bigger and stronger now than they were 20 to 25 years ago. However, he feels that on offense, some players won't have to make as much of an adjustment as others.

"The pure shooters can knock down jump shots. A foot either way doesn't make a difference. The streak shooters will have to make an adjustment," Johnson says.

No one will know for sure how effective the new three-point line will be until the statistics come out at the end of this season.

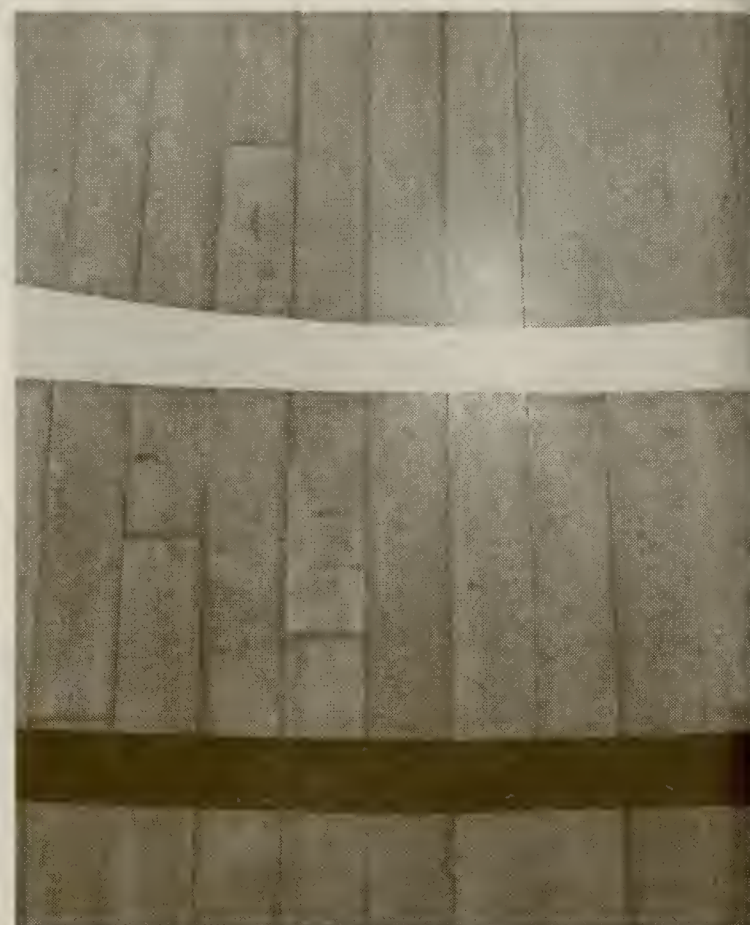


Photo by Andrew R. Koch

The women's three-point line (in white) remains at 19 feet nine inches from the basket. The NCAA has moved the men's three-point line (in black) back by a full foot, starting this season.

New head coach takes charge of men's basketball program

Jack Carney
Special to The Critic

He walks into the locker room, and all players have their eyes squarely focused on him. He doesn't say anything, instead he lets his actions do the talking for him. He pulls out a piece of paper and holds it high for all his players to see. The white piece of paper didn't have a lot on it except the numbers 2-28 written out boldly in black ink. The numbers represented the date of the NAC conference finals.

With newly hired men's basketball coach Joe Krupinski, players say it did not take long for him to set the tone for his expectations of this team and on what they can accomplish this season.

"He said he did not want to mention that date again until we got to that championship game," Brad Durr, a senior, said. "It was right then that I knew he wanted this

year, his first year to be a successful one."

When Krupinski accepted the job in late April he also accepted his first head coaching job. Krupinski's college coaching career consists of him being an assistant coach. He's spent time at Division III colleges like his alma mater, Springfield College, and Rensselaer Polytechnic Institute. Most recently, Krupinski spent time at St. Michael's College in Colchester. With all that experience at these schools, Krupinski says he's ready for the opportunity to be a head coach, and he couldn't be happier.

"You know, when I saw the job open in April I was immediately intrigued," Krupinski said. "I also thought it was time for me to take the next step in my career and LSC offered me that. I'm really excited to be at a small school like this. I think it makes it easy to connect

with and gain support from the student body."

Krupinski said he wants his team's defense to have the biggest presence on the court. It's the team's defense that Krupinski says will be the key to their success this season.

"I want us to be aggressive," Krupinski said. "I want us to mediate how they play, I don't want us to sit back and wait to see what they give us. We need to limit teams to one shot and get those rebounds, that's important."

Krupinski says he wants to make some new changes to the offense. He says he wants a lot more ball movement from the team, with more passing and more cutting as opposed to individual efforts. However, Krupinski says it might take some time.

"It's a process right now," Krupinski said. "Either way it's a lot of new stuff, but we're improving everyday. I don't think we'll see our of-

fense in full swing until second semester, when those conference games roll around and we finally have some experience under our belts."

Though Krupinski says the team still has a way to go before they are at the level he wants them to be, he says he has confidence in their future. One of the reasons for this is that he has seen the team's compatibility on the court in practice.

"They really have picked up playing together well," Krupinski said. "They are really smart with the ball. But you know like everyone else we have our problems, but I think our willingness to work together and work as a team is what will get us past any problem this season."

It's that willingness to work together as a team that has the players praising Krupinski. It's that ability to get them to play as a team that was missing last year,

says senior Kali Stoddard-Imari.

"I just feel like he's the coach we needed," Stoddard-Imari said. "He works on the little things like our execution. For example he's really helped us with our passing; last year we had a bunch of turnovers just from bad passing. It's the little things he makes us work on that's getting us better."

Since taking the job in April players say he has been working on making them better since day one. It's that hard work and dedication Krupinski has devoted to the team that has the players' undivided loyalty.

"He's given us everything he has since day one," said senior Cesar Martinez. "We wanna be able to give him something back. I think the only thing that we can give him is that championship game, we wanna give him that 2/28."

Cheerleading coming to Lyndon State

Jillian Grenier
Special to The Critic

Watch out dance team, a cheerleading team is being formed at Lyndon State College, and they are ready to show off their talent.

Thirteen girls showed interest in joining at the informational meeting, where they learned they will be cheering for basketball, and hope to travel with the team. The girls also hope to represent the

school by competing against other cheerleading teams.

"The girls on the team are very competitive and hard-working. We are willing to do anything to be a good cheerleading team," Stephanie Bonacci said. Bonacci was one of the girls who decided to bring cheerleading to campus. Between them, the girls have a variety of cheering, tumbling, and dancing, experiences, about 12 years total.

The school will fund the

team, but it also plans on doing some fundraisers to make more money. They will start off with warm up suits and will eventually get uniforms. The team is still looking for a coach.

"This is a great way to have talent shown to everyone. We want to do a lot of team bonding and get the school involved with the basketball games," Bonacci said.

Upcoming Events

Men's Basketball: @ New England College Tournament, Henniker, N.H., Nov. 15-16

Women's Basketball: @ UMaine-Augusta Tournament, Augusta, Maine, Nov. 15-16

Hockey: Nov. 14 vs. Springfield College, 8:15 p.m.
Nov. 21 vs. St. Joseph's College (Maine), 8:15 p.m.

Note: Home basketball games played in the Stannard Gym. Home hockey games played at the Fenton Chester Arena, across from Lyndon Institute. Game times subject to change.

THE CRITIC

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www.lyndonstate.edu/critic

Lyndonville, Vt.

One copy free, extras 50 cents each

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Friday, December 5, 2008

LSC students invade Egypt pages 4 and 5.



LSC white washes student expression

Josiah Stewart
Critic Staff

An assortment of creative expression has been popping up on walls all over Lyndon State College's campus in the form of painted murals that are the product of many hours of planning and inspiration.

So far the artwork has appeared in five different locations around campus.

Elizabeth Norris, Department Chair of Music and Performing Arts, explained that the project required students to come up with art ideas based on gorilla, street, and graffiti art of the current century.

"The students had to draw

it out and then stand in front of the class and explain what they wanted to do, and then we took all twenty-two ideas and then voted on them, and picked the top five, and then divided the class into teams," Norris said.

The artwork can be seen in the stairwell going up to ACT 210 and 212, at the bottom of the spiral stairwell across from the library, right outside the library doors high up on the wall, and until recently by the elevator on the bottom floor of Vail.

Norris showed disappointment to find that three of the pieces of art have already been painted over.

Norris also explained that

the students were given certain conditions when the project was first started. "First the students were told that the art was ethereal, which means that it could very well go away, they could do no harm, it also had to respect diversity, and they had to keep it clean," Norris said, "they also knew that I purposely did not ask for permission, because if you ask permission it destroys what it is you're doing as graffiti artists."

Although precautions were used to ensure that paint would not get everywhere using drop cloths and news papers, some of the paint managed to seep through and got on a carpet.

"I think part of the schools reaction is that we can't let people paint things because they will make a mess. Life is messy and noisy, art is messy and noisy, and one of the things I discovered is that we are not used to that here," Norris said.

The art that was painted over was of a covered bridge and two other abstract pieces that were by the elevator on the bottom floor of the Vail building.

"I don't know who made the decision to paint over those pieces, I don't even know if the president saw any of the art," Norris said, "but I can tell you that at the end of her state of the college address,

one of the things she said in her lets dream big part of the speech, was 'I picture artwork on every single wall,' well how are we going to do that if there is someone on campus who makes the call about what is acceptable forms of art and what is junk..."

In the spirit of unity and artistic expression, students have placed their mark on LSC's campus, an example of this being the U.N. symbol painted outside of the Library's entrance.

It is not yet clear whether the rest of the artwork will be allowed to remain.

Campus Activities Schedule

Friday Dec. 5
Jesse Winchester
 8 p.m. ATT
 Free with LSC ID

Saturday Dec. 6
Bus Trip to NYC
 Bus leaves Vail at 5 a.m.

AMS & NWA Talent Show
 7 p.m ATT

Sunday Dec. 7
Dark Knight
 3 p.m. T202

Monday Dec. 8
Rock Climbing Wall
 8-11 p.m. Bole Gym

Tuesday Dec. 9
Tango Lessons
 5:30-6:30 p.m. Catamount Arts

Wednesday Dec. 10
Snowy Mountain Concert Series
 Burke Mountain's Tamarack Grille
 7:30-9:30 p.m.

Letter Policy

The Critic welcomes letters and opinions. All letters must include the author's phone number and address. The Critic will not publish letters until we have confirmed the authorship of the letter. The Critic reserves the right to edit comments. Please send your letters to:

critic@lyndonstate.edu
 or
 The Critic
 LSC Box #7951
 Lyndonville, Vt. 05851

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Oops...

If you notice any errors in our reporting, please email us at critic@lyndonstate.edu or stop by the office Vail 326

New year, new courses

David Lapham
 Critic Staff

Olympic and Power lifting, Philosophy and the Simpson's, Bob Dylan as a major author, Intro to Multi Media Story telling and Austin Industry, are all courses Lyndon State college are offering during the spring 2009 semester.

Olympic and Power lifting can be taken as either a one or two credit course, depending on whether or not students want to undergo a seven week mini semester or a full semester. "The class is meant to teach the fundamental knowledge, skills and abilities needed to perform the Olympic and power lifts and how to apply them for their personal goal," John Shanks, senior and course instructor, said.

Philosophy and the Simpsons is going to be offered this coming spring semester and has to do with a topics course titled, Pop Culture & Philosophy. Each year the topic changes, this year student's are

going to be "using the Simpsons as a way to understand concepts from the history of philosophy," David Johnston, professor of Philosophy said.

Alan Boye's major author seminar will be something different this coming spring semester. Some students might find themselves vaguely confused after reading the course description posted by Boye. The course description consists of nothing more than various photos of Dylan posted on the English department's numerous bulletin boards.

Instead of reading one of the expected author's, Shakespeare, Milton, Austen, Dickens, Melville, Twain, Yeats, James, Woolf, Stevens, Frost, Eliot, Faulkner or Kerouac, whom are listed in the course description, students are going to read Bob Dylan.

In an exclusive interview with Alan Boye, he revealed the nature of the course, which will be to, "talk about his [Dylan's] music, the approach will be to treat his music as

an art form that is in a way new to human kind because Dylan was able to take folk music, music of the people, which has always been around and combine it with the modern phenomenon of Rock and Roll, electronic recording and the ability to send a message worldwide instantly," Alan Boye, Professor of English said.

For those students who are looking for a course which has as much emphasis on literature as it does with cinema they might look at a course titled, Austin Industry, which will be offered in the spring semester of 2009. In the Austin Industry course students can expect to look at Jane Austin's novels and film and television adaptations of those novels. The appeal of the course according to Richard Moye, English Department chair is, "Austin novels are an odd choice for film makers because not much happens, so why do they choose Austin novels?"

Smell the ocean air in the elevator?

Sebastian Lury
 Special to the Critic

Students may have noticed the sticker in the Vail elevator had expired and that it smelled of sea salt; but there is a good explanation for each.

"Everything's up to date," says Tom Archer, director of physical plant at LSC, "and they always were." The elevator, Archer explains, is inspected two to three times annually by Vermont Inspection Services and the college has a maintenance agreement with Bay State Elevator to provide necessary maintenance every three months or so.

"It was a paperwork glitch," says Archer. The reason for the expired sticker is a paperwork issue, not a safety issue according to Archer. Students will notice that the elevator now displays a faxed copy of the updated sticker and will continue to do so until the physical copy is re-

ceived.

However, that does not explain the awkward smell on the first floor.

That smell is the byproduct of LSC's efforts to be environmen-

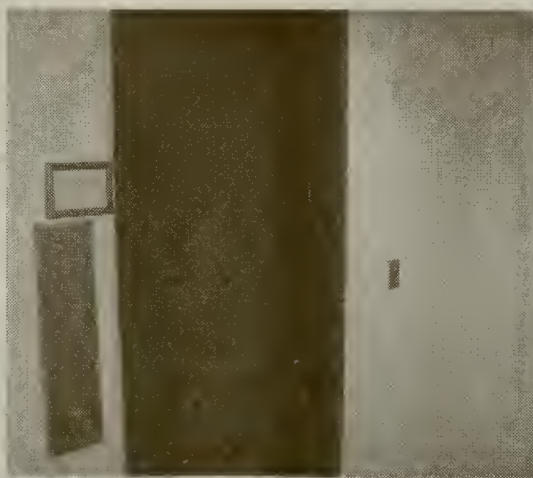


Photo by Ben Holbrook

The elevator in Vail often has a strong odor coming from it due to the seal that leaks. The seal in the elevator leaks more than the other elevators on campus.

tally friendly. Archer explains that instead of the elevators using hydraulic oil, it uses vegetable oil.

According to Archer, most piston-powered hydraulic systems leak a bit due to the downward thrust of the piston into the oil. However, the difference be-

tween hydraulic oil and vegetable oil is that vegetable oil will biodegrade. When this occurs, the smell is produced.

When possible, the maintenance crew can clean the small leaks and the smell goes away. They do this by pumping off the rest of the oil and adding fresh and also by adding an environmental fungicide, Simply Green, and deodorant. For bigger leaks, Bay State Elevator is called in to remove excess oil.

Archer thinks that the reason for this elevator having the smell and others not having it is that the Vail elevator has a seal that leaks more. Archer assures that the seal is functional, however, because if it were not the elevator would not work.

"We spend a lot of money on these elevators," says Archer about the smell and the inspection sticker. He also thanks LSC students for their concerns and questions and encourages students to be aware of these things.

LSC Classifieds

Houseware

Fish Shower Curtain Hooks Set of 12
 Each Fish is hand painted on cold cast resin; measures about 1 15/16"W x 1 3/4"H. Golden Hooks with 1 1/2" diameter loops glide on your shower rod. \$10 each Contact Colleen Lariviere 626-4264 or Colleen.Lariviere@lsc.vsc.edu

LSC Classifieds

Clothing

2 Ponchos
 Women size small - one is pink / other is blue striped
 \$7 each or \$12 for both
 Contact Colleen Lariviere 626-4264 or Colleen.Lariviere@lsc.vsc.edu

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The Critic reserves the right to reject any ads that are inappropriate or otherwise unfit for printing. critic@lyndonstate.edu.



Who Owns these Walls?

Catherine Story
Managing Editor

Lyndon is not my school.

The halls are plain or decorated with manufactured admissions propaganda and the events are generic and unimaginative. This campus has never looked like a student friendly or student run community.

The question I ask is: who really owns this school?

The reason I am dwelling on the ownership of this school is the recent expunging of student art in the hallways.

I realize the "danger" of having students feel that they can paint on any wall on campus without repercussions. There are always people who do things through hatred and angst and the school does not want those views to be a community representation.

There is however the question of who makes the decision of what can and cannot be put on the walls. Whose opinions does this school represent?

The faculty and administration of this college are put in place and paid to help students develop into freethinking and intelligent adults.

It's upsetting for me to hear staff ask, "what gives students the right," when discussing the painting project of the experiencing the arts class. My question is what gives the administration the right to demand that students get permission?

There is a web of paperwork that students need to fill out to do

anything around campus that usually slips into the student services department and is never seen again. It is only through the SGA that students are granted money to create new activities and clubs and that SGA is made up of bitter club representatives who would generally prefer to be elsewhere.

The dilemma that is posed to me is the assertion that the administration has taken to wipe out the student artwork when they claim that the campus is too broke to pay for independent studies or up to date technology. Why are the man-hours and paint supplies so readily available to wipe out creative thought but not available to help students learn?

The administration may claim to embrace the creative and artistic students within the college but it seems quite the opposite when you hash through their actions. There is a new music room in the lower level of Vail that students are supposed to be able to practice in. Unfortunately because of the location, right below the administration offices, they are not allowed to practice before 4:30 p.m.

The students on this campus are treated like visitors. They are not allowed to leave a mark or make too much inconvenient noise. It's the mentality of an administration and faculty that refuses to embrace their student's creativity and expression without specific guidelines and restrictions that causes student's lack of involvement as well as the low retention rates.

I doubt the school realizes the message they are sending their new students when they cover up paintings because of a little bit of mess. If the campus is having trouble with freshmen retention it's probably not a good idea to erase freshman artwork from the halls.

Perhaps Elizabeth Norris, Department Chair of Music and Performing Arts, misunderstood, President, Carol Moore when she said, "I picture artwork on every single wall," in her state of the college address. It seems she meant a picture that the admissions department purchases or perhaps she wants more big screen TVs displaying Power Points.

Burke showcases LSC talent at the Tamarak



From top left: Zachary Edwards belts it out at the Tamarak. Iain Brown, left, and Scott Mooney, right, tweak the audio board. From bottom left: Phil Veins on piano and Chris Arsenault on guitar accompany one another. Zach Ummer strums his guitar at the Tamarak instead of in the AT corridor.

Tamarak photos by Herb Swanson

LSC students walk like Egyptians





Gwen Cook
Special to the Critic

Over Thanksgiving break 37 adventurers, including myself, went to the Arab Republic of Egypt for 10 fun and information filled days.

We saw plenty of famous sights such as the three Giza Pyramids, the sphinx and the Valley of the Kings. We traveled by plane and bus and boat to historical cities like Cairo, Aswan and Luxor. We had a very intelligent tour guide who told us more information than we could ever hope to retain. Egypt was a fantastic place for a vacation.

It was also the biggest culture shock I've ever received.

The four different things that I think stuck with me the most were the food, vendors, sanitation and transportation.

Egypt was the best crash

diet I've ever been on. The food's good but you have to do some research first. You can't eat leafy veggies because the fertilizer is different than what we're used to and they clean their food with Nile River water. You can't have ice cubes because the water comes from the Nile as well. I might have gone overboard with my safety precautions by only drinking bottled water and eating bread but then again, I didn't get sick.

Oh yea, and I didn't have Egyptian McDonalds. If it makes you sick to eat that nasty stuff in the states what makes you think it won't overseas?

The Nile is dirty. I never got a chance to ask about sanitation regulations but you could see there was a lack of it in many places. Like in ancient times, the Nile is their

life line. Everything they do is tied to that river. I saw many people fishing, washing and drinking from the river. They were also doing this right next to heaps of trash and with a film of oil over the top. I don't want to insult the people and make them seem like savages because they are far from it. I just think that there should be stricter regulations set in place to preserve the most important aspect of their lives.

Vendors, where do I even begin to start on vendors. They are nothing like home, that's for sure. They get in your face and shove their wares right under your nose. They get way closer than even close friends should get. No is not a word that they accept. If you aren't really strict with them in your dealings they'll follow you around way past their stand in hopes that this

will make you go back. I was almost pathetically grateful to get back to the states to the vendors that go out of their way to not help you. I think I can deal with that better.

I think the biggest shock to me was the transportation. Our tour guide Hashim told us that Cairo had the worst traffic in the world and I agree with him. All throughout our visit I was shocked and amazed that there weren't more accidents. We actually were driving in Aswan and sideswiped a little truck with our big Coach bus. Our driver didn't seem to mind and continued on at his hazardous pace.

Drivers weave in and out of traffic at an almost break-neck speed through cars, trucks, horse and buggies, and donkey pulled carts. In the cities drivers leave their lights

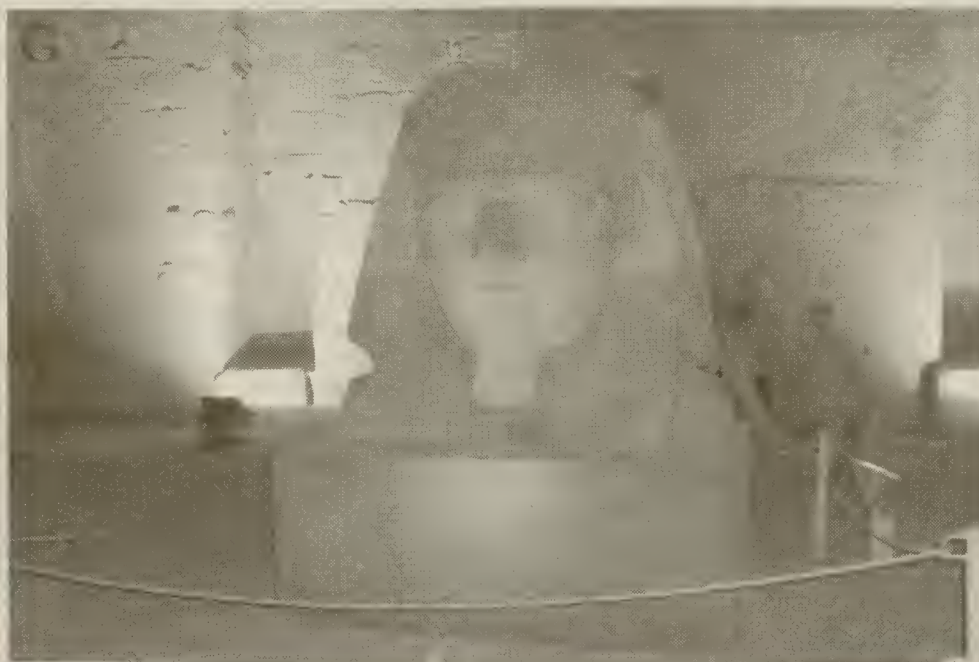
off at night and only use them to flick at other traffic or pedestrians. If that doesn't work than they honk their horn to warn. All through the night the sound of horns blare until you think you're going to go completely insane.

Pedestrians are viewed as more of an inconvenience than anything else. Drivers won't stop if they see someone crossing but will just honk their horn and expect you to get out of the way ASAP. Crossing the street is even more dangerous at night especially if you aren't wearing reflective clothing.

Egypt was a trip that I know I'll never forget. Not all the culture shocks were bad and I learned a great deal about their lifestyles. But after all is said and done I appreciate what I have back here at home so very much more.



A: Noah Fink at Karnack photo courtesy of Gwen Cook **B:** Valley of the Kings photo courtesy of Pat McAree **C:** Heiroglyphs photo courtesy of Pat McAree **D:** A small sphinx photo courtesy of Pat McAree **E:** The Sphinx in front of Giza photo courtesy of Gwen Cook **F:** Heiroglyphs on pillars photo courtesy of Pat McAree **G:** Luxor Temple photo courtesy of Gwen Cook



Textbook shopping 101 at LSC

Brian Howe
Special to the Critic

As the new semester approaches students are looking for a way to save money when buying textbooks.

The economy today is causing for everyone to cut back on their spendings. Textbooks can range up to \$300.00 and that is a lot of money to spend. Everyone is looking for a way to save money and if you find that you can't spend that much on a textbook then stop by ebay, they can help you out. They usually have great deals on textbooks and for a cheap price, just watch out for the ship-

ping cost.

You should shop early and not wait until the last minute to get those textbooks. There is only a certain amount of used books that's why if you don't get them fast then you will have to buy the new textbooks. If you wait the price might just go up because they know you need the book and money wouldn't be an issue at that point. If you wait till the last minute to buy your textbooks they might be gone and you could find yourself paying more money to buy a textbook that you need.

"Shopping early, check the website for used books first come, first served," said

Anita Little-Drown, Lyndon State College Bookstore Manager. Little-Drown also said that usually the first ones to get to the website get the used books. Little-Drown also said that when it comes time to return your textbook make sure it is in good condition or the Bookstore won't take that book back.

During semester break you have the chance to relax and look for textbooks for the spring semester. You can go on www.lsc.bkstr.com and look for the textbooks you may need. Little-Drown says that when looking on-line you can also set any books you find aside. You will need to

use your student account and put in your identification number here at Lyndon State College.

Before you buy the books you need get in contact with the teacher of the class. Little-Drown says that faculty sometimes change their minds on what books they want to use at the last possible minute, sending students to find that book. If your teacher is unsure then wait to purchase that book, you will find yourself saving money in the end.

Textbooks are also changing, you can now find them on CD's. Not all textbooks are on CD's yet but that could change in the future. You can

also download them to your computer off of www.ebooks.com, this could say you might. But, you may find that you can't print out all the pages and only just a few of them. Some students would like to highlight and put notes in their books and you can't do that with ebooks.

Another way to save on those textbooks is find a friend that already took the class and see if they will sell it to you cheaper. That is always a great way to save money. You could always ask a teacher if she has a suggestion where you could find a cheaper textbook.

Business students watch Wall Street

David Lapham
Critic Staff

Rachel Siegel's Money and Capital Markets class students have a rare opportunity to watch financial history as it unfolds.

"The class couldn't have been timed better, given the fact that there is so much excitement in the markets," Sam Utz, junior business major said. "Being able to study the material real time and watch it as it happens is a luxury we are fortunate to have."

Joel Flores, junior Business Management majors said, "The class has benefited in an educational standpoint, the topics we have covered we get to see in real life," Flores said. "How about instead of the professor giving a lecture, you are the one giving the lecture? This is the case in Money and Capital Market; you do a presentation each week on a specific topic shown by professor Siegel."

A major concern for many students in the Money and Capital Markets class is the credit crisis. According to some of the class members the

credit crisis has been caused by careless mortgage lending and is the root of numerous bank failures. In the midst of financial decay students are able to watch the markets fluctuate each day.

The class "gives a lot of perspectives on the economy," Nate Taylor, senior business administration major, said. "It's great to be informed through a class on everything that's currently happening and taking that information as a group and trying to figure it all out."

The United States financial mess cannot be pinpointed to a single factor; however, one factor in particular, the burst of the housing bubble, has been criticized as being a leading cause.

"So when the housing bubble burst people couldn't sell their houses for anywhere near the price they bought them for, or owed on the house," Taylor said.

People became trapped trying to pay for houses they could not afford; as a result people eventually defaulted on their loans. "The bank now has lent someone 500k to buy a

house and since the housing bubble has burst that house may only be worth 200k," Taylor said.

Joel Flores has experienced firsthand how banks have lent irresponsibly. "In 2004-2006 I worked for Washington Mutual. When you apply for a mortgage if you had higher than a 680 credit score [good credit] the bank would not verify your income. By not verifying your income they wouldn't know if a customer had a means to pay back their mortgages," Flores said.

Watching the financial world collapse before the class has caused some students to theorize what might happen to the future of banking systems, Sam Utz, junior business major contends that, "The balance of power is changing because banks have less capital, and other companies, such as Tesco, are considering entering the mortgage market to take advantage of the situation and use their capital."

TheCritic

We put out on Fridays and so can you. This is your chance to report on breaking news and let your voice be heard on campus. If you want to be informed and have a good time, then The Critic is the place for you. We are looking for people to fill the following positions for the Spring 2009 semester:

Photographers

Reporters

Columnists

Reviewers

Graphic Artists

Web Designers

Even if you don't think you can fulfill any of these positions but you want to get involved with The Critic, contact Ben Holbrook at Benjamin.Holbrook@lyndonstate.edu or Dan Williams at Dan.Williams@lyndonstate.edu

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LARRY LEFRAIVRE

OWNER

SGA wraps up first semester successfully

Ben Holbrook
Critic Editor

WWLR nearly losing their voting rights and having their budget frozen wasn't the only issue dealt with during Wednesday night's SGA meeting.

Tom Archer was invited to speak during the meeting, which gave club representatives the chance to ask questions and pose problems around campus. Some of the issues discussed were the Stonehenge parking lots, replacing windows in the residence halls and continuing to update the Stonehenge residence halls. Archer said that

the parking lots in Stonehenge are a problem that the school is trying to address however, since the school's budget is so tight right now, the parking lots probably won't be worked on until the summer.

J.C. Norling, the new adventure based recreation professor, gave a presentation about a new website the Outing club is working on. The new website is part of an effort to inform students about all the recreational opportunities available to them. Norling's presentation also included a proposal to renovate the squash courts into a student activity center which would include a new climbing wall.

The key issue dealt with during the meeting was whether SGA should take action against WWLR for failing to submit registration paperwork by the Nov. 21 noon deadline. Despite repeated warnings from the executive board, WWLR failed to submit their paperwork. Under the SGA constitution it states, "If a Club Representative fails to maintain a current registration with the Office of Campus Activities, then the SGA Executive Board shall make a recommendation(s) for action to the SGA. This must be passed by two-thirds (2/3) majority in order to take effect." After a great deal of discussion

three motions were voted on, all of which failed. As a result, WWLR who would have been stripped of voting rights and had their budget frozen until the paper work was submitted and approved, will not face any repercussions.

AWRT and Sigma Zeta made money requests. AWRT requested money to drive to Connecticut to go on a tour at ESPN and possible tour of the NBC 30 station. The club was denied \$319.80 to stay overnight at a hotel but they were approved for the money to pay for the mileage. Sigma Zeta and AMS/NWA made a request to pay for expenses for the science fair they host in

March. Both clubs were requesting \$750 to pay for food which, was reduced to \$615.

Ryanne Ayers was approved to receive \$250 to help pay for travel expenses to a 28th Annual conference on First-Year experience. Ayers received a fellowship, which only five students in the country are awarded, to help pay for the conference costs.

The meeting concluded with the disbanding of two clubs and the removal of Katie Story, Kathy Klein, Steven Cormier and Kali Stoddard-Imari from their elected representative positions for having too many unexcused absences.

Get the most bang for your books at LSC

Heather Poginy
Special to the Critic

As the semester comes to a close and bank accounts are running dry, students are gearing up and ready to return their books to the bookstore for some well-needed cash.

According to Anita Little-Drown, the store manager of Lyndon's bookstore, student identification cards must be present when selling the books

back to the store. "These make the transaction traceable," she mentioned, "When I sell a math book back for \$70, it becomes a very hot asset, and this time of year, people get their books stolen or misplaced or whatever."

Although the bookstore does buy back books year round, there are several ways a student can get the most bang for his or her book. The best way to get the most money back is to somehow convince

the professor to use the book again for the next semester.

The bookstore determines the demand for these books by whether or not the professor will use it again and also how many students have enrolled in the class.

As of the morning of December 4, the bookstore had 78.1% of the book orders that will be used by professors next semester. By the end of the week, the Student Services offices will alert the bookstore of

the classes that are canceled for next semester.

The condition the book is in will also give you a higher sell-back rate. "Water damage will definitely make it so we cannot accept the book back," Little-Drown said, "Water produces mold. When you put your book in the backseat of your car, and your buddies get in the backseat this time of year with wet boots, it's bad."

Math books and economics books usually are bought

by the bookstore, simply for the fact that professors use them over and over again. However, computer books aren't because there are constantly new editions with the updates of the computer programs.

Any questions about book buy backs can be answered by the bookstore manager or any of the bookstore employees at bookstore@lyndonstate.edu, or by phone at 626-8831.

LSC students produce "Resume Book" for prospective employers

Eric Downing
Critic Staff

Lyndon State College is now helping its business students to put themselves out there, even before many of them are graduating.

During the first week in December, the Business Administration Department at LSC will be sending out a book of students' resumes to major employers in the surrounding area for the first time.

Linda Mitchell, professor of business administration,

said her department looked at the Northeast Kingdom, Montpelier, Barre, and Burlington areas in Vermont, as well as northern New Hampshire and the Hanover-Lebanon area. They selected 40 to 50 CPA (Certified Public Accounting) firms and major employers that have a headquarters with a finance office.

All of the business majors who have had the class Managerial Accounting, or will have it this spring, were invited to participate in the resume book project. Mitchell said that

sophomores, juniors and graduating seniors were expected to appear in the book.

Students were required to prepare their resumes and have Linda Wacholder, LSC's director of career services, review them so that they would be as polished as possible. The students then submitted both physical and electronic copies of their resumes by Nov. 21.

Mitchell said the book will help students who are graduating get in first contacts with prospective employers for both part and full-time jobs,

and undergrads should find it easier to get an internship, which is one of the requirements to get a degree in business.

Mitchell said the resume book has more benefits than just getting out information about LSC's students.

"We want to make students and employers more aware of the degrees we offer," she said. LSC now has more than one accounting degree: one for CPAs and the other for students hoping to help run a company. LSC also offers a

bachelor of science degree in business administration.

Mitchell said the book of resumes should help even non-accounting students, possibly making them "more appealing" to employers through name recognition. She also said the book should make LSC more recognizable to employers, and therefore make them more likely to hire students from the college.

"We do have professional students coming out of here," Mitchell said.



Samuel Read Hall Library Food for Fines.

Monday, Dec. 8 through Friday, Dec. 12

Have some overdue library material at home or in your room?

Bring in one non-perishable food item -- that we will donate to the Lyndonville Food Shelf -- for each overdue item you return and its overdue fine will be waived.

Every day is a wacky weekday! Brought to you by the Overlord of fun!

FRI 12/5	SAT 12/6	SUN 12/7	MON 12/8	TUE 12/9	WED 12/10	THUR 12/11
First Appearance of Electric Car: Dynamic drive... until it's out of juice.	Saint Nicholas Day: Expect to find little presents in your shoes.	Pearl Harbor Day: Aw, another serious holiday. :(1974: A widespread vote in Greece rids it of its monarchy. What!?	National Pastry Day: Yummy yummy in my tummy!	Dewey Decimal Day: A nod to our friends at the library for the fee waiver.	International Mountain Day: We're going to need some really big party hats.

BATMAN BATMAN BATMAN BATMAN BAT...

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D	S	O	H	B	J	B	X	W	F	I	Q	E	I	Q	B	Z	S	Z	B	D	G	N	H	N
U	K	R	K	H	A	R	L	E	Y	Q	U	I	N	N	G	M	K	W	J	M	E	W	N	C

WORD FIND

BATMAN ROBIN NIGHTWING CATWOMAN JOKER TWO-FACE
PENGUIN MAD-HATTER GOTHAM UTILITY-BELT BATMOBILE
BRUCE-WAYNE HARLEY-QUINN KILLER-CROC POISON-IVY

Sudoku Corner! Level: Hard

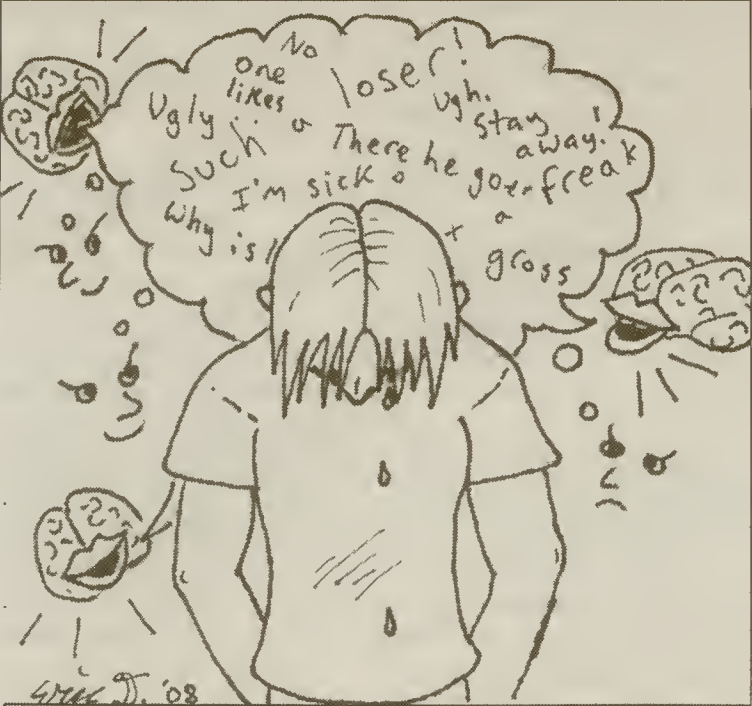
			9	4				1
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4			1					
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		3					6	
	7			9		3	4	1
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			4					
2	1			9	8		4	6

Instructions: Fill in the boxes with numbers 1-9 so that each number appears only once in each row, column, and 3x3 box.

Created using javasudoku under the GNU free use license. Program written by Samantha Yen

Supernatural Selection

TELEPATHY IS A CURSE...



...BECAUSE THEY DON'T HAVE TO TALK ABOUT YOU BEHIND YOUR BACK.

Supernatural Selection is drawn and written by Eric Downing

This week was a team effort. Word find and sudoku puzzle by Zax. Weekdays by the Overlord of Fun and Zax. Ask Esther by Derika Downing. Comic and lay-out by Overlord.



Next Week: End the semester with a blast! Two comics and more entertainment than you can shake a text-book at!

Ask Esther! "He's going to chop my head off!"

Dear Auntie Esther,

I am a turkey on the run. I managed to survive Thanksgiving, thanks to my prodigious skill and cunning, which allowed me to outwit the farmer who had been planning to slaughter me and sell my carcass to the highest bidder for the purpose of consumption by said bidder and his ravenous relatives.

This is something that I'm still bitter about, even though I learned of this nefarious plot more than a month before the appointed day of my slaying.

Before this grim discovery, I had always thought of the farmer as being like a father to me. Everyday, he'd come and see me, bright and early in the morning, and feed me several handfuls of delicious cornmeal, and tell me what a good turkey I was—what a nice, fat, healthy turkey I was.

I suppose that my suspicions might have been aroused by his use of the word "fat" as a compliment, but I was young and naïve.

I thought that the farmer loved me as he did his own son, or at least as he did his own dog. I never imagined the gruesome fate he had in mind for me.

But that's not important now. I survived the Thanksgiving holiday, but I know that my struggle is not over

yet.

Many people also enjoy a turkey dinner at Christmas-time, and I am equally vulnerable in December as I am in November. Some people prefer to hunt down their own turkey, rather than paying for one that was raised on a farm, as I was, and I don't know where I can go to hide from the hunters.

I know I can't stay in the woods, and I don't dare go knocking on doors asking if someone will grant me asylum, because anyone who would do so would probably just be planning to hack my head off with a butcher knife and make me the main course in their own yuletide feast. There's almost literally no one I can trust.

Except you, Auntie Esther. I know I can trust you, because you've helped so many other individuals dealing with adversity of one kind or another, and you wouldn't lead me astray. Please, tell me, where should I go? Are there any reputable shelters for turkeys like me?

Turkey on the Lamb

Dear Turkey,

I don't need to tell you that your ordeal is a very common one for turkeys at this time of year.

It's not unusual for birds in your position to feel perse-

cuted, and it can be very difficult to know who your true friends are.

However, I have heard rumors of a secret community of vegans and vegetarians who are providing safe housing for turkeys who are smart enough to realize what's going on and who have decided that they'd rather not be eaten.

There are local branches of this clandestine society in at least thirty-five states, including Oklahoma, Virginia, Arkansas, New Jersey, and Maine, just to name a few.

Try Googling "Safe Housing for Turkeys During the Holiday Season" and see if you can find anything in your area.

In the meantime, don't judge the farmer who raised you or any other turkey-eating humans too harshly.

Meat is a natural part of the omnivorous human's diet, and turkey is an excellent source of white meat (although many people prefer the dark meat) which is a great source of protein.

Humans who have chosen to live meat-free must strive to find other sources of protein, which can be more difficult than one might suppose, especially for those who have chosen not to eat eggs or dairy products. Good luck.

Auntie Esther

THE CRITIC

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Lyndonville, Vt.

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Friday, December 12, 2008

ERASE LIES NOT ART

Josiah Stewart
Critic Staff

Several acts of vandalism involving paint that had been stored in ACT 210 have plagued Lyndon State College over the past two weeks.

Last week there was controversy when a number of murals painted by students were painted over. The murals were painted as part of a class taught by Beth Norris. Since Norris didn't get permission to paint on the college's walls, they had to be removed.

The room that was used to store the paint has seen the worst from the vandals.

"Those rooms are usually locked, and it wasn't locked, and the paint that the students were using to do their 'illegal' artwork was in that room, and it is my responsibility because I thought that it was secure and it wasn't," Elizabeth Norris, department chair of music and performing arts, said.

Norris received a report on Dec. 2, and believes that it was a janitor who discovered the first bit of vandalism: yellow paint that had been dumped into the chalk board tray in ACT 210.

"That afternoon a student from my class said 'oh look someone dumped paint into the heating vent' so someone

had taken the yellow paint and poured it down the heater, and it dripped through to the ground below," Norris said, "I thought that I better also check the piano, so I opened the top of the piano looking for yellow paint and did not see any. I thought that it looked a little bit odd but I didn't register what I was seeing because I was looking for yellow and I just looked real quick."

On Monday Dec. 8, while Norris was having her departmental recital, she discovered that the piano she had checked earlier had been a victim of the vandals as well, "I went to use the piano and it felt like I was playing on a table, and when I opened it I realized the whole inside was filled with brown paint so it blended in right over the hammers. So they lifted the top and poured brown paint all over the inner workings. I don't yet know if the piano is salvageable. I still have to talk to someone about that," Norris said.

Norris explained that although the Shelter Showcase was not greatly attended, people from off campus were free to come in, "so it could have been anyone."

Another bit of vandalism on campus occurred on the

bottom floor of the Vail building in the same spot that previously held three pieces of artwork that had only recently been painted over. "Someone took a black marker and wrote 'Erase lies, not art,' which I thought was very interesting, and it looks like someone tried to scrub it off and it isn't coming off," Norris said.

Norris also explained the reason behind the three paintings in Vail being painted over, "I found out that it was on account of supposed hidden drug messages in the paintings, because the one that said 'Keep Lyndon Green' had mushrooms in it and apparently someone from administration thought that it had to do with hallucinogens, and the other was an image of spray cans and this was thought to deal with inhalants."

"Tenure or no tenure, I still would have done this project because in my brain it doesn't really hold a connection to the project," Norris said, "but I am on the other side of tenure now so I can't say for sure, but the bottom line is that we are here for the students and for student education and I will do whatever it takes to teach my students something important."

Campus Activities Schedule

Friday Dec. 12

Bingo 9 p.m.

Student Center

Saturday Dec. 13

Glorious Sounds of the Seasons

7 p.m. ATT Lobby

AMS Movie Night

7-10 p.m. RBC

Sunday Dec. 14

Righteous Kill

3 p.m. ATT

Bus Trip to Santa's Village

Bus leaves Vail 10 a.m.

Game Day

Noon-Midnight RBC conference room

Monday Dec. 15

Ping Pong Tournament

8-10 p.m. Rita Bole Gym

Tuesday Dec. 16

Tango Lessons

5:30-6:30 p.m. Catamount Arts

Letter Policy

The Critic welcomes letters and opinions. All letters must include the author's phone number and address. The Critic will not publish letters until we have confirmed the authorship of the letter. The Critic reserves the right to edit comments. Please send your letters to:

critic@lyndonstate.edu

or

The Critic

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Oops...

In the article "LSC white washes student expression," Beth Norris's quote said, "First the students were told that the art was ethereal..."

The quote should have said "The art was ephemeral." This was not a reporting error.

Upward Bound employee to be laid off as of January

Ben Holbrook
Critic Editor

An employee in the Upward Bound office has fallen victim to the country's unstable economic situation.

The employee, who works in the Upward Bound office as a part-time secretary, will have their job terminated as of Jan. 1, 2009. The layoff is in response to a lack of federal funds, which pay for the services and employees of Upward Bound. Upward Bound receives \$324,000 a year to help students who come from low income backgrounds to prepare for college, Bob Whittaker, dean of institutional advancement, said. The program must survive at least 70 high school students each year in order to receive federal funding. "In order to maintain the funding level they can't cut back on services for the students," Whittaker said. "The decision to cut a position was not made lightly," Whittaker

said.

The staff position, which is in the process of being eliminated, is not in response to the state appropriations issues that LSC is facing, Wayne Hamilton, dean of administration, said. The part-time position is funded through a federal grant. "They have not had any substantial increase in the grant amount," Hamilton said. "Upward Bound was confronted with paring back on direct services or reallocating the work." Hamilton said the LSC administration is trying to avoid any additional layoffs among the staff. "It is very unfortunate but as the funding falls behind the pressure builds," Hamilton said.

The Upward Bound program has been in existence for over 20 years and is one of the more successful programs in New England and helps students from seven participating high schools. Without the program, students from low income back-

grounds might not pursue an education beyond high school, Whittaker said. "Of the students who are in the program, 100 percent complete their high school education, 97 percent go on to college and 87 percent are still enrolled or have graduated from college," Whittaker said.

The entire program is very intensive with staff maintaining constant contact with the students, Whittaker said. Each summer students come to LSC to stay on campus in order to get a feel for the college life. Upward Bound helps students to attend colleges like LSC or even as far away as Bowling Green in Ohio. Students who take part in the program are not required to attend schools in Vermont.

Upward Bound is staffed by two full-time employees who will be responsible for performing all the necessary services.

New anime club on campus

Sam Monroe
Special to the Critic

Students at Lyndon State are getting animated.

Freshman Joe Biega attended the club fair his first weekend at LSC. There he noticed that there was no anime club, he had also noticed that several students had been reading anime or various other comic books.

"In high school I met some of my best friends through the anime club" Biega said. So he decided to start one.

Biega followed the appropriate steps and began to form the anime club. He attended the Student Government meeting on Nov. 12 to try and become an official club. That night he found out that his club was required to have an advisor in order to become an official club at the

school and be recognized in the student government.

In the next few weeks Biega and other club members began the search for their advisor. They eventually found one.

The next week Biega once again attended the SGA meeting and asked to become a club. This time the anime club was officially accepted into the SGA.

The club currently has eight members and is still searching for more. This is because major animation groups such as Funimation and ADU Films can recognize the club. Once they have 15 members these groups will send the club a movie a month along with comic books and other free stuff.

The anime club will meet Tuesday's at 7p.m. in a spot yet to be named on the Lyn-

don Campus. These meetings will often include watching an anime movie or talking about a new comic book. Biega said that the club set no standards for what they can do and the sky is the limit.

However there is one minor thing the club cannot do. Anime pornography will not be tolerated at the meetings and is not allowed in the club.

"We can safely say that this is the only constitution that we have seen that includes the word pornography," said Andrew Chapin, the Student Government president, after the club was welcomed to the Student Government meetings. "And in this case, it is a good thing."

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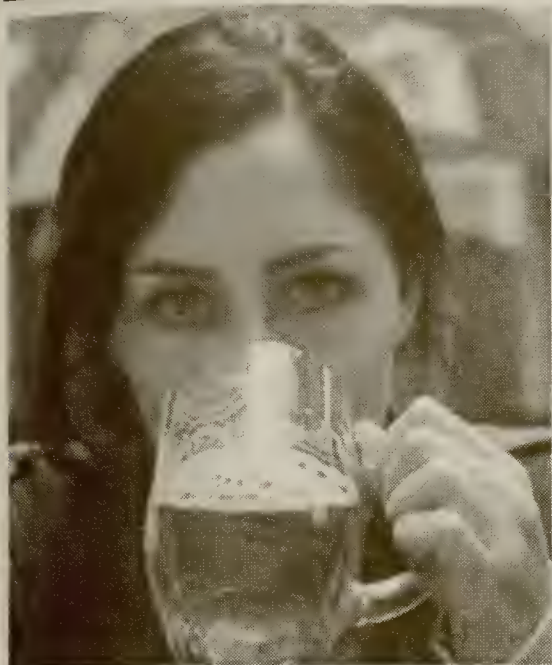
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Do you really deserve that A?

Catherine Story
Managing Editor

If you don't do the work why take the class?

That is a question I have been

asking myself more and more as I finish my schooling here at LSC.

I am an English major and that involves taking a lot of courses that require reasonable amounts of reading. I have found throughout my college experience that it is rarely necessary to do this work.

It is uninspiring to show up in a discussion oriented class and find that I'm not the only one that skipped out on the reading the night before. In fact I have had the displeasure of discovering I was in an entire class of students who regarded the assigned reading as unnecessary.

When a professor gets up in front of a room of what are suppose to be young adults to discuss a topic that they are paying to learn about and not one of those students can contribute it says something about the higher education system.

It is as if students expect to be handed a diploma after four years of paying the institution as opposed to earning one after being lucky

enough to be accepted to study there.

Perhaps the motivation of this dilemma is the fact that there is no pride in being accepted to LSC. Everyone gets in.

It's surprising how many students whine about their professors failing them and then hold personal vendettas against those professors for simply grading them as they were told they would be graded at the beginning of the semester.

I cannot say that I have not been guilty of this unjustifiable resentment towards professors. I can say however that whenever I convince a professor to lift my grade I loose a little more faith in the education I am receiving.

One thing I can blame professors for is not sticking to their syllabus and not grading students with equal expectation.

When a professor tells you that you have improved and therefore you deserve a much better grade it makes me wonder, what does my grade mean if it's only relevant to my own successes and is not compared with other students?

The mentality of ushering stu-

dents through the elementary and secondary education systems has injured their motivation in higher education.

As each professor lets students slip through they are allowing unqualified and unprepared students to slow down more advanced courses. Ultimately this lowers expectations and the quality of discussion. In some cases it erases discussion all together.

It seems that college classes could be improved if instead of accepting each students unique ability level we were all expected to strive for the best work and graded appropriately.

I have heard many students say that they tend to write below their level at the beginning of the semester in order to get better grades later on for "improving" in the eyes of their professor.

It's this kind of deception for good grades and the ability to get away with it that is destroying the higher education that we are paying for.

Letter to the editor: "outlaw artist" fantasy

A recent incident on campus reminded me of an experience I had when I was an undergraduate at Beloit College almost forty years ago. As part of our education, we had to spend an extra semester working in what was called a Field Term. I worked in San Francisco as an assistant house manager in a psychiatric half-way house for 18 to 35 year olds. One day, a volatile and aggressive resident, who was reputed to be a tough street fighter, threw a table leg at me and attacked. For a few seconds, I thought I was going to take a real beating. But when I grabbed him in self defense, he whispered,

"OK, no hitting in the face." I immediately woke up to the fact that I and others had been unwitting participants in an elaborate "outlaw" fantasy. In a flash, it was all over but the follow-up staff meeting. I was so embarrassed and angry at having been fooled, however, that I had to call on every ounce of my training to use minimal force.

Here's the connection to LSC: Last week, I read the Critic's lead article entitled "White Washes - Student Expression." It reported on Dr. Elizabeth Norris's carefully choreographed, course-required "gorilla (sic) street and graffiti art" project (We didn't ask permission, but we kept it

clean and respected diversity). I also viewed some examples of this art. I agree with Dr. Norris that our students are pretty passive and that finding real controversy on this campus is as hard as finding a McCain/Palin voter in Burlington. So, I appreciate her attempts to light a fire under her students. But I wonder how long it will be before they wake up to the fact that they were unwitting participants in an "outlaw artist" fantasy. When they do, they might be embarrassed and angry.

What exactly was Dr. Norris's purpose in using her students this way? If she wished to engage in a fight to

preserve freedom of speech and expression on campus, she might have marshaled her guerrilla forces against the administration's decision to curtail use of "LSC Stu All." If, on the other hand, she wished to beautify a part of campus with "gorilla (sic), street and graffiti art" which is "noisy and messy" (and therefore objectionable to many, for good reason), she might have started with her office interior. And she definitely should have prepared her guerillas to be criticized, perhaps even ridiculed, for messing up our campus and creating more work for our dedicated but overburdened maintenance staff. (In this re-

gard, their "outlaw art" is not much different from the ugly graffiti in our restrooms and other public places.)

But the most compelling evidence of the fantasy recently appeared on a painted-over wall. A new guerilla message reads "Erase lies, not art." If the author is serious, then at least one person has been fooled into believing that expensive mess making is really profound truth telling. And this, of course, is a fantastic lie.

Sincerely,
Tim Sturm, Ph. D.
Professor of Special Education

Letter to the editor: LSC should consider football

Dear Editor,

One aspect that seemed to be missing from the November 7th Critic article on the future of football at Lyndon State was the revenue side of the discussion. Assuming 65 players, one-half in-state and one-half out-of-state—at current rates for tuition, room and board—the players alone would contribute approximately \$1,402,050 per year to Lyndon. Over four years, this would amount to

\$5,608,200. That's a lot of money. Perhaps this is why a number of D3 small colleges have recently added football teams to their athletic programs. I think we should look into this possibility for many reasons.

Sincerely,
Barry Hertz



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LSC alum returns to guide Hornet hoops for 08-09 season

Brent Fowler joins the men's coaching staff as an assistant coach

Andrew Koch
Sports editor

When Brent Fowler graduated from Lyndon State in 2007, the men's basketball program found itself falling on hard times.

A captain on the team for his final two years, Fowler watched as Eric Berry, arguably one of the best basketball coaches in the school's history, resigned to spend more time with his family. As the team's leader and most experienced player the following year, he couldn't help but look on as the Hornets struggled in his senior season, missing the post-season in their first season after leaving the NAIA.

This year, Fowler has returned to Lyndon to join the staff of new head coach Joe Krupinski as an assistant for the Hornet's inaugural season in the NCAA and the



Photo by Andrew Koch

Brent Fowler stands on the sidelines during the men's basketball practice. Fowler graduated from Lyndon State in 2007.

North Atlantic Conference (NAC).

"Coaching is something I

always wanted to try," Fowler said. "I heard that the team needed help."

Fowler also said that Professor Kevin "Doc" Farrell was the one who referred him to Coach Krupinski.

Fowler has good memories of playing basketball here at Lyndon. He's now coaching some of his former teammates, such as Kali Stoddard-Imari, Chris Stacy, Brad Durr and Andrew Longley.

"It's a different relationship," Fowler said

about being teammates with those players as opposed to

being their coach. "I think that transition is going pretty well."

Fowler wants to instill in his players the same habits that he was known for bringing to the court, during both games and practices. He hopes those habits will make the team competitive this season in the NAC.

"I hope to instill the work ethic and good habits that'll make the team successful, and make sure everyone comes in ready to work every day," Fowler said, adding that those work ethic and habits start in practice, and then move into games. He says he only misses playing during the days of Berry and Rathburn.

As the season goes on, we can only wait and see if the Hornets are able to acquire the same work ethic as their new assistant coach.

LSC students show off their skills at talent show

Students compete for prizes during the AMS/NWA annual talent show

Jillian Grenier
Special to the Critic

Lyndon State College students proved they have talent during the American Meteorological Society and National Weather Association fundraiser that was held on Saturday, Dec. 6 at 7 p.m.

The nine acts that performed in the talent show

were Anjo Roy, Karen Rose, and Caitlin Kolsen, who all performed solo singing acts. Willard Way (Luke Willard and Carl Shepard) who played guitar while singing. Adam Rutt played the piano, Sonny Edwards, who played the percolator, Elizabeth Conklin performed a Middle Eastern dance, Dave Marks did some beat-boxing, and

Kayla-Rae and Jordan Fitzpatrick performed a duet.

The judges for the night were Mathematics Professor Jim Bozeman, Admissions Councilor, Mary Cooper, Mathematics Professor Dan Daley, LSC AMS & NWA President, Hayley LaPoint and a random member of the audience was chosen as a 5 judge. First place went to

Sonny Edwards, who received a one-hundred dollar gift certificate to price chopper, second place went to Kayla-Rae and Jordan Fitzpatrick who received a fifty dollar gift certificate to Cumberland farms and third place went to Dave Marks who received a gift certificate to Miss Lyndonville Diner. Also everyone who paid the

\$5 entrance fee was given a raffle ticket for a chance to win a twenty-five dollar iTunes gift certificate which was given out at the end of the show.

The next LSC AMS & NWA event is the annual Winter Ball which will be held on Feb. 6, 2009.

Hockey team wrapping up first half of season

Sebastion Lury
Special to the Critic

LSC's hockey team looks to end the semester strong.

The semester break marks the end to the unofficial first half of the hockey season. The hockey team, a club sport at Lyndon State College, looks to continue its improvement, though their record may not show it. The team is currently 3-7 with two games remaining before break.

Coach Jonathan Davis admits that this not where the team would have liked to be at the break, but he is

still proud of their accomplishments. One of the things he has noticed most of all is the camaraderie that the team has adopted.

"Practices are fun," says Davis. "They enjoy each other's company." Davis speaks highly of the sense of team that the players present. The quality of play is still in progress.

"There is still room for development," says Davis after emphasizing the improvement throughout the year of the entire team, especially the first and second year students.

"I couldn't be more

proud," Davis says of the team as a representative for the school. "They represent the college well and manage themselves well."

Davis recognizes several key players: co-captain forward Ricky Paparo, junior, of Colchester who had eight goals and 10 assists though the first eight games; co-captain forward Jordan Mosher, junior, of St. Albans who had 11 goals and 11 assists through the first eight games; co-captain goalie Tucker Labare of Underhill Center, senior, who had played every minute of the first four games; forward Cory Pronto,

freshmen, of Newport who had eight goals and seven assists in the first eight games; defenseman T.J. Duggan, freshmen, of South Windsor, Conn. who had four goals and 11 assists in the first eight games; and forward Jeff Giroux, senior, of Derby, who had three goals and two assists in his first three games. Giroux had joined the team later in the season after serving as the goalie for the LSC men's soccer team.

The team still has a long way to go in terms of a play-off run, with a couple of months of play resuming after the break.

Outside of hockey, the team has been a presence for the school. On Nov. 17, 2008, the team hosted a free skate for LSC students at the Fenton W. Chester Arena. The event was co-sponsored by Resident Life and was held between 9:30 p.m. and 11 p.m., drawing an attendance of roughly 150 students.

The team is also holding a fund-raiser between now and the end of the season. The team is selling apparel such as winter hats a.k.a. "beanies," t-shirts, and jackets. The apparel can be bought either at home games or at Jonathan Davis' office.

Budget problems continue to plague LSC

LSC is gearing up to face another possible budget rescission before the end of the semester

Steve Cormier
Critic Staff

The Lyndon State College administration will be coming before the academic community on Dec. 19 to discuss further money concerns at the end of a semester riddled with budgeting problems.

In an e-mail circulated by the college, the administration plans to update everyone at the meeting in the Burke Mountain Room on the response to this year's second rescission coming out of Montpelier.

The e-mail states that Gov. James Douglas has proposed an additional eight percent decrease to the budget with his final decision coming Dec. 17.

President Carol Moore

had previously stated that, "if we get another rescission we'll look at structural changes, personnel."

The current concerns are only the latest in what has been a tumultuous semester replete with budget crunching and cuts.

In September LSC had just finished balancing a budget deficit of between \$500,000 and \$1 million when the state government rescinded \$200,000 of previously approved appropriations.

After some financial maneuvering the college's administration had to decide how to go forth from operating with a briefly balanced budget to one in deficit again, now by \$100,000.

In late September it was

decided that to cut the deficit by \$34,000 the administration would eliminate the Director of Library Instructional Technology position in the library, terminating Vicki Litzinger's employment with the college.

To balance the rest of the deficit two part-time positions in housing were eliminated and two 12 month employees had their positions reduced to 10 months. Staff development and library acquisitions budgets were also cut.

Professors and staff alike reacted with dismay to the events but ultimately had no choice but to face facts.

"We do not get a lot of money here as we are tuition driven," said Bob McCabe, director of student support

services and Chapter Chair for VSC-UP, the staff union at LSC.

With the knowledge that the Vermont General Assembly would be reconvening in November to look at the budget again Moore said that, "we have not targeted any positions, we will wait and see what happens."

Prior to the legislatures reconvening on Nov. 18 the administration came before the school on Nov. 13, telling all in attendance that Douglas had told Vermont State Colleges Chancellor Robert Clarke to project another five percent decrease in the budget.

Dean of Administration Wayne Hamilton said that because of the new deficit full time enrollment would

need to be increased by 120 students and that tuition would need to be increased by 6.5 percent annually.

"We need to be planning for the worst," Hamilton said, anticipating the possibility of yet another budget reduction next spring.

Colleges face more budgeting cuts because legislators see raising tuition increases as evening out cuts made in budgeting, said Hamilton.

Besides the possibilities of personnel cuts and tuition increases the administration will have to take a wider look at the college.

Hamilton said that the administration will have to look at the viability of programs, academic and non-academic.

LSC endowments are feeling the squeeze

Despite a tight budget, scholarships for students will still be available

Steve Cormier
Critic Staff

Scholarships available to Lyndon State College students through the college may become less numerous as endowments begin to feel the squeeze of the global economic recession.

The average amount of scholarship money being generated from endowments annually, \$100,000, is in question, said, Dean of Institutional Advancement, Bob Whittaker.

"That's a significant amount of money for our students," said Whittaker. "It would really be a shame if we were not able to award that, particularly given the economic times."

The concern is that the trouble facing Wall Street may affect the endowment money invested in the stock market.

"We may not be in a position to make the same level of awards next year as we were able to make this year so that's where it becomes a concern," said Whittaker.

Endowments are donations whose donor has stipulated what the funds being given to the school are to be used for.

The donation is invested in the stock market and the money made off of the investment is what is put towards the purpose the endowment was created to support

"For most donors that's

scholarships but it is not limited to scholarships," said Whittaker.

Ultimately endowments can support services ranging from specific academic courses to endowed professorships, depending on the donor's choice, Whittaker said.

There are 47 active individual endowments at LSC with the total of all endowments coming to \$2.7 million.

Whittaker says that because of the modest size of the college's endowments it is not going to affect the overall operation of LSC.

"It's not even a Cadillac, it's the Rolls-Royce," Whittaker said, comparing Harvard's \$30 billion endowment to LSC.

In terms of award funds Whittaker remains optimistic that individual donors will step up to help as the stock market continues to fluctuate.

"This would be a good time to make a current use scholarship gift to help ensure we can continue to award scholarships to our students," Whittaker said.

Whittaker is not discouraging the creation of endowments either as investing now could pay off should the current economic problems end.

"The more cash we can push into our endowment now when we would be buying very decreased securities, when we come out of this that would ideally turn into a

much larger value in the world of investments," Whittaker said.

Whittaker says he hopes donors will realize how important it is to invest now as keeping students and the general population competitive through training will be important once the state and country get out of the economic problems.

The college did receive its biggest donation to date last year, \$1 million, and hopes to build off of that in the future.

"That was our first million dollar gift and that was exceptional," said Whittaker. "We're working to continue to build upon that."

Stamina, how to maintain and develop it

Brittany Lavery
Special to the Critic

Tasks like climbing a flight of stairs, walking long distance, or walking around in a fast paced environment is usually done without thought. For some, however, it is a hard thing to accomplish.

Stamina, or cardio respiratory endurance, is an important aspect of one's health that should be in check. Many people are lacking this because of being out of shape, or a breathing limitation of some sort. However, there are ways of boosting up your stamina, to help you do

things like climbing stairs with ease. Christopher Stacey, an exercise science major at Lyndon State College, recommends maintaining your stamina by regularly working out. "3-5 days per week...for 20-60 minutes."

Stacy suggests that if one wishes to build their stamina to start slowly. "Walk for 2 minutes, take a minute break, and repeat 5 times twice a day. The person has to build up their cardio but not over do it at the same time." He says to slowly increase it, until one can feel comfortable with the 3-5 day a week workout regiment.

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Jaedyn Loyer

Special to the Critic

There are many obstacles that transgender students have to go through that others may not.

Searching for colleges that will accommodate transgender students can prove to be a bit difficult. There may not be housing options that would make the student comfortable, and having to fill out health forms in which one has to check a box that is designated M or F, can be hard.

"They should be able to choose if they want to check one off or not," said Michelle Kittredge, a sophomore Exercise Science major at LSC.

Karen Rose Sague, a junior Meteorology major at LSC said something different. "If it is necessary for a health issue, then probably or it could be bad," Sague said. "But if it's just a survey then it could be left up to the discretion of the person." "Purely demographic information is almost always optional. It depends, it could be optional for demographic information, but not so for medical information," said Lori Werdenschlag, a psychology professor at LSC.

Transgender is a term that describes, and unites, a broad category of people who are uncomfortable in the gender that was given to them at birth, said Dr. Ken Zucker, a psychologist who heads a child and adolescent gender-identity clinic in Toronto. There are also students who are moving from male to female, or female to male with the help of surgery or hormones. "If any of my friends wanted to be called something else, obviously I would do it. I don't see how people could get offended

or weirded out by that. You are who you are, and if you are a woman who wants to be identified as a male or vice-versa, that is who you really are." Says Polly Schwarz, a sophomore Liberal Studies major at LSC. For a transgender person finding a name that really fits them isn't so easy. Some transgendered people may start calling themselves the name they have chosen before they tell anyone what it is, they may write on a piece of paper over and over again to see if it fits. But telling a person the name that they have chosen for themselves is something that can be a struggle. "In all honesty, it might take me a little bit by surprise at first but I'd certainly respect whatever the student's wishes were," says Patricia Shine, a psychology professor at LSC. "Identifying as transgendered can bring both opportunities and challenges so I'd want to make sure that any student of mine felt they could share their concerns with me if they wanted to." "I would call them by their preferred name. It wouldn't faze me in the least. I already ask students what their preferred names are at the beginning of my classes," said Werdenschlag.

For many transgender people entering a public bathroom can be one the most difficult tasks of their day. If a male identified woman enters a women's bathroom, he could be embarrassed by someone saying something about there being a man in the bathroom, but if he enters a men's bathroom he has to hurry, afraid someone will notice he isn't the man he appears to be.

At least 17 colleges and

universities have started to include gender-neutral bathrooms in their construction of new student centers and dorms. Gender-neutral bathrooms are being added to accommodate transgendered people as well as those with some disabilities. "I believe we do have gender-neutral bathrooms on campus," says Peggy Sherer, a psychology professor at LSC. "If it was determined we needed more, I would encourage concerned students to bring this issue to the attention of the college administration."

"While I was in college, about 20 years ago, I had the opportunity to do a summer study abroad that was held on the University of London campus. The restrooms in the dorms were actually co-ed. It was an experience walking into a restroom and finding members of the opposite sex at the sinks and in the stalls next to you. While it made for a unique and different experience, it was easy enough to get used to," Werdenschlag said.

"I would just make those stand out more, so everyone knows that they are an option," Schwarz said, referring to gender-neutral bathrooms on campus.

"Students at LSC who identify themselves (with the Dept. of Student Life) as transgender are dealt with on an individual basis and are provided with every feasible accommodation," says Jonathan Davis, Director of Student Affairs at LSC. "We will work with each individual to determine what the appropriate living arrangements would be. Regarding male/female housing, for the most part, rests with that individual and what their wishes are."

Transgendered Comedian, Ian Harvie talks about his experiences

Los Angeles based Transgendered Comedian, Ian Harvie says, "I don't necessarily think that making a whole new gender-neutral bathroom for Trans folks is the answer on campuses or in the rest of the world. If you have a men's room, a women's room and a gender-neutral bathroom (for Trans or gender variant people) then people will know that those people using it are different some how, potentially putting them at risk for violence or other safety issues."

Harvie also said, "However, I do think taking gender and sexuality out of all bathrooms in general, is more in the right direction. I don't claim to know the best way to do this but for starters, how about having maintenance folks just take the skirts and pants symbols off all the outside of the doors and put a graphic of a toilet. Everyone knows what a toilet looks like, so just slap that up there with letters spelling out the word "Bathroom". Really, isn't that why we're there, just to go! Plus, all pee and well, number 2 too, sounds the same hitting toilet. It's not a gender thing or a sexual thing; it's a bodily function thing. Get in there, get it done and move along. Of course cleaning these bathrooms will need to be bumped up a little for the boys who have bad aim."

At Wesleyan University in Middletown, Connecticut there has been a

hallway in a dorm building that was assigned to accommodate transgender students who choose to live without designating their gender. Meaning that a Wesleyan student who was born female, but now appears and acts more male than female can have a male roommate.

"That seems silly to me. I think it's more important to integrate rather than segregate. Personally, I believe I am no different than anyone else. Everyone has strong and different feelings about their bodies. Some may think their nose is not what it's supposed to be, while others think their legs are too short, some think they're too heavy, too thin, too hairy or not enough hair, the list goes on and on. But on a basic human feeling level, Trans people or other gendered folks have the same feelings about their bodies. No one is 100% okay with their body. But because our (Trans and other gendered folks) feelings tend to be connected to sexuality, people are afraid and ashamed to talk about them in a way that is similar to their (non-Trans folks) feelings. I don't think our core feelings about our bodies are all that different, what action we may or may not take to resolve those feelings vary person to person. So I think we are alike and we should use the same spaces as everyone else, including hallways, rooms, dining and living spaces." Harvie said.

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Long Boards are a growing art at LSC for one student

LSC sophomore JP Guardiono discusses the secrets to making a custom long board

Kriston Hall
Special to the Critic

Long Boards have increased in popularity in recent years and the LSC campus is no exception. To gain a better understanding of long boards here is a list of basic information and prices ranging from a top of the line setup and an interview with LSC sophomore. JP Guardiono discussing his custom long board. With the number of skateboards rolling around, they seem to be one of the most popular forms of transportation. The bike has been retired, replaced with four

smaller wheels, a deck and far less in-between. For those of you who don't really know anything about skateboards or long boards they are essentially the same wheels, bearings, trucks, a deck and all the hardware in between. The deck is the wood platform you ride on, long boards are in some cases more than twice the length of a regular board with an average length of around 40 inches. The board that Guardiono made is a little bigger, "The deck I made in June is 48" long and about 10" at its widest point." This board is bringing a new meaning to sidewalk surfing, being one of the

biggest commonly made. Also Guardiono says, "I have Original Skateboards S-10 trucks, 72mm Sector 9 Nine balls (75A), and Lucky Swiss bearings." The trucks on this board are ten inches wide with wheels that are almost two. Guardiono said "It didn't take very long to make the board...the longest process was deciding on the shape, and dimensions." The deck of a board is covered in various types and colors of grip tape which is like sandpaper that gives the rider a solid grip on the board. Under the deck is where the trucks are mounted, which al-

though they vary greatly in design they primarily have a main "King-Pin" which they pivot on to turn you whichever way you lean on the board. On the trucks you put your speed rings and bearings which are semi-loose fitting so they spin easily and quickly. The bearings are pressed into the wheels and then Nylon nuts are used to hold the assembly on. As far as what's coming out of your pocket, Guardiono said the "total cost of hardware [and] setup was \$175...and then the deck, which I have not set a value on yet, but at least \$100...So, in all,

I spent about the same amount of money as I would have buying a complete, except I have a top-of-the-line setup...with my own custom made deck." Prices of long boards, complete or bought in parts range from 70-400\$ (for a full setup) with the 70 dollar board being the cheapest parts all around. Even a cheap board can be good for transit though with the addition of new bearings. A cheap board wont handle as well at speed or for carving but good bearings (about 50\$) will allow you to gain and carry speed much more efficiently while traveling from point A to B

Critic sports writers pick the BCS games

	Andrew Koch	Sam Monroe	Sebastion Lury
Rose Bowl: #5 USC vs. #8 Penn State	USC	Penn St.	USC
Fiesta Bowl: #3 Texas vs. #10 Ohio State	Texas	Texas	Texas
Sugar Bowl: #6 Utah vs. #4 Alabama	Alabama	Alabama	Alabama
Orange Bowl: #19 Va Tech vs. #12 Cincinnati	Virginia Tech	Cincinnati	Virginia Tech
BCS Championship Game: #2 Florida Vs. #1 Oklahoma	Florida	Oklahoma	Florida

What they have to say

Koch says:

Rose Bowl: Penn State isn't even on the same *level* as USC. The Trojans have athletes at all positions. If they win this game by less than two touchdowns, I'll be shocked.
Fiesta Bowl: Texas has a chip on their shoulder the size of their state, while Ohio State hasn't had good memories of Arizona since their national championship in 2002.
Sugar Bowl: Alabama also has a big chip on their shoulder, and will probably come out very angry after losing the SEC Championship to Florida.
Orange Bowl: "Beamer Ball" defense and special teams continue to succeed for Virginia Tech, even after moving from the Big East to the ACC. Cincinnati just doesn't have the big-game experience to win this one.
National Championship: Oklahoma has *not* seen a defense as fast or athletic as Florida's, however this should still be a high-scoring game. The defense that steps up will make the difference in this game.

Monroe says:

Rose Bowl: Penn State will get the upset here. Both the defenses and offenses are an equal strength. Penn State's defense will win this game for them.
Fiesta Bowl: Colt McCoy and the Longhorns will be too much for one of the best defenses in football. The Texas secondary is too strong and will force Beanie Wells to try and do it all for the Buckeyes.
Sugar Bowl: Alabama saw its perfect season and chance at the national championship slip out the window in the last regular season game. Now they will look to end Utah's perfect season. Nick Saban will have the team better prepared than ever. Alabama has a better coaching staff. This one is won through the play calling.
Orange Bowl: Cincinnati's offense will prove to be far too much for the Hokies to handle in this one. Virginia Tech's offense will not do them any favors in this, and will turn the ball over just like they have for much of the season.
National Championship: Both of these teams can put points on the board. Both teams should go score for score. Oklahoma will come up big in the end.

Lury says:

Rose Bowl: USC has a better offense, a better defense; they're a better overall team.
Fiesta Bowl: Texas definitely has something to prove.
Sugar Bowl: Utah isn't as tested as Alabama. Alabama plays in a better conference, so they're better prepared for these games.
Orange Bowl: Virginia Tech is also in a stronger conference, so they'll also be better prepared.
National Championship: Tim Tebow just won't let Florida lose.

Every day is a wacky weekday! Oh god, I'm hungry. . .

FRI 12/12 Golf Tee Patented: What the heck did they use before!?	SAT 12/13 Dick Van Dyke's B- day: We now present the funniest celebrity name ever!	SUN 12/14 South Pole Discov- ered: Which is where Santa sends the naughty ones...	MON 12/15 National Lemon Cupcake Day: In Vermont, lemon- cars-won't-start day.	TUE 12/16 National Put Choco- late on anything Day: More impor- tant than Beethoven.	WED 12/17 National Maple Syrup Day: Makes good hand lotion. Seriously.	THUR 12/18 Bake Cookies Day: And smother them with maple syrup and chocolate.
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Giant robots make the holidays merry!

B	T	K	B	S	H	K	A	A	H	C	E	M	A	P	D	Z	E	D	N	N	N	M	Z	P
P	U	A	U	A	D	G	G	R	A	X	H	U	Y	L	Q	A	V	V	E	U	J	A	I	V
M	C	N	L	H	V	C	Q	V	M	O	H	O	Q	K	X	B	A	E	M	K	D	C	W	G
E	W	M	F	L	N	G	D	G	G	O	O	I	F	L	K	Z	W	I	F	A	D	R	B	M
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R	D	U	K	A	Z	M	A	D	N	U	G	R	V	D	O	X	Z	T	K	I	U	B	C	D

WORD FIND

GUNDAM ASTROBOY ZAKU TRANSFORMERS OPITMUS-PRIME
MEGATRON MEGAMAN MEGADUS ARMOURCORE ORBITAL-FRAME
EVAGELION MECHA TALLGEESE SOUNDWAVE MACROSS

Sudoku Corner! Level: Hard

3							6		2
							9	4	
6		4	1	9	2				
1	7				3			2	
							3	6	
9			2						8
4			6					3	
		3							
5				3			4		

Instructions: Fill in the boxes with numbers 1-9 so that each number appears only once in each row, column, and 3x3 box. The key is to work on multiple boxes simultaneously.

Created using javasudoku under the GNU free use license. Program written by Samantha Yen

Supernatural Selection by Eric Downing

Merry Whatever-the-heck-you do-or-don't-celebrate from the Fun Page Staff!!!

Comic by Ryan Lee

Yes, this is the last Fun Page of the semester. This is also farewell to our advice columnist, Derika Downing She will be missed by all those weirdos with strange problems. If you want a darker version of the Supernatural Selection cartoon, change the second word bubble to "How'd you like this cider?" It seemed too ghastly to print that way. Silence of the apples, so to speak. Layout and puzzles by Overlord of Fun and Zax. If you don't have a good break, Zax will break you. . . or so he says.